

SEPTEMBER 2022

Orange Beach Elementary School

Monday

Tuesday

Wednesday

Thursday

Friday



5

No School

6

Hot Dog on Bun
Chips, Assorted
Baked Beans
Cherry Tomatoes
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

7

Crispitos
Kernel Corn
Fruit
Milk, 1% White
Milk, Chocolate Fat Free
Sour Cream, FF
Cheese Sauce

8

Ham & Cheese Sandwich
Chips, Assorted
Broccoli & Cauliflower
Hummus
Fruit
Milk, 1% White
Milk, Chocolate Fat Free
Cookie, Variety

9

Breaded Cheese Sticks
Marinara Dipping Cup
Green Beans
Mixed Raw Veggies
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

12

BBQ Pork Sandwich
Goldfish
Pickles
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

13

Chicken Quesadilla
Chips, Assorted
Kernel Corn
Bell Pepper Slices
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

14

Waffle
Chicken Nuggets
Hash Brown Patty
Veggie Juice Box
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

15

Mini Corn Dogs
Chips, Assorted
Baked Beans
Cherry Tomatoes
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

16

Cheese Pizza, Stuffed Crust
Broccoli with Cheese
Mixed Raw Veggies
Fruit
Fruit Sorbet Cup
Milk, 1% White
Milk, Chocolate Fat Free

19

Hamburger/Cheeseburger
Doritos
Lettuce and Tomato Cup
French Fries
Pickles
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

20

Taco Salad
Baked Scoops
Pinto Beans
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

21

Chicken Bites
Whole Grain Roll
Mashed Potatoes
Baby Carrots
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

22

Scrambled Eggs
Biscuit
Sausage Links
Hash Brown Patty
Veggie Juice Box
Mandarin Oranges
Milk, 1% White
Milk, Chocolate Fat Free

23

Cheesy Pull-Aparts
Marinara Dipping Cups
Green Peas
Cherry Tomatoes and Baby Carrots
Hummus
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

26

Breaded Chicken Sandwich
Goldfish
Tater Tots
Lettuce and Tomato Cup
Pickles
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

27

Hot Dog on Bun
Chips, Assorted
Baked Beans
Cherry Tomatoes
Fruit
Milk, 1% White
Milk, Chocolate Fat Free

28

Crispitos
Kernel Corn
Fruit
Milk, 1% White
Milk, Chocolate Fat Free
Sour Cream, FF
Cheese Sauce

29

Ham & Cheese Sandwich
Chips, Assorted
Broccoli & Cauliflower
Hummus
Fruit
Milk, 1% White
Milk, Chocolate Fat Free
Cookie, Variety

30

Breaded Cheese Sticks
Marinara Dipping Cup
Green Beans
Mixed Raw Veggies
Fruit
Milk, 1% White
Milk, Chocolate Fat Free