LIVE OAKS CAREER CAMPUS: LUNCH MENU: SEPTEMBER 2022

Breakfast \$1.25

Entrée (includes grain)
Fruit and/or (1) Fruit Juice
Milk (Low-Fat 1% or Fat Free Chocolate)

Breakfast is served every day from 7:20-7:45. Daily offerings will include cereal bars, bagels, pop tarts, donut sticks, cereal bowls, and a hot entrée, along with fruit, juice, and/or milk.

<u>Lunch</u> \$3.00

Entrée (includes grain)
(2) Fruit
(2) Vegetables
Milk (Low-Fat 1% or Fat Free Chocolate)

				
Don't forget to fill out your Free/Reduced lunch application!			1	<u>2</u>
This can be completed online or forms are available in the cafeteria.				
Any Questions? Just ask!		P		
<u>5</u>	<u>6</u>	7	<u>8</u>	9
	Pizza	Variety of Sandwiches	Pizza	Beef Taco (lettuce, cheese, salsa)
NO SCHOOL	Chips	Chips	Chips	Cookie
NO JOHOOL	Fruit	Fruit	Fruit	Fruit
	Water	water	Water	Water
<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>
Chili cheese Mac	Pizza	Variety of Sandwiches	Pizza	Beef taco (lettuce, cheese, salsa)
Cookie	Chips	Chips	Chips	Cookie
Fruit cup	Fruit	Fruit	Fruit	Fruit
Water	Water	Water	water	Water
<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>
Pasta w/ meat sauce	Pizzα	Beef Taco	Chicken & Potatoes	Cheese burger
Garlic bread	Chips	Cookie	Cheese & Pepperoni Pizza	Cheese Pizza
Hot vegetable	Fruit	Fruit	Turkey, Ham, & Cheese Sub	Turkey Sub
Water	Water	water	Chef Salad	Chicken Caesar Salad
<u>26</u>	<u>27</u>	<u>28</u>	29	<u>30</u>
Chicken Sandwich	Chicken Soft Taco	Bosco cheese Sticks	Chicken & Potatoes	Grilled Cheese with Soup
Cheese & Pepperoni Pizza	Cheese & Pepperoni Pizza	Cheese & Pepperoni Pizza	Cheese & Pepperoni Pizza	Cheese Pizza
Italian Hoagie	Turkey & cheese Sub	Buffalo Chicken Wrap	Turkey, Ham, & Cheese Sub	Turkey Sub
Crispy Chicken Salad	Italian Salad	Buffalo Ranch Chicken Salad	Chef Salad	Chicken Caesar Salad

Last minute menu changes are occurring frequently and are out of our control due to the nationwide food supply chain issues.

Menus may not reflect these changes.

We appreciate your patience and understanding during this time. If you have any questions regarding your school menu, feel free to reach out to the cafeteria manager.

Vegetarian salads are offered every day in the salad cooler.

A variety of fruits and vegetables are offered throughout the week: Available on the Fresh Bar and serving lines

Romaine salad mix, cucumber, carrots, cherry tomatoes, celery, broccoli, cauliflower, red & green peppers, apples, oranges, grapes, melon, craisins, raisins, fruit juice, applesauce, garbanzo beans.