

November 2022 Middle School Breakfast

Due to product availability, menu items may change

All meals come with choice of fresh fruit or 100% juice and choice of milk

Monday 10/31	Tuesday 11/1	Wednesday 11/2	Thursday 11/3	Friday 11/4
Cereal with yogurt OR Muffin with yogurt OR Sausage & cheese sandwich	Honey Bun OR Apple Cinnamon Toast OR Cereal <u>Straw smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Waffle OR Sausage & Cheese Sandwich OR Cereal <u>Peach smoothie with all</u>	Berry & Cream Strudel OR Cinnamon Roll OR Ham & Cheese Sandwich

Monday 11/7	Tuesday 11/8	Wednesday 11/9	Thursday 11/10	Friday 11/11
Cereal with yogurt OR Berries & cream strudel OR Sausage & Cheese Sandwich	NO SCHOOL	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Honey Bun OR Sausage & cheese sandwich OR Cereal <u>Fruit Smoothie with all</u>	Breakfast Tornado OR Cereal & Sausage link OR Muffin & Sausage Link

Monday 11/14	Tuesday 11/15	Wednesday 11/16	Thursday 11/17	Friday 11/18
Cereal with yogurt OR Muffin with yogurt OR Sausage & cheese sandwich	Honey Bun OR Apple Cinnamon Toast OR Cereal <u>Straw smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Waffle OR Sausage & Cheese Sandwich OR Cereal <u>Peach smoothie with all</u>	NO SCHOOL

November 21 to November 25 THANKSGIVING BREAK

Monday 11/28	Tuesday 11/29	Wednesday 11/30	Thursday 12/1	Friday 12/2
Cereal with yogurt OR Berries & cream strudel OR Sausage & Cheese Sandwich	Waffle OR Cinnamon Texas Toast OR Donut Holes <u>Orange Smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Honey Bun OR Sausage & cheese sandwich OR Cereal <u>Fruit Smoothie with all</u>	Breakfast Tornado OR Cereal & Sausage link OR Muffin & Sausage Link

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This institution is an equal opportunity provider.