

(F081501) Beef Hotdog on a WW Bun IW	Total Carbohydrate (g)	
	Recipe	Each
Beef Hotdog on a WW Bun IW	41	41
	41	41

* Total includes one or more missing nutrient data.

(REC0007 1) Beef Rotini Pasta with Garlic Toast	Total Carbohydrate (g)	
	Recipe	Serving
Pasta, WG Beef Rotini with Sauce	24.12	24.12
Toast Texas - Garlic Bread	14	14
	38.12	38.12

* Total includes one or more missing nutrient data.

(F3800) Bread Cheese Stick - Bosco	Total Carbohydrate (g)		
	Recipe	1 Elem Serving = 2 pc	1 MS Serving = 3pc
Bread Cheese Stick - Bosco	17	17.12	25.68
	17	17.12	25.68

* Total includes one or more missing nutrient data.

(F22101) Burrito - Bean & Cheese Los Cabos IW	Total Carbohydrate (g)	
	Recipe	Each
Burrito - Bean & Cheese Los Cabos IW	44.17	44.17
	44.17	44.17

* Total includes one or more missing nutrient data.

(R3100) Carrot, Baby IW 2.6oz	Total Carbohydrate (g)	
	Recipe	Bag 2.6oz
Carrot, Baby IW 2.6oz	0.2142	6.0736
	0.2142	6.0736

* Total includes one or more missing nutrient data.

(REC0003) Cheese Ravioli with Garlic Toast	Total Carbohydrate (g)	
	Recipe	Serving
Marinara Sauce Enhanced Bulk	16.3293	16.3293
Pasta, Ravioli, Cheese	35.1098	35.1098
Toast Texas - Garlic Bread	14	14
	65.4391	65.4391

* Total includes one or more missing nutrient data.

(F031501) Chicken Corn Dog	Total Carbohydrate (g)	
	Recipe	Each
Chicken Corn Dog	30	30
	30	30

* Total includes one or more missing nutrient data.

(REC0013) Chicken Nuggets with FF and Crackers	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Nuggets Breaded	0 *	0 *
Cracker Cheez-it	14.1748 *	14.1748 *
Potato, Fries Crinkle	16.8029 *	16.8029 *
	30.9777 *	30.9777 *

* Total includes one or more missing nutrient data.

(R13901) Chocolate Milk FF	Total Carbohydrate (g)	
	Recipe	Carton
Chocolate Milk FF	20.9999	20.9999
	20.9999	20.9999

* Total includes one or more missing nutrient data.

(Copy of REC0005) French Toast, Tater Tots & Turkey Sausages	Total Carbohydrate (g)	
	Recipe	Serving
French Toast Sticks Bulk (3pc svg)	40	40
Potato, Tater Tots RS	15.68	15.68
Sausage Turkey Link	0	0
	55.6799	55.6799

* Total includes one or more missing nutrient data.

(R3002) Fruit (1/2 cup)	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 cup
Fruit (1/2 cup)	7.5955	7.5955
	7.5955	7.5955

* Total includes one or more missing nutrient data.

(REC0012) Hamburger with Fries	Total Carbohydrate (g)	
	Recipe	Serving
Bun Hamburger WG - 144ct	41.8035	41.8035
Potato, Fries Crinkle	16.8029	16.8029
Beef Patty	0.8733	0.8733
	59.4797	59.4797

* Total includes one or more missing nutrient data.

(R8000) Hamburger, Cheese Sliders IW	Total Carbohydrate (g)	
	Recipe	Each
Hamburger, Cheese Sliders IW	31.3	31.3
	31.3	31.3

* Total includes one or more missing nutrient data.

(D1300) Marinara IW	Total Carbohydrate (g)	
	Recipe	Cup
Marinara IW	7	7
	7	7

* Total includes one or more missing nutrient data.

