

# SEPTEMBER

## BREAKFAST & LUNCH MENU

# Gadsden Elementary

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|---|--|---|---|
|  |   |  | B: Yogurt + Cereal 1<br>L: Orange Chicken<br>Turkey/ Cheese<br>Wrap<br>Smiley Fries<br>Asian Slaw<br>Rice                       | B: Funnel Cake 2<br>Waffle<br>L: Pepperoni Pizza<br>PB & J Sandwich<br>Carrots w/ Dip<br>Tater Tots               |
| 5<br><b>No School</b><br>Labor Day Holiday   | 6<br><b>No School</b><br>Professional<br>Development for<br>Teachers  | 7<br>B: Sausage/<br>Pancake on a Stick<br>L: Sausage, Eggs &<br>Biscuit<br>Chicken & Waffles<br>Star Potatoes<br>Veggie Cup w/ Dip | 8<br>B: French Toast<br>Sticks<br>L: Chicken Drumstick<br>PB & J Sandwich<br>Green Beans<br>Glazed Carrots                      | 9<br>B: Poptart<br>L: Cheese Bosco<br>Stick w/ Marinara<br>Pizza Munchable<br>Broccoli w/ Dip<br>Waffle Fries     |
| B: Cinni Minis 12<br>L: Corndog<br>Muffin Snack Pack<br>Baked Potato<br>Broccoli & Cheese                                | B: Chicken & 13<br>Biscuit<br>L: Chicken Fajitas<br>Mexican Pizza<br>Salsa<br>Corn on the Cob<br>Lettuce/Tomato Cup       | B: Breakfast Pizza 14<br>L: Fish Sticks<br>Hot Ham & Cheese<br>White Beans<br>French Fries<br>Hushpuppy                            | B: Yogurt + Cereal 15<br>L: Poppyseed Chicken<br>Turkey & Cheese<br>Sandwich<br>Green Beans<br>Tossed Salad + Tom<br>Breadstick | B: Waffle w/ 16<br>Sausage<br>L: Stuffed Crust<br>Cheese Pizza<br>PB & J Sandwich<br>Carrots w/ Dip<br>Tater Tots |
| B: Muffin 19<br>L: Chicken Tenders<br>Ham & Cheese Wrap<br>Mac and Cheese<br>Glazed Carrots<br>Tossed Salad w/<br>Tomato | B: Yogurt + Cereal 20<br>L: Pepperoni Bosco<br>Stick<br>Turkey & Cheese<br>Sandwich<br>Broccoli & Cheese<br>Potato Wedges | B: Sausage & 21<br>Biscuit<br>L: Frito Chili Pie<br>Burrito<br>Green Beans<br>Corn on the Cob                                      | B: Pancakes 22<br>L: Cheeseburger<br>Hot Dog<br>French Fries<br>Baked Beans   | B: Cereal 23<br>Assortment<br>L: Pepperoni Pizza<br>PB & J Sandwich<br>Veggie Cup w/ Dip<br>Waffle Fries          |
| B: Mini Waffles 26<br>L: Chicken Nuggets<br>Turkey & Cheese<br>Sandwich<br>Mashed Potatoes<br>English Peas<br>Roll       | B: Chicken & 27<br>Biscuit<br>L: Mini Corndogs<br>Hot Ham & Cheese<br>Romaine Salad +<br>Tomato<br>Green Beans            | B: Mini Pancake 28<br>Wraps<br>L: Beef & Cheese<br>Nachos<br>Cheese Quesadilla<br>Whole Kernel Corn<br>Refried Beans/ Salsa        | B: Yogurt + Cereal 29<br>L: Orange Chicken<br>Turkey/ Cheese<br>Wrap<br>Smiley Fries<br>Asian Slaw<br>Rice                      | B: Funnel Cake 30<br>Waffle<br>L: Pepperoni Pizza<br>PB & J Sandwich<br>Carrots w/ Dip<br>Tater Tots              |

**Fruit Choices are offered daily with breakfast and lunch.**

**Milk Choices offered daily with breakfast and lunch include: 1% White Milk or 1% Chocolate Milk.**

For more information contact: Whitney Thornton, RD  
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