SM WEST NEWSLETTER

= ISSUE #3 FRIDAY, SEPT. 2, 2022 =



SHAWNEE MISSION WEST HIGH SCHOOL

💡 8800 West 85th Street, Overla...

813-993-7800

jennifersilverstein@smsd.org
smwest.smsd.org/



FACEBOOK







INSTAGRAM

TRANSLATE THIS NEWSLETTER

Did you know that Google will translate almost any document that is on your web browser. If you are using Chrome as your web browser, you can 'right click' anywhere on this document and choose a translation.

See images below.





STEP 1

Right click on the page. Find in the box command for "TRANSLATE"

STEP 2

Click translate and then the 3 dots to "CHOOSE ANOTHER LANGUAGE"

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STEP 3

Choose the language you prefer and hit "DONE". The document will now be in your chosen language. It is not perfect, but a fair representatation.

ATTENDANCE

Please call the attendance hotline to report absences for your student. If you are planning to pick your student up from school, please allow 30 minutes for your call to be processed and for a pass to be delivered.

913-993-7845

Please leave the name of your student and spell the last name. State the time in which you will pick up your student and the reason for the absence. Thank you for your patience and cooperation.

STAFF DIRECTORY

Please use this link to access the Staff Directory on our Webpage.

STAFF DIRECTORY







ATHLETIC WEBPAGE

Please use this link to access the SM West Athletic Webpage.

West Athletic Page

For the most up to date athletic schedule please use the Sunflower League page.

Sunflower League Webpage



UPDATED BELL SCHEDULE FOR SEPT. 5TH-9TH



BELL SCHEDULE

Below you will find the current bell schedule. Classes begin promptly at 7:40am on Mon., Tue., Wed., and Friday.

Please remember that Thursday are Late Start days. Classes begin for students when the bell rings at 8:50 on Thursdays. Busses will continue to run their normal routes and students that arrive before 8:30 will be asked to stay in the cafeteria, gym or on the bridge until they are released to class around 8:40.

Week of Sept 5-Sept 9 Mon. 9/5 – Labor Day NO SCHOOL Tue. 9/6 – Even Day –Blocks 2, 8, 4, and 6 Wed. 9/7 – Odd Day – Blocks 1, 3, 5, and 7 Thurs. 9/8 – Even Day (Late Start) Blocks 2, 8, 4, and 6 Fri. 9/9 – Odd Day – Blocks 1, 3, 5, and 7

Thank you for continuing to talk with your students about the importance of being on time in the morning and to each class.

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SM WEST STUDENT COLLECTIVE COMMITMENTS

Shawnee Mission West is so very fortunate to have an exceptional staff and some truly amazing students.

We all strive to follow the "West Way" on a daily basis. (See image below). We also want to continue to focus on our Student Collective Commitments. (Attached in the PDF) - This document outlines our code of conduct and points out the importance of attendance and tips on how to achieve academic success.

* IMPORTANT NOTE FOR PARENTS:

Please take a look at the bell schedule above. Please try to refrain from contacting your student on their cell phone during instructional times. Students are able to use their cell phones during passing periods and lunch times. If it is an emergency and you need to contact your student immediately, please call our main number at 993-7800.

Thank you for your support.

"THE WEST WAY"

School Wide Positive Behavior Supports (SWPBS) is a research based systemic approach at handling behavior by being proactive. At West High School we call this "The West Way." Through this model we first teach our expectations of Safe, Respectful, and Responsible behaviors in various settings. By being proactive in our attempts to ensure a safe and comfortable environment in which students can learn, we avoid making assumptions of what students know by teaching and modeling the expected behaviors consistently throughout West and at all West activities and events. The matrix below outlines the expectation of "The West Way".

