

# SEPTEMBER 2022

Orange Beach Elementary School

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

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[Empty breakfast menu box]

Scrambled Eggs  
Cheese Grits  
Toast  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Biscuit  
Chicken for Biscuit  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

String Cheese or Yogurt  
Cinnamon Bun  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Muffin, Assorted Flavors  
Vanilla Yogurt  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Sausage Patty  
Pancakes  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Cheese Toast  
Sausage Links  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Biscuit  
Scrambled Eggs  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Cinni Minni's  
String Cheese  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Muffin, Assorted Flavors  
Vanilla Yogurt  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Waffle  
Sausage Patty  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Biscuit  
Steak for Biscuit  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Breakfast Pizza  
String Cheese  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Dutch Waffle  
String Cheese  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Pop-Tart, Assorted Flavors  
String Cheese or Yogurt  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Pancake on a stick  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Scrambled Eggs  
Cheese Grits  
Toast  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Biscuit  
Chicken for Biscuit  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

String Cheese or Yogurt  
Cinnamon Bun  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Muffin, Assorted Flavors  
Vanilla Yogurt  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Cinni Minni's  
String Cheese  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

Muffin, Assorted Flavors  
Vanilla Yogurt  
Fruit  
Juice  
Milk, 1% White  
Milk, Chocolate Fat Free

[Enter Additional Info]