

# MANATEE MEMO



We, the Indian River, faculty, staff, students and parents, respectfully encourage each other to excel with enthusiasm, excitement and energy as we responsibly explore the world around us.

## September/October 2022

### The Principal's Message

Greetings Manatee Families!

I am so excited to welcome you to the 2022-2023 school year! We have had an amazing first 3 weeks. Our school theme this year is Manatees Together. The teachers and staff here at IRES are committed to this year's theme and we would like all families to commit as well. Our plan is that we will collaborate together, learn together, grow together, and inspire together. My goal this year is to ensure that all families are engaged in all aspects of their child's education. Support from home is vital to the overall success of our students. Teachers have already begun scheduling back to school conferences. All parents will have a chance to sign up for a conference at Open House. I am pleased to announce that AVID will be a schoolwide initiative this year. AVID (Advancement Via Individual Determination) is a college readiness system for elementary through higher education that is designed to increase schoolwide learning and performance. Be on the lookout for more information. Also, Indian River is a PBIS campus this year. PBIS stands for Positive Behavior Interventions and Supports. (Yes, we love acronyms in education) The implementation of PBIS provides your students with a schoolwide expectation plan and allows them opportunities to earn rewards based on positive behavior. The schoolwide expectations are:

- Be Kind
- Be Responsible
- Be Respectful
- Be Positive

With support from home, I am confident that all children on campus will benefit from this positive behavior system.

Thank you so much for your continued support! I am looking forward to a great year. 😊

Sincerely,

*Mrs. Holmgreen*

### Upcoming Events

Sept. 5th  
Labor Day  
NO SCHOOL

Sept. 12th  
SAC Meeting 7AM

Sept. 14th  
Midterm Period Ends

Sept. 16th - 23rd  
Scholastic Book Fair

Sept. 21st  
Open House  
5:30 - 7:00

Sept. 21st  
PTA Meeting  
5:00 - 5:30

Oct. 10th  
SAC Meeting 7AM

Oct. 17th  
NO SCHOOL for students

Oct. 24th  
Report Cards Go Home



# A MESSAGE FROM MRS. REAVES

I would like to introduce myself to all our Manatee families. My name is Mrs. Wendy Reaves and I am the new Assistant Principal at Indian River Elementary. While my role is new to the school this year, I am not new to the area. My children and I are graduates of New Smyrna Beach High School. This year marks my 26th year in Volusia County Schools and eleven years ago, I taught 3rd grade at Indian River before I went into administration. I have been an Assistant Principal at Read Pattillo Elementary, Spruce Creek Elementary and Edgewater Public School. For the past 6 years, I was the Coordinator of Early Learning for Volusia County Schools where I ran the VPK program at 32 schools across the district.

I am beyond thrilled to have returned to the Manatee Family as Assistant Principal. It is going to be an exciting year and I look forward to meeting all of you in the future.

## Safety & Security Information

All schools in Volusia County are required to hold monthly fire drills and active assailant/lockdown drills. These drills are conducted and reported to the district to ensure that procedures are in place.

Four times per year, each school is required to partner with their local law enforcement agency to be involved in specified quarterly active assailant drills. Edgewater Police Department and Volusia County Safety & Security departments have received all assigned dates that will include Indian River. The drills will be conducted in the same manner that the students are accustomed to with only the presence of law enforcement monitoring the processes. During the assigned drills, law enforcement will be on-site walking the campus to ensure all areas are secure and any concerns will be shared with administration.

As always, we appreciate your assistance in our safety and security procedures as we continue to ensure a safe place for our students to learn.

Sincerely,

*Mrs. Reaves*



## Art



I am so happy to have all my artists back with me! The first few weeks we have spent going over classroom procedures and creating our individual sketchbooks. Taking the time to review procedures and warm up our creative thinking skills, I know we will refine our art techniques for all the future lessons to come! Fall is busy! We will be working on STEAM centers, self-portraits, and beginning our global art study drawing inspiration from our very own country! 5th grade will be working on a TINY ART Showcase for Open House, so be on the look out for more details to come!

