

和道館



[www.tiskakarate-langley.co.uk](http://www.tiskakarate-langley.co.uk)

# KARATE

LEARN THE FASCINATING ART OF KARATE

Beginners Age 4 to Adult  
Great for Families to Train together

TISKA Karate Langley



@tiskakarate\_senseihmbi



## LANGLEY

Absolutely Fitness,  
East Berkshire College, Langley Road,  
Langley

Wednesday 14th September 2022

5.45pm

And Every Wednesday Thereafter

Langley Leisure Centre  
Parlaunt Road,  
Langley

Sunday 11th September 2022

2pm

And Every Sunday Thereafter

2 WEEKS FREE TRIAL

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