	CLASSROOM	LUNCHROOM	HALLWAYS & BRIDGE	EVENTS	TRANSPORTATION	DIGITAL CITIZENSHIP
SAFE	 Respect personal space Comply with emergency procedures Be where you're supposed to be 	 Respect others' personal space and property Clean up spills or report large spills to a supervisor 	Keep moving Be aware of your surroundings and report any problems Keep lockers secure Respect personal space	 Sit in assigned location Maintain clear aisles Cooperate with security and staff, especially during emergencies 	 Walk directly to your bus Remain seated Maintain a reasonable volume level 	 Demonstrate online safety Demonstrate cyber security Report cyber predators and cyber bullying Keep personal information confidential
RESPONSIBLE	 Be on time Be prepared Be an active learner 	 Clear your table and area of all items Place all utensils and trays in the correct location 	 Be on time Take all required materials to class Be proud of our home and keep it clean 	 Demonstrate positive Viking Spirit Comply with the facility rules and regulations 	 Collect all of your belongings including trash Be on time to your bus stop 	Use proper netiquette Follow copyright guidelines Cite sources to identify ownership of intellectual property
RESPECTFUL	 Follow all directions Be considerate of others Follow the *"Black and Gold Rule" 	 Speak politely to staff and peers Use conversational voice volume level 	 Maintain an appropriate voice level Use positive language Follow the ""Black and Gold Rule" 	 Give full attention to presenter or event Respect participants and other fans 	 Have your ID ready Speak appropriately to driver and peers 	Demonstrate appropriate care and use of materials and equipment Charge device daily Use device for educational and school purposes only Evaluate databases, apps, & websites for content, credibility, relevance, validity, and bias

"Black and Gold Rule" is to treat others as you would want to be treated.



SM West Student Collective Commitments - Google Docs.pdf







DEAR PARENTS/GUARDIANS,

We are pleased to announce that our SAIL Tutoring will begin on September 26th, 2022. SAIL Tutoring is an afterschool program that allows space for all students to get assistance with classwork. Sessions will be held Mondays, Wednesdays, and Thursdays from 2:50-4pm. Each day will have specific content areas offered (see below) but students are able to come on any day to work on any content.



Students will meet in the Cafeteria or attend through Webex. Participants will receive a sack lunch (if your child has special dietary needs please let us know).

There is a late bus after tutoring that will run along 87th Street only to assist students in getting home. Families may pick up students at 4pm if the student is not riding the bus or walking home.

ESTIMADAS FAMILIAS y/o GUARDIANES

Nos complace anunciar que nuestro programa de tutoría SAIL comenzará el 26 de septiembre del 2022. SAIL Tutoring es un programa extraescolar que permite un espacio para que todos los estudiantes reciban ayuda con las tareas de clase. Las sesiones se realizarán los lunes, miércoles y jueves de 2:50-4pm. Cada día se ofrecerán materias específicas (detallado abajo), pero los estudiantes pueden venir en cualquier día para trabajar en cualquier materia.



Los estudiantes se reunirán en la cafetería. Los participantes recibirán un almuerzo (si su hijo tiene una dieta con necesidades especiales, por favor comuniquese con la escuela).

Hay un autobús disponible después de las sessiones tutorías que sólo se va por la calle 87. Es para ayudar a los estudiantes llegar a casa. Las familias pueden recoger a los estudiantes a las 4 pm si el estudiante no va a tomar el autobús o caminar a casa.

SAIL TUTORING DATES

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WEST READS

SM West is so very excited to introduce our first "West Reads" for the 2022-2023 academic year. This program actually began last year, but there has been such enthusiasm, we wanted to share with our whole community that receives the newsletter.

Each week a different student that might represent one of our clubs/organizations here at West is asked to choose a children's book to read aloud and be recorded. This recording is shared with our elementary feeder schools. This is such a great way to showcase some of the amazing leaders we have in our community and I know the elementary students love seeing the high schoolers sharing literature with them.

We hope you enjoy this first edition and will look forward to future editions.

This Week: Sophomore, Lauren Edeal reads "It's Not Easy Being a Bunny" Thank you.

