

(REC0002) Bagel and Cream Cheese	Total Carbohydrate (g)	
	Recipe	Serving
Cream Cheese	2	2
Bagel	44.5999	44.5999
	46.6	46.6

* Total includes one or more missing nutrient data.

(F2500) Benefit Bar - Banana Chocolate Chunk	Total Carbohydrate (g)	
	Recipe	Bar
Benefit Bar - Banana Chocolate Chunk	48	48
	48	48

* Total includes one or more missing nutrient data.

(F2501) Benefit Bar - Oatmeal Chocolate Chunk	Total Carbohydrate (g)	
	Recipe	Bar
Benefit Bar - Oatmeal Chocolate Chunk	47	47
	47	47

* Total includes one or more missing nutrient data.

(F21800) Bread Banana IW Integrated	Total Carbohydrate (g)	
	Recipe	Each
Bread Banana IW Integrated	50.51	50.51
	50.51	50.51

* Total includes one or more missing nutrient data.

(F22103) Burrito - Egg and Cheese Wrap	Total Carbohydrate (g)	
	Recipe	Each
Burrito - Egg and Cheese Wrap	16.68	16.68
	16.68	16.68

* Total includes one or more missing nutrient data.

(D3504) Cereal Cinnamon Toasters LG	Total Carbohydrate (g)	
	Recipe	Each
Cereal Cinnamon Toasters LG	44	44
	44	44

* Total includes one or more missing nutrient data.

(D3501) Cereal Honey Scooters LG	Total Carbohydrate (g)	
	Recipe	Each
Cereal Honey Scooters LG	46	46
	46	46

* Total includes one or more missing nutrient data.

(D3502) Cereal Marshmallow Mateys LG	Total Carbohydrate (g)	
	Recipe	Each
Cereal Marshmallow Mateys LG	47	47
	47	47

* Total includes one or more missing nutrient data.

(R13901) Chocolate Milk FF	Total Carbohydrate (g)	
	Recipe	Carton
Chocolate Milk FF	20.9999	20.9999
	20.9999	20.9999

* Total includes one or more missing nutrient data.

(F3150) Concha	Total Carbohydrate (g)	
	Recipe	Each
Concha	34	34
	34	34

* Total includes one or more missing nutrient data.

(R3002) Fruit (1/2 cup)	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 cup
Fruit (1/2 cup)	7.5955	7.5955
	7.5955	7.5955

* Total includes one or more missing nutrient data.

(REC0001) GoGurt & Crackers	Total Carbohydrate (g)	
	Recipe	Serving
Yogurt Go-Gurt	0 *	0 *
Cracker Vanilla Bear	0 *	0 *
	0 *	0 *

* Total includes one or more missing nutrient data.

(F1210) Juice, Frozen Orange Carton - 70ct	Total Carbohydrate (g)	
	Recipe	Carton
Juice, Frozen Orange Carton - 70ct	11.136	12.628
	11.136	12.628

* Total includes one or more missing nutrient data.

(R13900) Milk 1%	Total Carbohydrate (g)	
	Recipe	Carton
Milk 1%	16	16
	16	16

* Total includes one or more missing nutrient data.

(F132101) Muffin, Blueberry 3oz	Total Carbohydrate (g)	
	Recipe	Each
Muffin, Blueberry 3oz	38	38
	38	38

* Total includes one or more missing nutrient data.

(F16100) Pancakes, Confetti IW	Total Carbohydrate (g)	
	Recipe	Bag
Pancakes, Confetti IW	36	36
	36	36

* Total includes one or more missing nutrient data.

(D180100) Raisins	Total Carbohydrate (g)	
	Recipe	Each
Raisins	29	29
	29	29

* Total includes one or more missing nutrient data.

(F22100) Roll, Cinnamon	Total Carbohydrate (g)	
	Recipe	Each
Roll, Cinnamon	38	38
	38	38

* Total includes one or more missing nutrient data.

(F191000) Sandwich Breakfast Turkey and Cheese on a Hawaiian Roll	Total Carbohydrate (g)	
	Recipe	Each
Sandwich Breakfast Turkey and Cheese on a Hawaiian Roll	27.2099	27.2099
	27.2099	27.2099

* Total includes one or more missing nutrient data.

(F23100) Waffle - IW - Vanilla	Total Carbohydrate (g)	
	Recipe	Each
Waffle - IW - Vanilla	38	38
	38	38

* Total includes one or more missing nutrient data.

FILTERS

Name(s)	Value(s)
Date Range	(Start = 9/1/2022, End = 9/30/2022)
Menu Plans	(Elementary Breakfast 2022-23)
Nutrients	(Total Carbohydrate)