

Ferris ISD
High School Line 3
MAY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
May - 1 Chicken Tamales Mexicali Corn*** Garden Salad *** fruit Salsa pc cup pc Ranch Dressing!!! Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	May - 2 Hot and Spicy Chicken Bread Stick~~~ Garden Salad *** Potato Puffs!!! fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	May - 3 Cheese Pizza Wedge Garden Salad *** Celery & Carrot Sticks fruit pc Ranch Dressing!!! Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	May - 4 Taco Snack Rocking Pinto Beans Celery & Carrot Sticks pc Ranch Dressing!!! fruit Chef Salad Wheatworth Crackers	May - 5 Baked Potato Lunch fruit Celery & Carrot Sticks Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety
May - 8 Chicken Tamales Mexicali Corn*** Garden Salad *** fruit Salsa pc cup pc Ranch Dressing!!! Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	May - 9 Hot and Spicy Chicken Bread Stick~~~ Garden Salad *** Potato Puffs!!! fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	May - 10 Cheese Pizza Wedge Garden Salad *** Celery & Carrot Sticks fruit pc Ranch Dressing!!! Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	May - 11 Taco Snack Rocking Pinto Beans Celery & Carrot Sticks pc Ranch Dressing!!! fruit Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	May - 12 BBQ on a bun Potato Stix ~~~ Carrot Sticks*** Garden Salad *** Peaches *** pc Ranch Dressing!!! Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety
May - 15 Chicken Tamales Mexicali Corn*** Garden Salad *** fruit Salsa pc cup pc Ranch Dressing!!! Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	May - 16 Hot and Spicy Chicken Bread Stick~~~ Garden Salad *** Potato Puffs!!! fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	May - 17 Cheese Pizza Wedge Garden Salad *** Celery & Carrot Sticks fruit pc Ranch Dressing!!! Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	May - 18 Taco Snack Rocking Pinto Beans Celery & Carrot Sticks pc Ranch Dressing!!! fruit Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	May - 19 Baked Potato Lunch fruit Celery & Carrot Sticks Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety
May - 22 Chicken Tamales Mexicali Corn*** Garden Salad *** fruit Salsa pc cup pc Ranch Dressing!!! Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	May - 23 Hot and Spicy Chicken Bread Stick~~~ Garden Salad *** Potato Puffs!!! fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	May - 24 No Lunch This Line	May - 25 No Lunch This Line	May - 26 No Lunch This Line
May - 29 MEMORIAL DAY NO SCHOOL TODAY	May - 30 Summer School Starts	May - 31		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.