(R13900) Milk 1%	Total Carbohydrate (g)	
	Recipe	Carton
Milk 1%	16	16
	16	16

* Total includes one or more missing nutrient data.

(F16902) Pizza Galaxy Cheese IW	Total Carbohydrate (g)	
	Recipe	Each
Pizza Galaxy Cheese IW	26	26
	26	26

* Total includes one or more missing nutrient data.

(F191005) Pizza Sandwich Turkey Beef Pepperoni IW	Total Carbohydrate (g)	
	Recipe	Each
Pizza Sandwich Turkey Beef Pepperoni IW	31	31
	31	31

* Total includes one or more missing nutrient data.

(190101) Salad Bar/ Salad Pack	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 cup
Salad Mix	1.684 *	1.684 *
Broccoli, Raw	7.5296 *	7.5296 *
Carrots, Baby Bulk	0 *	0 *
Corn, Canned, Drained	20.7405 *	20.7405 *
Tomatos, Cherry/Grape	1.1028 *	1.1028 *
Spinach	4.1163 *	4.1163 *
Beans, Garbanzo	0	0
	35.1732 *	35.1732 *

* Total includes one or more missing nutrient data.

(F191002) Sandwich Grilled Cheese	Total Carbohydrate (g)	
	Recipe	Each
Sandwich Grilled Cheese	31.58	31.58
	31.58	31.58

* Total includes one or more missing nutrient data.

(F191003) Sandwich Turkey Cheese Hoagie IW	Total Carbohydrate (g)	
	Recipe	Sandwich
Sandwich Turkey Cheese Hoagie IW	33	33
	33	33

* Total includes one or more missing nutrient data.

(F191004) Sandwich WG Soybutter & Grape Jelly - Wowbutter	Total Carbohydrate (g)	
	Recipe	Sandwich
Sandwich WG Soybutter & Grape Jelly - Wowbutter	52.9999	52.9999
	52.9999	52.9999

* Total includes one or more missing nutrient data.

(F201000) Taco, Beef Stick IW	Total Carbohydrate (g)	
	Recipe	Each
Taco, Beef Stick IW	31.87	31.87
	31.87	31.87

* Total includes one or more missing nutrient data.

(REC0014) Teriyaki Chicken w/Veggie Fried Rice	Total Carbohydrate (g)	
	Recipe	Serving
Sauce, Teriyaki	11.0248	11.0248
	11.0248	11.0248

* Total includes one or more missing nutrient data.

(REC0007) Turkey Nachos with Chips	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Cheddar Shredded	0.2835	0.2835
Chips Tortilla Rounds	30	30
Turkey Taco Filling	12.1903	12.1903
Beans, Pinto LS	24.0064	24.0064
	66.4801	66.4801

* Total includes one or more missing nutrient data.

(REC0011) Veggie Burger with Fries	Total Carbohydrate (g)	
	Recipe	Serving
Bun Hamburger WG - 144ct	41.8035	41.8035
Potato, Fries Crinkle	16.8029	16.8029
Veggie Patty Bulk	6	6
	64.6064	64.6064

* Total includes one or more missing nutrient data.

(REC0010) Veggie Nuggets with FF and Crackers	Total Carbohydrate (g)	
	Recipe	Serving
Cracker Cheez-it	14.1748	14.1748
Potato, Fries Crinkle	16.8029	16.8029
Vegetarian Nuggets, Vegan Soy	13	13
	43.9777	43.9777

* Total includes one or more missing nutrient data.

(REC0005 1) Yogurt/Cheese/Crackers Pack	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Mozzarella String	0 *	0 *
Yogurt Vanilla 4oz Danimals NF	28.0987 *	28.0987 *
Cracker Vanilla Bear	0 *	0 *
	28.0987 *	28.0987 *

* Total includes one or more missing nutrient data.

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 9/1/2022, End = 9/30/2022)
Menu Plans	(Elementary Lunch 2022-23)
Nutrients	(Total Carbohydrate)