Also, new this year, we will be doing our Square 1 Fundraiser in the fall rather than spring, so you can stock up on holiday goodies customized with your child's art! Last year, we raised enough money to replace our old shaky classroom tables with sturdier wood tables. Every purchase, every dollar, makes a HUGE contribution to our Manatee Art Studio!

Randal Preston



# COUNSELOR'S CORNER

Hello Indian River Elementary Manatees and family.

It has been great to see everyone again these first few weeks of school.

For those of you who are new to IRES my name is Pete Maman and I am the school counselor. I won't say how long I've been at IRES but let's just say it's been a while! It is an excellent school with super kids, supportive parents, great faculty/staff and administrators so why go anywhere else?

As the school counselor I work with all students at IRES either through whole class lessons/activities, small group counseling sessions or individual counseling. In addition, each teacher has a Helping, Sharing, Caring Pass for students to use to come see me any time they need to. Small group counseling sessions are forming now. Students can be referred for groups by their teacher, family, administration, or themselves. The groups I am offering this fall are:

COPING WITH CHANGES IN THE FAMILY (DIVORCE/BLENDED FAMILY)

SELF-ESTEEM (FEELING BETTER ABOUT YOURSELF)

GRIEF AND LOSS (RECENT DEATH IN THE FAMILY)

SELF-CONTROL/ANGER (MAKING POSITIVE CHOICES)

FRIENDSHIP (MAKING, KEEPING FRIENDS)

Parent permission is required for students to participate in small group counseling.

Please don't hesitate to contact me. I am here to help in any way I can. One of the most important ingredients to student success is good communication between home and school.

My phone number is 424-2650 extension 35197. My email is pmaman@volusia.k12.fl.us

Remember my Manatee friends...Be kind, respectful, responsible, positive THE BEST!

Thanks,  
Your Friend,  
Mr. Maman



## Technology

I love seeing all the students in Technology Special Area! Students have been practicing proper login procedures to gain access to many of the resources on VPortal. Students can check their grades from VPortal and parents can use Parent Portal. To access VPortal at home please visit [vcsedu.org](http://vcsedu.org) and click on VPortal.

USERNAME: alphaevcs2go.net (please insert your student's specific alpha)

PASSWORD: Student's 8 digit birthday Ex: October 01, 2015 would be 10012015.

Looking forward to a fabulous year!

☺ Mrs. Graham

### P.E. EXIT CHECKLIST



Coach Merrick and Coach Morang  
want to welcome you to PE!!!  
Let's make it the BEST year ever!

# MINDFUL MOVEMENT

Hello Manatee Families!

My name is Mrs. Flanagan and I will be sponsoring the Mindful Movement Club again this year. Mindful movement is where students will learn how to move their bodies by using purposeful breath. It also includes: focusing games/activities, gentle stretching, learning about strong emotions and how to manage them safely. I'm looking to begin the club at the end of September. The Mindful Movement Club will meet once a week after school for a period of 6-8 weeks. The club will be from 2:35 – 3:05 pm. A limited number of spaces will be available. All students must have a signed permission form and be able to arrive on time and be picked up promptly at the end of each session. The only item needed for each session is a water bottle.

If you have questions, please reach out to me at [aflanaga@volusia.k12.fl.us](mailto:aflanaga@volusia.k12.fl.us)

Thank you,  
Mrs. Flanagan



## Media News from Mrs. Halcomb

### Welcome to the Media Center

We are so glad students are back and have had a chance to come into the media center to check out books. We are starting classes and talking about how important it is to take care of the books from the library. Please remind your child to keep their library book in their backpack when they aren't using them so we reduce the number of books lost this year. If your child has a book that was lost last year, please be sure to look for the book and return it or pay the fine.