BILINGUAL BACK TO SCHOOL NIGHT

¡Hola familias Viking!

SMSD está organizando su segunda noche de regreso a clases (noche de recursos) bilingüe (español y ingles). Todas las organizaciones que asisten cuentan con personal y recursos bilingües para ayudar a la familia con los registros de vacunación, Skyward, becas y muchos otros temas. ¿Preguntas? Envíe un correo electrónico a <u>Elizabeth Ault</u>. Hello Viking Families!



SMSD is hosting their second bilingual in Spanish back to school night (resource night). All organizations attending will have bilingual resources and staff to assist you with vaccination records, Skyward, scholarships, and many other important topics. Questions? Please email <u>Elizabeth Ault</u>.

SEPTEMBER IS SUICIDE AWARENESS MONTH

Please view the images below for more information about suicide prevention.

Suicide Prevention

Suicide is an international problem and a major public health concern. Suicide claims approximately 1 million lives worldwide each year, resulting in one suicide every 40 seconds. There is an estimated 10 to 20 suicide attempts per each completed suicide, resulting in several million suicide attempts each year.

Risk factors remain essentially the same from country to country. Mental illness, substance abuse, previous suicide attempts, hopelessness, access to lethal means, recent loss of loved ones, unemployment and vulnerability to self-harm are just a few examples of risk factors.

Protective factors are also the same in all corners of the world. High self-esteem, social connectedness, problem-solving skills, supportive family and friends are all examples of factors that buffer against suicide and suicidal behaviors.

Warning Signs

- Increased substance use (alcohol or drug) No reason for living; no sense of purpose in life
 Anxiety, agitation, unable to sleep or sleeping all of the time Feeling trapped - like there's no way out
 Withdrawal from friends, family and society
 Rage, uncontrolled anger, seeking revenge

- Acting reckless or engaging in risky activities, seemingly without thinking

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Preventi

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Suici

Ways to start a conversation about suicide:

· I have been feeling concerned about you lately.

· Recently, I have noticed some differences in you and wondered how you are doing.

· I wanted to check in with you because you haven't seemed yourself lately.

Questions you can ask:

 Did something happen that made you start feeling this way? · How can I best support you right

now?

· Have you thought about getting help?

What you can say that helps:

. You are not alone in this. I'm here for you.

· I may not be able to understand exactly how you feel, but I care about you and want to help.

Ask the question directly! · Are you thinking about killing yourself?

· Have you had thoughts of suicide?

Ways to Help

DO

- · Be aware. Learn the warning signs.
- · Get involved. Become available.
- Show interest and support. Ask if he/she is thinking about
- suicide.

· Be direct. Talk openly and freely about suicide.

- · Be willing to listen. Allow for expression of feelings. Accept the
- feelings.
- · Offer hope that alternatives are
- available.
- · Reach out.

DON'T

- · Dare him/her to do it. · Give advice by making decisions for someone else to tell them to behave
- differently.
- · Ask 'why'. This encourages
- defensiveness.
- · Offer sympathy.
- · Act shocked. This creates distance.
- . Be sworn to secrecy. Seek support. · Offer reassurance; it only proves you

don't understand. · Be judgmental. Don't debate whether suicide is right or wrong, or feelings are good or bad. Don't lecture on the

value of life.

Crisis Resources: In an emergency: 9-1-1

Other Helpful Resources:

www.afsp.org/about-afsp

www.jocogov.org/suicideprevention www.facebook.com/JOCOMNH

National Hotline: Suicide Prevention Lifeline: 1-800-273-TALK

Johnson County Mental Health Center: Immediate Help: 913-268-0156 To Access Services: 913-826-4200

Suicide is preventable, help is available.







PTSA MEETING - SEPT. 12TH

Our SM West PTSA has four meetings each year. All parents, students and staff in our community are welcome to attend. The first meeting will be held on Monday, Sept. 12 at 7pm in the SM West library.

