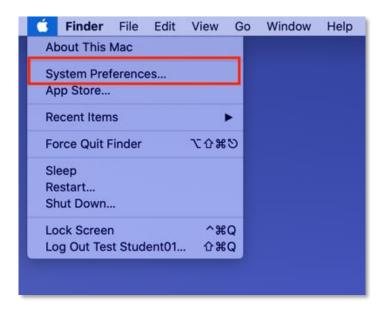
Setting Up Screen Time on a MacBook

1. To begin setting up Screen Time, click on the black apple **S** in the top left corner of the screen.

Finder File Edit View Go Window Help

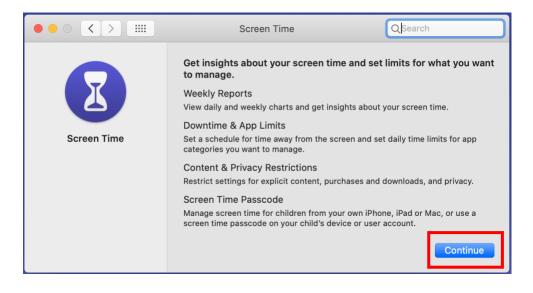
2. Click on "System Preferences".



3. Click on "Screen Time".



4. Click "Continue" to set up.



5. Click "Turn On" to start setting up the different features of Screen Time.



6. Check the box next to "Use Screen Time Passcode". This enables you to secure the settings and to allow for more time when set limits expire.

••• < >	Screen Time	Q Search
TS	Screen Time for this Mac: On Share across devices You can enable this on any iPhone, iPad, or Mac signed in combined screen time.	Turn Off
Test Student01	Use Screen Time Passcode Use a passcode to secure Screen Time settings, and to a limits expire.	Change Passcode
App Usage	Set up Family Sharing to use screen time with you Set up Family Sharing	ır family's devices.

7. Enter in a 4-digit passcode. It will require you to enter the passcode in twice.

IMPORTANT: Write this code down or record it in a safe place!

R	
	Set a Screen Time Passcode
	Cancel

8. It will prompt you to enter in an Apple ID. This is in case you forget your Screen Time passcode, you can log in with your Apple ID instead. If you do not have an Apple ID, you can create one here: <u>https://appleid.apple.com/account</u>.

IMPORTANT: If you skip this step and forget your passcode, the only way to change or remove the Screen Time settings will be to <u>erase all the data</u> on the computer.

	creen Time Passcode Recovery	
	you forget the Screen Time passcode, you can use y eset it.	our Apple ID t
	Apple ID: example@icloud.com	
F	orgot Apple ID or Password?	
	Ski	D Nex

Screen Time Reports

The following are reports that you get when using Screen Time.

1. App Usage reports the time spent in each application.

••• < >	Screen Time	Q Search
	Today, De	ecember 16 0 🕻 Today >
TS Test Student01		
Sapp Usage	As this device is used, screen ti	ime will be reported here.
Notifications		
Pickups		
 Downtime App Limits Communication Always Allowed Content & Privacy 	Show: Apps Categories	Time Limits
Options		- ?

2. Notifications reports how many notifications pop up while the computer is in use.

••• < >	Screen Time	Q Search
	Today, Do	ecember 16 C Today >
TS Test Student01		
Sep Usage	As this device is used, screen to	ime will be reported here.
Notifications		
Pickups		
0 Downtime		
App Limits	Apps	Notifications
Communication		
Always Allowed		
O Content & Privacy		
Options		- ?

3. Pickups reports how many times the device was opened or turned on.

••• < >	Screen Time	Q Search
	Toda	ay, December 16 0 🕻 Today 🗦
TS Test Student01		
App Usage	As this device is used, scre	een time will be reported here.
Notifications		
Pickups		
0 Downtime	Apps	Pickups
App Limits	vhh2	Fickups
Communication		
Always Allowed		
Content & Privacy		
Options		- ?

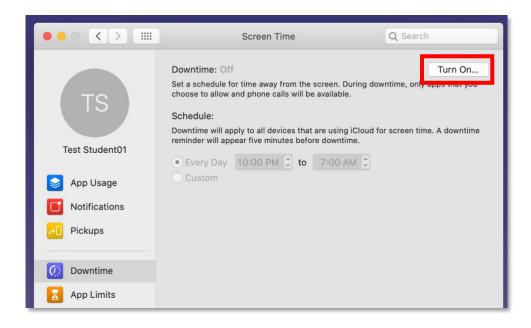
Settings

The following settings are available to manage your child's device. You set-up and change the settings by clicking on them in the menu on the left-hand side.

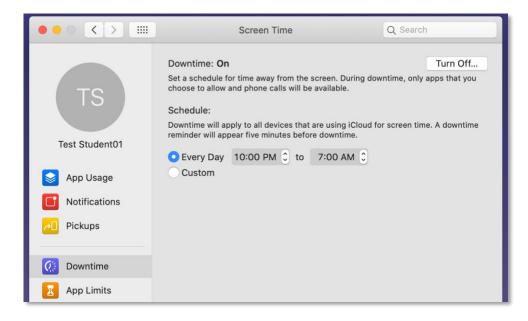
••• < >	Screen Time Q Search
	Today, December 16 ≎ < Today >
TS Test Student01	
App Usage	As this device is used, screen time will be reported here.
Notifications	
Pickups	
 Downtime App Limits Communication Always Allowed Content & Privacy 	Show: Apps Categories Time Limits
Options	- ?

Downtime

1. To set up Downtime, click Turn On.



2. Schedule time where the computer, or certain apps, are inaccessible. You can schedule a daily downtime or customize it.



