

Ferris ISD

High School Breakfast

MAY2023

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Apr 13, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
May - 1 SAUSAGE BISCUIT or Pigs'n Flapjackets~~~ Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Oranges *** Fruit Juice MILK - Variety	May - 2 SAUSAGE BISCUIT or Eggo Maple Mini Pancakes *** Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Apples Fruit Juice MILK - Variety	May - 3 SAUSAGE BISCUIT or Cinnamon French Toa Sausage Patty!!! or Wheat Bread Toast*** Assorted Cereal Pears~~~ Fruit Juice MILK - Variety	May - 4 SAUSAGE BISCUIT or Breakfast Burrito~~~ Salsa*** or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Applesauce *** Fruit Juice MILK - Variety	May - 5 SAUSAGE BISCUIT or Chicken Sandwich *** or Wheat Bread Toast*** Assorted Cereal Mixed Berry cup Fruit Juice MILK - Variety
May - 8 SAUSAGE BISCUIT or French Toast Sticks Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Craisins *** Fruit Juice MILK - Variety	May - 9 SAUSAGE BISCUIT or Pig in a Blanket *** Syrup!!! Mustard, pc~~~ or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Pear In Light Syrup *** Fruit Juice MILK - Variety	May - 10 SAUSAGE BISCUIT or Cinnamon Roll or Wheat Bread Toast*** Assorted Cereal Peaches *** Fruit Juice MILK - Variety	May - 11 SAUSAGE BISCUIT or Eggo Mini Confetti Pan Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! BANANAS-*** Fruit Juice MILK - Variety	May - 12 SAUSAGE BISCUIT or Breakfast Pizza ~~~ or Wheat Bread Toast*** Assorted Cereal Peaches ***
May - 15 SAUSAGE BISCUIT or Pigs'n Flapjackets~~~ Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Fruit Cocktail~~~ Fruit Juice MILK - Variety	May - 16 SAUSAGE BISCUIT or Eggo Maple Mini Pancakes *** Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Peaches *** Fruit Juice MILK - Variety	May - 17 SAUSAGE BISCUIT or Cinnamon French Toa Sausage Patty!!! or Wheat Bread Toast*** Assorted Cereal Apples Fruit Juice MILK - Variety	May - 18 SAUSAGE BISCUIT or Breakfast Burrito~~~ Salsa*** or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Oranges *** Fruit Juice MILK - Variety	May - 19 SAUSAGE BISCUIT or Chicken Sandwich *** or Wheat Bread Toast*** Assorted Cereal Applesauce *** Fruit Juice MILK - Variety
May - 22 SAUSAGE BISCUIT or French Toast Sticks Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Mixed Berry cup Fruit Juice MILK - Variety	May - 23 SAUSAGE BISCUIT or Pig in a Blanket *** Syrup!!! Mustard, pc~~~ or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Strawberry cup*** Fruit Juice MILK - Variety	May - 24 SAUSAGE BISCUIT or Cinnamon Roll or Wheat Bread Toast*** Assorted Cereal Peaches ***	May - 25 SAUSAGE BISCUIT or Eggo Mini Confetti Pan Syrup!!! or Wheat Bread Toast*** Assorted Cereal pc jelly!!! Pears~~~ Fruit Juice MILK - Variety	May - 26 SAUSAGE BISCUIT or Breakfast Pizza ~~~ or Wheat Bread Toast*** Assorted Cereal Oranges *** Fruit Juice MILK - Variety
May - 29 MEMORIAL DAY No Lunch This Line	May - 30 Summer School Starts	May - 31		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.