Our guest speaker will be the SM West Real World Counselor, Tommie Davis. Mr. Davis will be talking about how West continues to help students with their Individual Plans of Study and the opportunities for them to gain Market Value Assets.

If you are not able to attend in person we will use the link below for you to view the live meeting:

https://smsd.webex.com/meet/jennifersilverstein

Immediately following the PTSA meeting, the Senior Sizzle committee will be meeting. We'd love anyone interested in helping make this year a success for our seniors. Please come or email Jennifer Cairns, Senior Sizzle Chairperson. jencairns@yahoo.com.



PTSA REFLECTIONS

Each year the National PTSA organization sponsors a Reflections contest. Students are able to submit original works in a variety of areas (literature, dance choreography, music composition, film production, photography, and visual arts. Theme this year is "Show Your Voice". For information and for an entry form to be sent to you, please email: smwreflections@yahoo.com

Thank you for your interest and participation.



SMSD PERFORMING ARTS NEWSLETTER

So many exciting news from the SMSD Performing Arts Program. Please use this link for the first edition for this school year. Please open with Google Chrome.



https://my.visme.co/view/q68exvkq-august-2022-pa-newsletter





THANK YOU

SM West would like to thank one of our community partners for their support of our staff and students.

Thank you Southwind Management Inc.





SM WEST YARD SIGN SALE

Each year our volleyball team's main fundraiser is taking and fulfilling orders for SM West Yard Signs. These yard signs are a way for families to showcase the amazing things your student does here at West.

Families can order the Yard sign itself, and then choose a variety of rider plaques to hang below the sign to highlight your students involvement in athletics, clubs, and organizations.

There is a picture below as well as the PDF order form that you can print.

Due Date is September 12th.

All payment and orders should be sent to the volleyball parent volunteer listed on the order form.



	DUE DATE SEPTEME	ER 12* SHAW	NEE MISSIO	N WEST	
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					SHAWNEE MISSION
Yard Signs	igns 18"x18" sign on white PVC		\$45 for Yard S	ign (includes 1 rider)	PLE 0
Riders	3"x18" white PVC		\$8 for Each Ad	fditional Rider	
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Also comes with: Steel T-bar st	ake & "S" hooks				FOOTBALL
Rider Examples:					BAND
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BAND	CROSS COUNTRY	_	ONORS	STUDENT COUNCIL	
BASEBALL	DANCE	_	Z BAND	SWIMMING	- T
BASKETBALL	DANCE TEAM	JOUI	RNALISM	TENNIS	
BOWLING	DEBATE	LAC	CROSSE	THEATER	
CHAMBER CHOIR	DIVING		NAHS	THESPIAN CLUB	
CHEER	DRAMA		VSPAPER	TRACK	
CHEERLEADER	DRILL TEAM	_	NHS	VARSITY CHEER	
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		Owferer	must be received	by April 9th	
	5			by 9/12/22 is by month end	
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pdf

West Yard Signs pdf order.pdf

Download 172.6 KB

TRANSPORTATION UPDATE -SIGN UP FOR TEXT NOTIFICATIONS

In the event there are times throughout the year when routes are running late and

notification is needed at the school and family level, we want to encourage you to sign up for Textcaster notifications. We have previously pushed a number of communications about this to

families via school newsletters (with your assistance) as well as through district communications reminding of the availability to sign up for text notifications when routes are running late *or compressed with other buses*. **We encourage you to also sign up to receive text notifications as it is the fastest way to provide notice of any changes**.

Sign up for notifications at the following link: <u>https://my.textcaster.com/asa/2795</u> where you can select the route numbers pertaining to your school (you may select multiple bus routes).

Additionally, we will do our best to provide you with updates as we receive them.

FROM OUR SM WEST NURSE

Immunizations!

If your student is 16 years old, they will need an immunization. A second dose of Meningococcal vaccine—also known as Menactra or Menveo is due.

A word to the wise, don't wait to have this done. The official due date is October 13th!!

