

Ferris ISD

Lee Longino Breakfast

MAY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
May - 1 Pigs'n Flapjackets~~~ Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Oranges *** Fruit Juice MILK - Variety	May - 2 Eggo Maple Mini Pancakes *** Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Apples Fruit Juice MILK - Variety	May - 3 Cinnamon French Toa Sausage Patty!!! or Wheat Bread Toast*** Assorted Cereal Pears~~~ Fruit Juice MILK - Variety	May - 4 Breakfast Burrito~~~ Salsa*** or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Applesauce *** Fruit Juice MILK - Variety	May - 5 Chicken Sandwich *** or Wheat Bread Toast*** Assorted Cereal Mixed Berry cup Fruit Juice MILK - Variety
May - 8 French Toast Sticks Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Craisins *** Fruit Juice MILK - Variety	May - 9 Pig in a Blanket *** Syrup!!! Mustard, pc~~~ or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Pear In Light Syrup *** Fruit Juice MILK - Variety	May - 10 Cinnamon Roll or Wheat Bread Toast*** Assorted Cereal Peaches *** Fruit Juice MILK - Variety	May - 11 Eggo Mini Confetti Pan Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! BANANAS-*** Fruit Juice MILK - Variety	May - 12 Breakfast Pizza ~~~ or Wheat Bread Toast*** Assorted Cereal Peaches *** Fruit Juice MILK - Variety
May - 15 Pigs'n Flapjackets~~~ Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Fruit Cocktail~~~ Fruit Juice MILK - Variety	May - 16 Eggo Maple Mini Pancakes *** Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Peaches *** Fruit Juice MILK - Variety	May - 17 Cinnamon French Toa Sausage Patty!!! or Wheat Bread Toast*** Assorted Cereal Apples Fruit Juice MILK - Variety	May - 18 Breakfast Burrito~~~ Salsa*** or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Oranges *** Fruit Juice MILK - Variety	May - 19 Chicken Sandwich *** or Wheat Bread Toast*** Assorted Cereal Applesauce *** Fruit Juice MILK - Variety
May - 22 French Toast Sticks Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Mixed Berry cup Fruit Juice MILK - Variety	May - 23 Pig in a Blanket *** Syrup!!! Mustard, pc~~~ or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Strawberry cup*** Fruit Juice MILK - Variety	May - 24 Cinnamon Roll or Wheat Bread Toast*** Assorted Cereal Peaches *** Fruit Juice MILK - Variety	May - 25 Eggo Mini Confetti Pan Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Pears~~~ Fruit Juice MILK - Variety	May - 26 Breakfast Pizza ~~~ or Wheat Bread Toast*** Assorted Cereal Oranges *** Fruit Juice MILK - Variety
May - 29 MEMORIAL DAY No Lunch This Line	May - 30 Summer School Starts	May - 31		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.