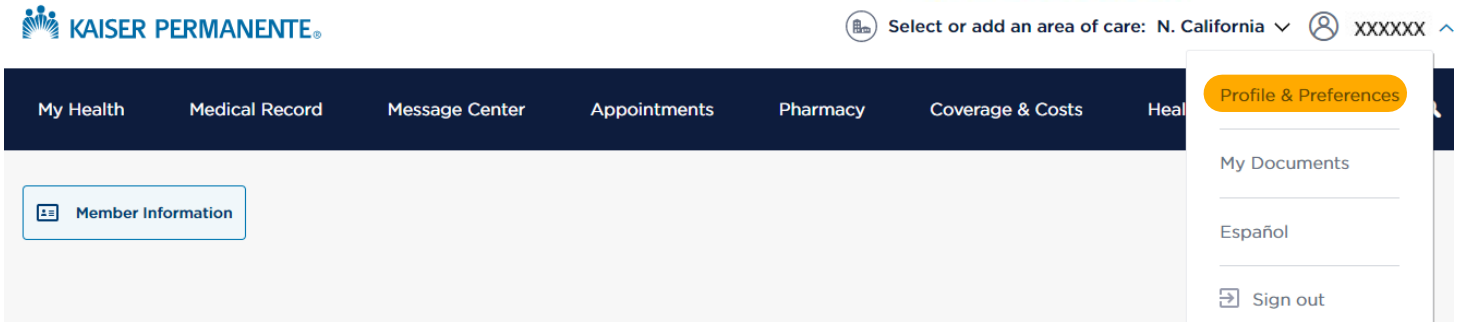


Use the arrow to select
"Profile & Preferences"



Profile and preferences

Select "Member Information"
from Profile and preferences options

Additional information available
We see you've received care in different Kaiser Permanente areas. Some features and information may not be available in the area of care you've selected. Additional information might be available by selecting a different area of care.

- Member information**
View medical coverage, areas of care, and plan information.
- Account information**
View or change user IDs, passwords, and secret questions.
- Personal Information**
View or update your name and contact information.

1. From the Member Information page (below), click/use the printer icon (**NOT a Screen shot**)
2. Change the printer to "Save as PDF", "Adobe PDF" or any other PDF option available.
3. Save the PDF document to your computer or device using your name as the file name.
4. Send to Benefits Dept. as instructed using email (preferred), mail or district mail courier.

