

# Welcome from your School Counselor

Welcome to the 2022-2023 school year! I would like to take this opportunity to introduce myself. My name is Mrs. Mary Jo Rowan, and I am the School Counselor at Poland McKinley Elementary for grades K-3. This is my eighth year as a part of the Poland Local School District Family, and thirteenth year in education. I am excited to start this year with you!

As a School Counselor, my primary responsibility is to promote the academic, career, and personal, social / emotional development of **all** students. School Counseling programs are collaborative efforts to benefit **all** students, parents, teachers, and the community. The following school counseling services will be provided during the 2022-2023 School Year:



- ★ **Bi-Weekly classroom lessons** during the Library special and in the homeroom teacher's classroom, using Ohio's Social Emotional Learning (SEL) Standards, and the American School Counseling Association's (ASCA's) Mindsets and Behaviors as the standards for instruction.
- ★ **Small group counseling** sessions, with parent permission, for students focusing on: friendship, social skills, worry warriors / anxiety, coping skills, self-esteem, study skills, divorce, grief, and anger management. If you feel that your child needs assistance in any of these areas, please let me know.
- ★ **Individual counseling sessions** to help students adjust to school or to help with personal, social/emotional, or academic issues. Any student can request to meet with me or they can be referred by a teacher, administrator, or parent. I encourage you to reach out if you have concerns regarding your child. If you would like for me to meet with your child, please do not hesitate to contact me.
- ★ **School-wide programs and awareness days** encouraging all students to feel connected.
- ★ **Consultation** with parents, caretakers, teachers, and school personnel to help meet the needs of students.
- ★ **Referral assistance** to other programs and services in the community.



I created a **McKinley Elementary Counseling Connection Google Classroom** as a way to help us stay connected. Please have each child and parent join my Google Classroom with the code: **f375p3v** so that you can stay up-to-date on the latest school counseling programs, activities, and services.

Lastly, if you'd like to join my Poland McKinley Elementary Counselor Connection REMIND, you will get the latest updates texted right to your phone. **To join my REMIND, text the number 81010 and text the message: @f7aag9.**

If you have any questions or concerns regarding the school counseling program or would like me to meet with your child, please do not hesitate to contact me directly at **(330)-757-7014x37419** or email at **mrowan@polandschools.org**. I look forward to connecting and working with you throughout the school year to help ensure your child's success in school and life in general. We are going to have a great school year!

Warm Regards,  
Mary Jo Rowan  
School Counselor  
Poland McKinley Elementary  
[mrowan@polandschools.org](mailto:mrowan@polandschools.org)