App Time

App Time allows you to manage the amount of time your child spends on specific applications.

1. Click "Turn On" in the upper right corner, then click the + sign at the bottom to add limits.

••• <>	Screen Time	Q Search
TS	App Limits: On Set daily time limits for app categories you want day at midnight.	Turn Off to manage. App limits reset every
13	Limits	Time Amount
Test Student01		
Npp Usage		
Notifications		
Pickups		
😥 Downtime	App limits apply to all devices that are using iClo	ud for screen time. A notification will
App Limits	appear five minutes before the limit expires.	
Communication		Edit Limit

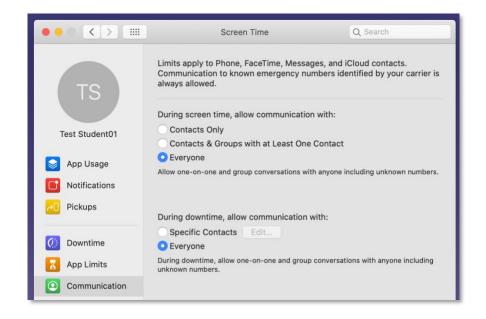
2. Click the checkbox next to any application you wish to put a restriction on and indicate the maximum amount of time spent daily. This can also be customized by clicking on custom.

ops, ca	ategori	es, and websites:	Q Search
			Daily Average
	-	All Apps & Categories	7s
	A	Games 1 app and all future apps	Os
	Q	Social Networking	Os
	₩.	Entertainment	Os
	•	Creativity	Os
	1	- · · · ·	•

Communication

Communication allows you to manage communication apps.

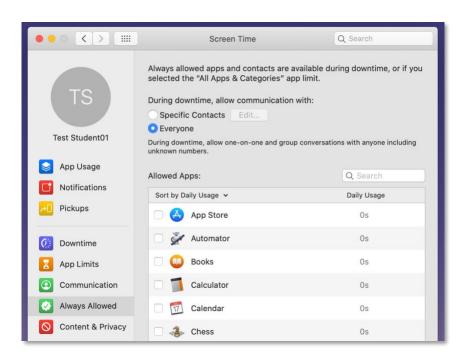
1. Click on the allowances or restrictions you wish to set up.



Always Allowed

The Always Allowed menu allows you to choose which applications will be accessible, even during Downtime or regardless of limits created on App Limits.

1. Click on the checkbox next to the app that you would like to Always Allow.



Content and Privacy

Content and Privacy can be used to change the settings on what is restricted or allowed. These settings mainly affect Safari, and NOT Chrome or Firefox.

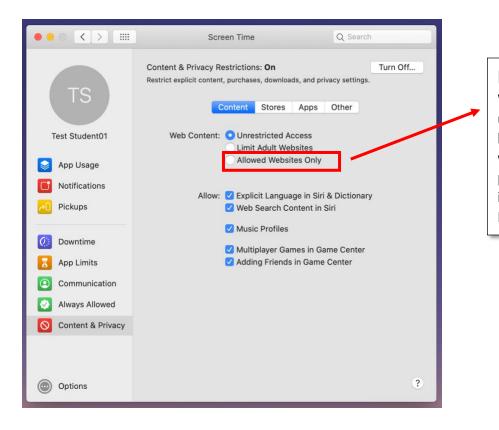
IMPORTANT: The tech office does not recommend modifying the "Content" restrictions setting at this time due to possible conflicts with settings we have already enabled for all devices.

Also, if the Allowed Websites Only function is enabled, it will cause most websites to show errors when loading, keeping students from accessing their district logins.

1. Click "Turn On" in the upper right corner.

	Screen Time	Q Search
TS	Content & Privacy Restrictions: Off Restrict explicit content, purchases, download Content Stores	Turn On ds, and privacy settinge.
Test Student01	Web Content: O Unrestricted Ac	
	Limit Adult Web	
Sep Usage	Allowed Websit	es Only
Notifications		
	Allow: Z Explicit Language in Siri & Dictionary	
Pickups	✓ Web Search Co	ntent in Siri
	✓ Music Profiles	
0 Downtime	✓ Multiplayer Gan	nes in Game Center
App Limits	 Adding Friends 	in Game Center
Ocommunication		
Always Allowed		
O Content & Privacy		
Options		?

2. Click on the options you wish to allow or restrict.



REMINDER: "Allowed Websites Only" restricts users to just the websites listed. This will interfere with research, class projects, and other instructional assignments. It is **NOT** recommended.

••• < > ==	Scre	en Time	Q Search
TS	_	, purchases, o	On Turn Off downloads, and privacy settings.
Test Student01	Ratings for:	United St	ates ᅌ
App Usage	Allowed Content:	Movies TV Shows Apps C Explicit	Allow All Movies Allow All TV Shows Allow All Apps Books
Pickups			Music, Podcasts & News
C Downtime	Allow on iOS:	✓ Deleting ✓ In-app F	J Apps Purchases
Communication	Require Password:	 Always I Require 	after 15 minutes
Always Allowed			a password for additional purchases after purchase from the iTunes, Book, or App Store.
Oontent & Privacy			
			?
Options			÷



••• < > ==	Screen Time	Q Search
TS	Content & Privacy Restrictions: On Restrict explicit content, purchases, downloads, an Content Stores App	ps Other
Test Student01	Restricting changes locks the current settings. The required to make changes. Restrictions affect iOS of	
 App Usage Notifications Pickups 	Allow Changes: Allow Changes Account Changes Cellular Data Change Do Not Disturb While TV Provider	Driving
 Downtime App Limits Communication Always Allowed Content & Privacy 	✓ Background App Acti Open Privacy Setti	
Options		?