

# SEPTEMBER 2022

CRYSTAL SPRINGS ELEMENTARY, CRYSTAL SPRINGS MIDDLE, WAC

Monday

Tuesday

Wednesday

Thursday

Friday



1  
CHILI CHEESE OVER CHIPS  
TUNA SALAD/CRACKERS  
PINTO BEANS  
WHOLE KERNEL CORN  
FRUIT  
ASSORTED MILK

2  
BACON CHEESEBUGER HAMBURGER  
BBQ CHICKEN SANDWICH  
FRIES  
STEAMED CARROTS  
FRUIT  
ASSORTED MILK

5  
HOLIDAY

6  
CHICKEN FAJITAS  
STEAMED RICE ROLL  
CHEESY BROCCOLI  
MEXICAN PIZZA  
WHOLE KERNEL CORN  
FRUIT  
ASSORTED MILK

7  
CHICKEN TENDERS  
SWEET POTATOES FRIES  
TURKEY & CHEES HOAGIE  
CALIFORNIA VEGGIES ROLL  
FRUIT  
ASSORTED MILK

8  
FISH MELT  
STEAK FINGERS ROLL  
MASHED POTATOES  
GRAVEY  
PEAS  
FRUIT  
ASSORTED MILK

9  
CHEESEBURGER  
SPICY CHICKEN SANDWICH  
POTATO WEDGES  
GREE PEAS  
FRUIT  
ASSORTED MILK

12  
BBQ CHICKEN SANDWICH  
TURKEY & CHEESE HOAGIE  
BAKED BEANS  
STEAMED BROCCOLI  
FRUIT  
ASSORTED MILK

13  
CHEESY CHICKEN OVER RICE ROLL  
CORN DOG NUGGETS  
MIXED VEGETABLES  
WHOLE KERNEL CORN  
FRUIT  
ASSORTED MILK

14  
HAMBURGER STEAK  
GRAVEY  
MASHED POTATOES ROLL  
SPICY CHICKEN SANDWICH  
STEAMED CARROTS  
FRUIT  
ASSORTED MILK

15  
CHICKEN SPAGHETTI  
GARLIC TOAST  
TURKEY & CHEESE HOAGIE  
GREEN BEANS  
MIXED VEGETABLES  
FRUIT  
ASSORTED FRUIT

16  
CHEESEBURGER  
COREN DOG  
CORN  
SEASONED POTATO WEDGES  
FRUIT  
ASSORTED MILK

19  
CHICKEN TETRAZZINI  
TURKEY & CHEESE HOAGIE  
GREEN BEANS  
YAM PATTIES ROLL  
FRUIT  
ASSORTED MILK

20  
BBQ PORK SANDWICH  
STUFFED CRUST PIZZA  
BABY CARROTS DRESSING  
FRIES  
FRUIT  
ASSORTED MILK

21  
TURKEY & CHEESE  
STEAK FINGERS ROLL  
MASHED POTATOES  
GRAVEY  
PEAS  
FRUIT  
ASSORTED MILK

22  
CHICKEN TENDER ROLL  
FRIES  
TURKEY & CHEESE HOAGIE  
STEAMED CARROTS  
FRUIT  
ASSORTED MILK

23  
MEXICAN PIZZA  
HOT DOGS  
STEAN CARROTS  
WHOLE KERNEL CORN  
FRUIT  
ASSORTED MILK

26  
GLAZED BBQ MEATBALLS  
MEXICAN PIZZA  
FRIES  
BAKED BEANS  
FRUIT  
ASSORTED MILK

27  
BBQ RIB SANDWICH  
GRILLED CHICKEN SANDWICH  
PEAS  
BROCCOLI  
FRUIT  
ASSORTED MILK

28  
BEEF-A-RONI  
STUFFED CRUST PIZZA  
STEAMED CARROTS  
GREEN BEANS  
FRUIT  
ASSORTED MILK

29  
BEEFY NACHOS GRANDE  
TURKEY & CHEESE HOAGIE  
PINOT BEANS  
CREAM-STYLE CORN  
FRUIT  
ASSORTED MILK

30  
FISH MELT  
HAMBURGER  
CHEESEBURGER  
SWEET POTATO FRIES  
BAKED BEANS  
FRUIT  
ASSORTED MILK