

# Ferdinand Elementary September Menus

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> <b>B:</b> French Toast, Fruit, Juice <b>L:</b> Pepperoni Pizza Stick French Fries Green Peppers Grapes	<b>2</b> <b>B:</b> Breakfast Pizza, Fruit, Juice <b>L:</b> Fish Sticks Mac n Cheese Black Beans, Broccoli Applesauce
<b>5</b> <b>LABOR DAY</b>  <b>NO SCHOOL</b>	<b>6</b>  <b>NO SCHOOL</b>	<b>7</b> <b>B:</b> Biscuit & Gravy, Fruit, Juice <b>L:</b> Country Fried Steak Mashed Potatoes and Gravy Corn Cookie Mixed Fruit	<b>8</b> <b>B:</b> Egg Patty, Sausage, Toast, Fruit <b>L:</b> Corn Dog Sweet Potato Fries Peas Peach Cobbler	<b>9</b> <b>B:</b> Breakfast Bar, String Cheese, Fruit, Juice <b>L:</b> Bosco Cheese Stick with Marinara Sauce Mixed Vegetables, Tator Tots Pineapple Chunks
<b>12</b> <b>B:</b> Cereal, String Cheese, Fruit <b>L:</b> Chicken and Dumplings Green Beans Carrots Peaches	<b>13</b> <b>B:</b> Fruit and Yogurt Parfait with Granola, Juice <b>L:</b> Popcorn Chicken Mashed Potatoes with Gravy Kidney Beans Oranges	<b>14</b> <b>B:</b> Biscuit & Gravy, Fruit, Juice <b>L:</b> Hot Dog or Polish Sausage Curly Fries Sauerkraut Broccoli Applesauce	<b>15</b> <b>B:</b> Assorted Muffin, Fruit, Juice <b>L:</b> Pork Tenderloin Sandwich Romaine Lettuce Tomatoes Diced Pears	<b>16</b> <b>B:</b> Cinnamon Roll, String Cheese Fruit, Juice <b>L:</b> Chicken Patty Sandwich Potato Smiles Tomatoes Banana
<b>19</b> <b>B:</b> Cereal, String Cheese, Fruit <b>L:</b> Chicken Nuggets Potato Wedges Roasted Corn Strawberries	<b>20 National Pepperoni Pizza Day</b> <b>B:</b> Pancakes, Fruit, Juice <b>L:</b> Stuffed Crust Pepperoni Pizza Salad Mixed Vegetables Mixed Berries	<b>21</b> <b>B:</b> Biscuit & Gravy, Fruit, Juice <b>L:</b> Deli Turkey and Cheese Sandwich Buttered Noodles Peas Cauliflower Cinnamon Apples	<b>22</b> <b>B:</b> Assorted Muffins, Fruit, Juice <b>L:</b> Pork BBQ or PBJ Sandwich Potato Smiles Pickle Spear Mixed Fruit	<b>23</b> <b>B:</b> Cinnamon or Fudge Pastry String Cheese, Fruit, Juice <b>L:</b> Cheese Quesadilla or Burrito Chips and Salsa Refried Beans Mandarin Oranges
<b>26 National Pancake Day</b> <b>B:</b> Cereal, String Cheese, Fruit <b>L:</b> Pancakes Sausage Hash Brown Patty Cauliflower Orange Juice	<b>27</b> <b>B:</b> Blueberry Pancake/Sausage Stix Fruit, Juice <b>L:</b> Chicken Alfredo Side Salad, Cucumbers Bread Stick Mixed Fruit	<b>28</b> <b>B:</b> Biscuits & Gravy, Fruit, Juice <b>L:</b> BBQ Meatballs Sun Chips Carrots Peas Apples Slices	<b>29</b> <b>B:</b> French Toast, Fruit, Juice <b>L:</b> Hamburger or Cheeseburger French Fries Tomatoes Diced Peaches	<b>30</b> <b>B:</b> Warm Cinnamon Oatmeal Round, Fruit, Juice <b>L:</b> Stuffed Crust Cheese Pizza Tator Tots Lima Beans Applesauce

