

SEPTEMBER | 2022



Grades Pre-K-6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Breakfast I.W. Cinnamon Roll Fruit Milk Fruit Juice Lunch Turkey/Cheese Sub Lettuce/Tomato/Pickle/Onion Baby Carrots Vegetarian Beans Milk Fruit	2 No School Labor Day Break
5 No School Labor Day	6 Breakfast 2 Count Poptart Fruit Milk Fruit Juice Lunch Chicken Patty/W.W. Bun Lettuce/Tomato/Onion/Pickle Glazed Carrots Oven Fries Milk Fruit	7 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Hot Dog/W.W. Bun/Chili Potato Smiles Baked Beans Milk Fruit	8 Breakfast I.W. Waffles Fruit Milk Fruit Juice Lunch Fish Sticks Hush Puppies Macaroni & Cheese 5 Way Mixed Vegetables Milk Fruit	9 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch "Taco in a Bag" Shredded Cheese Chips Salsa Cup Corn Black Beans Milk Fruit
12 Breakfast 2 Count Poptart Fruit Milk Fruit Juice Lunch Hamburger/W.W. Bun Fries Lettuce/Tomato/Onion/Pickle California Blend Vegetables Milk Fruit	13 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Popcorn Chicken/W.W. Roll Mashed Potatoes Steamed Broccoli Milk Fruit	14 Breakfast Egg or Jelly Biscuit Fruit Milk Fruit Juice Lunch Pork BBQ/W.W. Bun Quick Baked Potato Baked Beans Milk Fruit	15 Breakfast I.W. Cinnamon Roll Fruit Milk Fruit Juice Lunch 2 Mozzarella Cheese Breadstick Marinara Cup/ Corn Green Beans Milk Fruit	16 Breakfast I.W. Pizza Fruit Milk Fruit Juice Lunch Oven Fried Chicken W.W. Roll Mashed Potatoes Glazed Carrots Milk Fruit
19 Breakfast French Toast Sticks Fruit Milk Fruit Juice Lunch Corn Dog Nuggets Macaroni & Cheese Great Northern Beans Milk Fruit	20 Breakfast 2 Count Poptart Fruit Milk Fruit Juice Lunch Hamburger/W.W. Bun Fries Lettuce/Tomatoes/Onion/Pickle 5 Way Mixed Vegetables Milk Fruit	21 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Chicken Tenders/W.W. Roll Mashed Potatoes Steamed Broccoli Milk Fruit	22 Breakfast I.W. Waffles Fruit Milk Fruit Juice Lunch PB&J Sandwich Cheese Cubes Doritos Paradise Fruit Punch Milk Fruit	23 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch 4x6 Pizza Green Beans Seasoned corn Milk Fruit
26 Breakfast Dutch Waffle Fruit Milk fruit Juice Lunch Chicken Patty/W.W. Bun Lettuce/Tomato/Onion/Pickle Oven Fries Glazed Carrots Milk Juice	27 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Spaghetti/Meat Sauce 1 Mozzarella Cheese Breadstick Green Beans Milk Fruit	28 Breakfast Egg or Jelly Biscuit Fruit Milk Fruit Juice Lunch Hot Dog/W.W. Bun/Chili Oven Fries Baked Beans Milk Fruit	29 Breakfast I.W. Cinnamon Roll Fruit Milk Fruit Juice Lunch Fish Sticks Hush Puppies Macaroni & Cheese Steamed Broccoli Milk Fruit	30 Breakfast I.W. Pizza Fruit Milk Fruit Juice Lunch "Taco in a Bag" Shredded Cheese Chips Salsa Cup Corn Black Beans Milk Fruit

News

Milk Offered: 1% White
Chocolate

Cereal Offered Daily for
Breakfast.

Tossed salad served daily at all
Elementary Schools except
Laurel.

Menus subject to Change

This institution is an equal
opportunity provider.