We are keeping our book character pumpkin contest tradition again this year! More information will come in October but get those creative thoughts started. I can't wait to see what this year's pumpkins have in store for us.

We are also very excited about our first book fair! The book fair is September 16-23. eWallet information is below. We will also be open during Open House!

I look forward to a fantastic year!



**SCHOLASTIC BOOK FAIRS**

### THE EASIEST WAY TO SHOP THE FAIR!

A safe alternative to cash, **BOOK FAIR eWALLET** is the best way to fund your student's wish list! eWallets can be used at the in-school Fair or online to shop from 5,000+ products. Any unused funds can be spent at The Scholastic Store Online or to fund an eWallet for a future Fair.

**CREATE ACCOUNT**    **ADD FUNDS**    and/or    **SHARE WITH FAMILY & FRIENDS**    **SHOP**

To get started, visit our school's Book Fair homepage:

<https://www.scholastic.com/bf/IREs>

Hello Families!

The new PTA board members are so excited for the 2022-2023 school year. We look forward to serving our school community and hope to be able to continue the fun, enjoyable, and educational PTA sponsored events of the past and introduce new events. In order to be successful, we need your help as members! Indian River PTA supports critical academic needs, is an active voice on decisions that impact your child's health, safety, and quality of education, and builds a stronger, more inclusive school community. You can join for only \$7 for the school year and be entered to win a yeti bucket and 2 yeti cups on September 23.

Don't forget to follow us on Facebook @Indian River Elementary PTA!

Sincerely,

Your IRES PTA Board

PTA September Events:

09/21 – 5 p.m. PTA Meeting before Open House



## Music with Mrs. Turner

Welcome Back, Manatees!!

This is what is happening in the Music Room:



We are experiencing Dynamics (loud and quiet sounds)! Students are learning the vocabulary for dynamics, identifying dynamics during listening activities and applying appropriate dynamics during instrumental activities

5th grade has learned how dynamics can create excitement.

4th grade experienced Japanese culture and instruments.

3rd grade expressed dynamics during a Volcano!

2nd grade matched dynamics during a Tropical Storm.

1st grade identified loud and quiet instrument sounds.

Kindergarten created loud and quiet animal sounds with a great story.

Indian River Elementary invites you to join CHORUS. This music program is designed to develop children's singing voices, build basic music reading skills and promote musicianship. Chorus is open to boys and girls in grades 3, 4 & 5.

No previous vocal experience is required. Student expectations include: rehearsal attendance, in-school AND community performances, and the ability to work independently in a group.

Chorus will meet on Thursdays from 2:30 until 3:30 in the Music Room. Only registered students may attend rehearsals. Please do not send siblings to Chorus rehearsals.

\*Please note that transportation will not be provided by VCS for this program. Parents will need to pick up their child from rehearsal in the bus loop and transport to performances.

Program runs SEPTEMBER 8—DECEMBER 9, 2022

When a child learns by experience that music forges direct links between self and world, self-expression becomes more fluent; the music helps interpret "who I am." Growing up Complete, the report of the National Commission of Music Education, 1990

