

(REC0002) Bagel and Cream Cheese	Total Carbohydrate (g)	
	Recipe	Serving
Cream Cheese	2	2
Bagel	44.5999	44.5999
	<b>46.6</b>	<b>46.6</b>

\* Total includes one or more missing nutrient data.

(F2500) Benefit Bar - Banana Chocolate Chunk	Total Carbohydrate (g)	
	Recipe	Bar
Benefit Bar - Banana Chocolate Chunk	48	48
	<b>48</b>	<b>48</b>

\* Total includes one or more missing nutrient data.

(F2501) Benefit Bar - Oatmeal Chocolate Chunk	Total Carbohydrate (g)	
	Recipe	Bar
Benefit Bar - Oatmeal Chocolate Chunk	47	47
	<b>47</b>	<b>47</b>

\* Total includes one or more missing nutrient data.

(F21800) Bread Banana IW Integrated	Total Carbohydrate (g)	
	Recipe	Each
Bread Banana IW Integrated	50.51	50.51
	<b>50.51</b>	<b>50.51</b>

\* Total includes one or more missing nutrient data.

(F22103) Burrito - Egg and Cheese Wrap	Total Carbohydrate (g)	
	Recipe	Each
Burrito - Egg and Cheese Wrap	16.68	16.68
	<b>16.68</b>	<b>16.68</b>

\* Total includes one or more missing nutrient data.

(D3504) Cereal Cinnamon Toasters LG	Total Carbohydrate (g)	
	Recipe	Each
Cereal Cinnamon Toasters LG	44	44
	<b>44</b>	<b>44</b>

\* Total includes one or more missing nutrient data.

(D3501) Cereal Honey Scooters LG	Total Carbohydrate (g)	
	Recipe	Each
Cereal Honey Scooters LG	46	46
	<b>46</b>	<b>46</b>

\* Total includes one or more missing nutrient data.

(D3502) Cereal Marshmallow Mateys LG	Total Carbohydrate (g)	
	Recipe	Each
Cereal Marshmallow Mateys LG	47	47
	<b>47</b>	<b>47</b>

\* Total includes one or more missing nutrient data.

(R13901) Chocolate Milk FF	Total Carbohydrate (g)	
	Recipe	Carton
Chocolate Milk FF	20.9999	20.9999
	<b>20.9999</b>	<b>20.9999</b>

\* Total includes one or more missing nutrient data.

(F3150) Concha	Total Carbohydrate (g)	
	Recipe	Each
Concha	34	34
	<b>34</b>	<b>34</b>

\* Total includes one or more missing nutrient data.

(REC0024) Egg, Cheese, Tater Tot Breakfast Burrito	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Cheddar Shredded	0.2835 *	0.2835 *
Egg Patty 3.5" - Commodity - Bulk	0 *	0 *
Potato, Tater Tots RS	15.68 *	15.68 *
Tortilla, Whole Wheat Flour 10"	35 *	35 *
	<b>50.9635 *</b>	<b>50.9635 *</b>

\* Total includes one or more missing nutrient data.

(R3002) Fruit (1/2 cup)	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 cup
Fruit (1/2 cup)	7.5955	7.5955
	<b>7.5955</b>	<b>7.5955</b>

\* Total includes one or more missing nutrient data.

(REC0001) GoGurt & Crackers	Total Carbohydrate (g)	
	Recipe	Serving
Yogurt Go-Gurt	0 *	0 *
Cracker Vanilla Bear	0 *	0 *
	<b>0 *</b>	<b>0 *</b>

\* Total includes one or more missing nutrient data.

(F1210) Juice, Frozen Orange Carton - 70ct	Total Carbohydrate (g)	
	Recipe	Carton
Juice, Frozen Orange Carton - 70ct	11.136	12.628
	<b>11.136</b>	<b>12.628</b>

\* Total includes one or more missing nutrient data.

(R13900) Milk 1%	Total Carbohydrate (g)	
	Recipe	Carton
Milk 1%	16	16
	<b>16</b>	<b>16</b>

\* Total includes one or more missing nutrient data.

(F132101) Muffin, Blueberry 3oz	Total Carbohydrate (g)	
	Recipe	Each
Muffin, Blueberry 3oz	38	38
	<b>38</b>	<b>38</b>

\* Total includes one or more missing nutrient data.

(F16100) Pancakes, Confetti IW	Total Carbohydrate (g)	
	Recipe	Bag
Pancakes, Confetti IW	36	36
	<b>36</b>	<b>36</b>

\* Total includes one or more missing nutrient data.

(D180100) Raisins	Total Carbohydrate (g)	
	Recipe	Each
Raisins	29	29
	<b>29</b>	<b>29</b>

\* Total includes one or more missing nutrient data.

(F22100) Roll, Cinnamon	Total Carbohydrate (g)	
	Recipe	Each
Roll, Cinnamon	38	38
	<b>38</b>	<b>38</b>

\* Total includes one or more missing nutrient data.

(F191000) Sandwich Breakfast Turkey and Cheese on a Hawaiian Roll	Total Carbohydrate (g)	
	Recipe	Each
Sandwich Breakfast Turkey and Cheese on a Hawaiian Roll	27.2099	27.2099
	<b>27.2099</b>	<b>27.2099</b>

\* Total includes one or more missing nutrient data.

(REC0022 1) Turkey Taco, Egg, Cheese, Tater Tot Breakfast Burrito	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Cheddar Shredded	0.2835 *	0.2835 *
Egg Patty 3.5" - Commodity - Bulk	0 *	0 *
Potato, Tater Tots RS	15.68 *	15.68 *
Tortilla, Whole Wheat Flour 10"	35 *	35 *
Turkey Taco Filling	3.5437 *	3.5437 *
	<b>54.5071 *</b>	<b>54.5071 *</b>

\* Total includes one or more missing nutrient data.

(F23100) Waffle - IW - Vanilla	Total Carbohydrate (g)	
	Recipe	Each
Waffle - IW - Vanilla	38	38
	<b>38</b>	<b>38</b>

\* Total includes one or more missing nutrient data.

(REC0003 1) Yogurt Parfait w/Granola	Total Carbohydrate (g)	
	Recipe	Serving
Fruit (1/2 cup)	7.5955	7.5955
Granola, Bulk	42.7729	42.7729
Yogurt Vanilla LF- Producers Dairy	0	0
	<b>50.3684</b>	<b>50.3684</b>

\* Total includes one or more missing nutrient data.

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 9/1/2022, End = 9/30/2022)
Menu Plans	(MS Breakfast 2022-23)
Nutrients	(Total Carbohydrate)