Students who don't have immunizations done on time will need to be sent home until the immunization is given and documentation given to the Nurse Office.



Email immunization records to: aciamorley@smsd.org

I wanted to reach out to let you know that this year we have some new guidelines for Covid that are a little different than last year.

This year the CDC no longer recommends that students quarantine or stay home from school due to Covid exposure. However, should your student begin to have symptoms and test positive then they would need to remain home.

- If students test positive-Day 0 is test day and then they are out for 5 days
- Day 6--may return if no ongoing symptoms and no fever in the previous 24 hours
- Day 6-10-highly recommended and encouraged to mask

I know there has been a lot of changes around recommendations and Covid the last several years, so wanted to be sure to let you know the current recommendations. For more information please check out the link below:

https://www.smsd.org/about/departments/health-services/coronavirus-or-covid-19information

Questions: call 913-993-7960. Kim Tennissen, RN, FNP-BC Shawnee Mission West Nurse 8800 West 85th Street Overland Park, KS 66212 Phone: 913-993-7816 Fax: 913-993-1483 <u>kimberlytennissen@smsd.org</u>



PICTURE RETAKES

The image below contains information about our picture day that occurred on Monday of this week, as well as how to order pictures.

There is also information about pictures retakes and Senior Picture Day.

SMWEST IT'S ALMOST **PICTURE DAY**

In order to be included in the 2023 Saga yearbook, students must have a photo taken by Inter-State Studio. You do not have to purchase any photos in order to be in the yearbook.

GRADES 9, 10, 11

Yearbook photos and ID card photos will be taken Monday, Aug. 15.

9th grade will go with English classes
10th and 11th grades will go when they pick up MacBooks

ORDERING INFORMATION

Pre-order photos by visiting inter-state.com/order. • Use order code 69608MF

Online ordering is also available after picture day.

SENIORS

 ID card photos will be taken Monday, Aug. 15 when you pick up your MacBook.

 Senior yearbook photos will be taken Tuesday, Aug. 23 and Wednesday, Aug. 24 during your English class.

Traditionally, students dress up a bit for senior yearbook pictures.

ORDERING INFORMATION

Seniors will get proofs with ordering information from Inter-State Studio.

PICTURE DAY DETAILS

You may wear a mask in your photo if you are more comfortable doing so.
Sunglasses, hats and hoods are not allowed in photos. Religious head coverings may be worn.
Portraits will be used in the 2023 yearbook and for student ID cards. If you miss picture day, you will need to get an ID from the office.

Retakes and last chance photos for all grade levels will be Wednesday, Oct. 19.

MESSAGE FROM FOOD SERVICE

We want all of our students at SM West to be able to eat a good breakfast and lunch. Please read the information below from Food Services. Students are free to bring a sack lunch to school, but no fast food items should be brought into the building. SM West does not have an open lunch policy except for Seniors



whose parents have completed the permission form link. (An email was sent to all senior parents from Jennifer Silverstein with the link). Open Lunch for seniors will not begin until after ID cards have been distributed. Tentatively after Labor Day.

22 - 23 School Meals

Food Service will continue to offer healthy and appealing breakfast and lunch options for all students this school year. Unfortunately, the USDA nationwide waivers allowing for free school meals for all students concluded with the end of the 2021 - 22 school year.

The meal prices of 2022 - 23 are below . Breakfast at the High School \$1.65 Lunch at the High School \$3.00 Families will be able to complete a child nutrition meal benefit application to see if they qualify for free or reduced priced meals. The information and link regarding the meal benefit application will be a part of the parent online verification process as well as be available on the <u>Food Service web</u>.

Families are encouraged to check their student's current food service account balance on School Café - <u>https://www.schoolcafe.com/SHAWNEEMISSION</u>. Payments to a student's food service account can be done by check or cash at the school, credit card online through e Funds (\$3 fee) or by calling the Food Service office 993-9710 (no fee). Student account balances (positive or negative) do roll over to the next year – even if the student switches schools within the district.