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Cherry Blossom Chicken Fried Rice Popcorn Chicken & Cheese Salad w/Breadstick Dinner Roll Corn Carrots Oranges, Mandarin Cups Choice of Fresh Fruit Cookie, Fortune	Popcorn Chicken Dinner Roll Yogurt Bento Southern Baked Beans Broccoli Pear Cup Choice of Fresh Fruit
5	6	7	8	9
Cheese Sticks w/Marinara Sauce, Marinara Cup Turkey Ham & Cheese, Sandwich Corn Cucumbers Assorted Juice Peach Cup	Chicken Sandwich Dipper Bento Green Beans with Bacon Celery Applesauce Cup Choice of Fresh Fruit	Cheese Pizza Pepperoni Pizza Broccoli w/Cheese Tomatoes Choice of Fresh Fruit Pineapple Cup	Meat & Queso Nacho Tortilla, Round Chips 80/2oz/Cs Salad, Cobb Dinner Roll Cheesy Refried Beans Carrots Pear Cup Choice of Fresh Fruit	Mini Hot Dog Yogurt Bento Sweet Potato Crinkle Cut Fries Broccoli Slush, Rips Kiwi Strawberry Mix Fruit Cup
12	13	14	15	16
Cheese Pizza Pepperoni Pizza Corn Cucumbers Slush, Rips Kiwi Strawberry Pear Cup	Cheeseburger Dipper Bento Southern Baked Beans Tomatoes Assorted Juice Choice of Fresh Fruit	Mini Corndogs Power Protein Bento Broccoli w/Cheese Carrots Peach Cup Choice of Fresh Fruit	Chicken Tenders Pillsbury Frozen Dough Biscuit Salad, Cobb Dinner Roll Sweet Potato Crinkle Cut Fries Celery Choice of Fresh Fruit Applesauce Cup	Cheese Filled Breadsticks W/Marinara Cup Sauce, Marinara Cup Frozen Mixed Vegetables Broccoli Pear Cup Choice of Fresh Fruit
19	20	21	22	23
Cheese Pizza Pepperoni Pizza Corn Cucumbers Assorted Juice Pineapple Cup	Mac & Cheese Dinner Roll Dipper Bento Green Beans with Bacon Carrots Slush, Rips Kiwi Strawberry Choice of Fresh Fruit	Pepperoni Cheese Bread Power Protein Bento Broccoli w/Cheese Tomatoes Mix Fruit Cup Choice of Fresh Fruit	Cherry Blossom Chicken Fried Rice Popcorn Chicken & Cheese Salad w/Breadstick Dinner Roll Corn Carrots Oranges, Mandarin Cups Choice of Fresh Fruit Cookie, Fortune	Popcorn Chicken Dinner Roll Yogurt Bento Southern Baked Beans Broccoli Pear Cup Choice of Fresh Fruit
26	27	28	29	30
Cheese Sticks w/Marinara Sauce, Marinara Cup Turkey Ham & Cheese, Sandwich Corn Cucumbers Assorted Juice Peach Cup	Chicken Sandwich Dipper Bento Green Beans with Bacon Celery Applesauce Cup Choice of Fresh Fruit	Cheese Pizza Pepperoni Pizza Broccoli w/Cheese Tomatoes Choice of Fresh Fruit Pineapple Cup	Meat & Queso Nacho Tortilla, Round Chips 80/2oz/Cs Salad, Cobb Dinner Roll Cheesy Refried Beans Carrots Pear Cup Choice of Fresh Fruit	Mini Hot Dog Yogurt Bento Sweet Potato Crinkle Cut Fries Broccoli Slush, Rips Kiwi Strawberry Mix Fruit Cup

Choice of Milk Milk, White 1% - Milk, Chocolate Nonfat - Milk, Strawberry Nonfat  
**Daily Condiments** Ketchup PC - Mustard, PC - Hot Sauce - Mayo, Light SS - Dressing, Ranch POUCHES Single serve - Dressing, Ranch TFF CUP - Dressing, Italian SS - Dressing, Italian Light SS - Sour Cream - Peppers, Jalapeno - Kraft Cheese-Grated Parmesan - Sauce, BBQ SS - Salsa - Pickle Chips  
**View more:** <http://schools.mealviewer.com/school/IndianRiverElementarySchool>  
 This Institution is an Equal Opportunity Provider

# HEAD LICE 101:

- Treatment for head lice includes the use of an OTC (over-the-counter) or pre-scriptions medication. Follow the directions closely which often includes a second treatment to be done 7-9 days after the first.
- Retreatment is often needed because medications do not completely kill the eggs (nits).
- **NEVER** apply pesticides to *any* furniture, clothing or child in an attempt to control head lice. These applications do not help control lice and expose children to needless pesticide risk. Surfaces can be vacuumed or wiped with a damp cloth.
- Head lice are primarily transmitted by direct head-to-head contact. Discourage children from sharing combs, brushes, scarves, hats or headphones, and sharing of personal grooming items to diminish the spread of lice.
- Lice *cannot* jump, hop or fly, but they can crawl rapidly.

