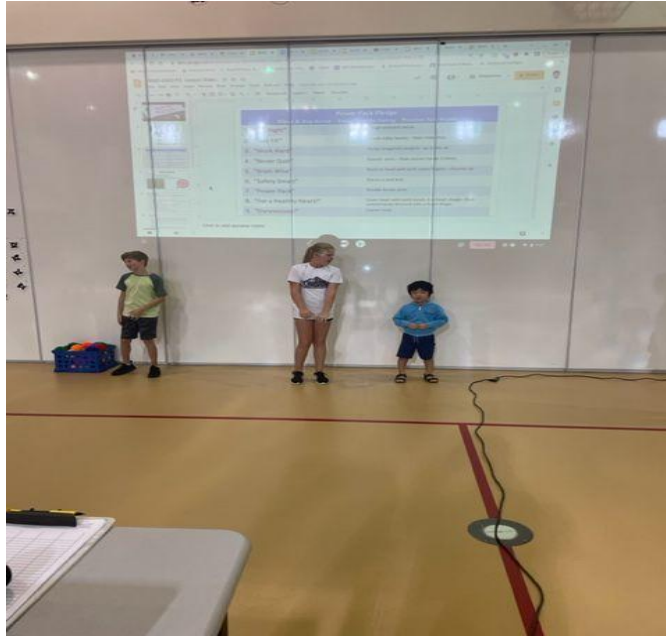


Physical Education: September News

In physical education, students in grades K-5 have been learning and reviewing rules and procedures in the gym along with the Power Pack Pledge.



Students have been focused on creating a positive learning environment by working together in a variety of ways. In grades k-1 our focus on Social Emotional Wellness includes demonstrating respect for self, others, and equipment along with demonstrating the ability to follow the rules or directions to a game. (Pictured below, students in 1st grade are playing a collaborative game called “Box-Cars”).



Students in grades 2-5 have been working social emotional wellness with an emphasis on demonstrating positive social behaviors and interactions.

Pictured below are students engaged in a variety of team building activities.



Pass it Around



Group Juggling

As we begin the month of September, students will perform our fall personal best day (walk/jog/run) and practice setting individual fitness goals.

Students in 3-5th grade will also perform and record their Fall Pacer Test. Top performers on these measurements in grades 4-5 will receive an invitation to participate in the Annual Adams 12 Elementary Cross Country Race.