Food Service will continue to follow the procedure of serving students a full breakfast or a full Junch regardless of the money they have in their account. During the 2022 - 23 school year, when a student's account is low or in the negative, notifications will be made to parents. When an account is - \$75.00, the parent/guardian will receive a notification that if the account is not paid it will be turned over to the collection agency. Students will not be permitted to purchase ala carte items if their account is negative.

Thank you.



PARKING PERMITS

Sophomores, Juniors and Seniors are able to park on campus at SM West. A parking permit must be purchased and a parking sticker picked up from our Security personnel in the front entrance.

Parking is \$50 for the year.

It is extremely important that students only park in assigned areas for students, and not staff parking. Tickets will be assessed by our security staff. All rules and regulations are listed with the parking application. See the PDF below. Also included is a map of West parking.



Parking Registration Form.pdf

Download 616.0 KB



The circled spots on the map are where students can park.

The X's indicate STAFF parking.

Students are excluded from parking in the staff spaces.

Please refer to parking guidelines and fee structure for parking enforcement.





PTSA

The PTSA (Parent-Teacher-Student-Association) is an important support system for our students and staff. Please consider becoming a member of our PTSA. Dues go to support senior scholarships, teacher grants for instructional support in the classroom, teacher appreciation and much more. **We encourage our community to attend any/all of the four scheduled meetings during the year: Sept. 12, Nov. 14, Feb. 13 and April 10.** Each of the meetings will have reports from staff and PTSA committees and many times guest speakers are invited. Please consider volunteering to lead a committee. The PTSA needs leaders for the following committees:

- **Nurses** Pantry Help coordinate donations of supplies of feminine hygiene products
- **Royalty** Coordinate the presentation of Top 12 Candidates for Homecoming and Sweetheart Royalty at their respective games.
- Senior Sizzle Team members are needed to lead the drug/alcohol free event for seniors and the fundraising efforts to pay for this event including Mr. Viking
- Safe Trick or Treat coordinate an activity for our annual event sponsored by FCCLA
- SMAC Clothing Center help gather and work at the Shawnee Mission Clothing Center once or twice during the school year at West's assigned time
- **Staff Appreciation** a team is needed to help coordinate staff appreciation events including conference meals, and teacher appreciation week.
- **Teacher Grants** lead a small group to solicit and review applications for teacher grants in SM West and award small monetary grants
- Unified Sports help coordinate the inclusion of unified sports activities with some of our students including Unified basketball and Unified Bowling.

PTSA Officers for 2022-2023 academic year:

Co-Presidents: <u>Jessica Leslie</u> and <u>Sean Campion</u> VP Membership: Kristy Campion VP Ways and Means: Angie Guniion VP Programs: Kate Ampleman Treasurer: Darci Robinson Secretary: Christina Middleton

Please view the attachments below so that you and your family can become members. Thank you for your support.



docx

ptsa membership form.docx

🛃 Download

17.6 KB

BOOSTER CLUB

Parents, don't forget to join Shawnee Mission West Booster Club. Use your Booster Club pass to get into Shawnee Mission West home football, soccer, basketball and volleyball games while supporting all West athletes, cheer and dance teams.

https://smwboosterclub.com/purchase-membership/





pdf





OVERLAND PARK POLICE



Police Explorer Student Announcement

Students, do you have an interest in the criminal justice system? Have you ever thought of becoming a police officer? Do you love Live PD???? The Overland Park Police Department has an Explorer program that will give you an insight into the world of law enforcement and criminal justice. Please join us at our open house, Thursday, September 22nd at the Overland Park Police Department's Sanders Justice Center.

The open house will be located at 12400 Foster Street and will begin at 6:30 PM. Please see your School Resource Officer for more details.



FOOD SERVICE POSITIONS OPEN AT WEST

West Families

Our Food Service Department has immediate openings for workers. If you are looking for a job, please consider becoming part of the West staff and join our food service team.

