

DAVIS SCHOOL DISTRICT PARENT SERIES

Davis School District invites all parents and caregivers to join in an anonymous webinar on the **2nd Wednesday** of every month! Discover the power you have to shape your child's mental health.

TIME: 6:30-7:30 PM via Zoom

To Register Now...scan the QR code or click the link



WED. SEPT 14

"Your Child's Anxiety"

<https://cookcenter.info/DavisSept14>



WED. JAN 11

"Why Our Children Self-harm"

<https://cookcenter.info/DavisJan11>



WED. OCT 12

"How Parents Can Help Prevent Suicide"

<https://cookcenter.info/DavisOct12>



WED. FEB 8

"Emotional Regulation ~ Recognizing What's Wrong"

<https://cookcenter.info/DavisFeb8>



WED. NOV 9

"Bullying - Stop the Cycle"

<https://cookcenter.info/DavisNov9>



WED. MARCH 8

"De-escalating Cycles of Conflict"

<https://cookcenter.info/DavisMarch8>



WED. DEC 14

"Social Media-Protecting Your Child"

<https://cookcenter.info/DavisDec14>



WED. APRIL 12

"Establishing Healthy Boundaries"

<https://cookcenter.info/DavisApril12>



For registration questions, please contact
Christi Blankman at cblankman@dsdmail.net



Attention Davis School District Parents
join our next Mental Health Series...

Your Child's Anxiety

Course Created by:

Jenna Riemersma, LPC, EMDR, CSAT, CMAT, IFS

Learn simple strategies that will help parents respond to their child's anxiety. When applied, these skills will help the child and parent bond, allowing the child to identify and work through their anxiety more effectively.



Sept 14, 2022

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<https://CookCenter.info/DavisSept14>



Register Here

