

SEPTEMBER | 2022



JMES Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
5	6	7 Warm Cinnamon Rolls Fruit or Juice Milk	8 Sausage Pancake Wrap Fruit or Juice Milk	9 Breakfast Sandwich Fruit or Juice Milk
12 Assorted Muffins Fruit or Juice Milk	13 Sausage Gravy over Biscuit Fruit or Juice Milk	14 Pancakes w/Syrup Fruit or Juice Milk	15 Oatmeal w/Yogurt & Berries Fruit or Juice Milk	16 Breakfast Pizza Fruit or Juice Milk
19 Assorted Muffins Fruit or Juice Milk	20 French Toast Sticks Fruit or Juice Milk	21 Waffles w/Syrup Fruit or Juice Milk	22 Sausage Pancake Wrap Fruit or Juice Milk	23 Breakfast Sandwich Fruit or Juice Milk
26 Assorted Muffins Fruit or Juice Milk	27 Warm Cinnamon Sugar Donuts Fruit or Juice Milk	28 Warm Cinnamon Rolls Fruit or Juice Milk	29 Oatmeal w/Yogurt & Berries Fruit or Juice Milk	30 Breakfast Pizza Fruit or Juice Milk

News

Breakfast \$1.50
Reduced \$.30

Lunch \$2.60
Reduced \$.40

Extra milk, water bottles and snacks available to purchase.

Entrée substitutions are PBJ, Uncrustables, Yogurt & String Cheese or Salad.

No charging Allowed for JMES Students.

This Institution is an Equal Opportunity Provider.