Source: Center for Disease Control (CDC)



<http://www.cdc.gov/parasites/lice/head/prevent.html>

## Sites for Additional Information

Center for Disease Control

<http://www.cdc.gov>

American Academy of Pediatrics

<http://www.healthychildren>

National Association of

School Nurses

<http://www.nasn>



# Guide for Head Lice

## Treatment

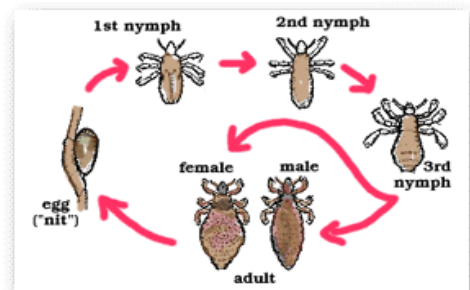


***"Manual removal is the safe alternative and necessary component of any head lice treatment regime."*** -National Pediculosis Association

You can completely control a head lice infestation with manual removal alone. BUT you cannot completely control head lice with head lice shampoo treatment alone. You will need both.

University of Georgia College of Agricultural and Environmental Sciences

## Which Came First... the Itchin' or the Egg?



(The Life-Cycle of the Head Louse)

Source: Headlice.org



## THE FACTS

- More than 12 million people, mostly children and school personnel, get head lice every year. Several research groups have identified populations of head lice in the United States that could not be killed with commonly used insecticidal shampoos.
- Lice cannot live longer than 24-48 hours off their host. They cannot reproduce in carpets, pets, furniture, or in trash cans, etc. They dehydrate quickly.
- Do *not* panic! Head lice are *not* an emergency and, in most cases, do not pose a health risk - they are simply an inconvenience that should be dealt with compassionately and calmly.
- Children are often excluded from school even when they are not at risk to transmit head lice. In a Harvard University study, dandruff, fibers, dirt, scabs, skin cells, knotted hair, or other insects are misdiagnosed as head lice 40% of the time! (Harvard School of Public Health)
- If properly treated the child should be able to return to school within 72 hours or less. Children should not miss excessive days from school for head lice infestation.

### Head Louse Photo: licekiller.com

Head lice are small, wingless parasitic insects. They are typically 1/8-1/6 inch long, brownish in color with darker margins. The claws on the end of each of their six legs are

well adapted to grasping a hair strand.

### Translucent Nit Photo: Nitcontrol.com

Female head lice glue their grayish-white to brown eggs (nits) securely to hair shafts. (When first laid they are translucent and mirror their surroundings.)

### Nits(Eggs) Photo: Natural-Health-and-wellbeing.com



As the nits mature they turn from tan to brown in color before they hatch.



## 10 TIPS FOR MANUAL REMOVAL

1. Work in a well lighted area with a magnifier or reading glasses.
2. Use a hairbrush to remove tangles. Hair conditioner or detangler aids with combing
3. Divide the hair in sections and fasten off the hair that is not being worked on.
4. Use a lice comb (**metal comb**) to detect and remove lice and nits.
5. Go through hair sections from the scalp to the end of the hair. Nits are usually found close to the scalp.
6. Dip the comb in a cup of hot soapy water or use tape to remove any lice, nits or debris from the comb.
7. Sift through the same section of hair and look for attached nits and live lice.
8. Move onto the next section until entire scalp and all hair has been checked.
9. Screen (with the lice comb) every day for 10 days and regularly thereafter.
10. If additional nits (at least 3-5 per day) are discovered, another manual search is recommended with the lice comb.

***Head lice have been around since the beginning of time; they are resilient and require diligence to break the cycle.***