

Monday
Tuesday
Wednesday
Thursday
Friday


Holiday

5

 Bagel & Yogurt
 Fresh Fruit & Vegetables
 Milk Variety

6
Pre-K & K 1st Day
 Tacos
 Fresh Fruit & Vegetables
 Milk Variety

7

 Chef Salad
 Fresh Fruit & Vegetables
 Milk Variety

1

School Closed

2

 Chicken Salad Sub
 Fresh Fruit & Vegetables
 Milk Variety

12

 Mac & Cheese
 Fresh Fruit & Vegetables
 Milk Variety

13

 Chicken Tenders
 with a Dinner Roll
 Fresh Fruit & Vegetables
 Milk Variety

14

 Cheeseburger on a Bun
 Fresh Fruit & Vegetables
 Milk Variety

15

 Pizza
 Fresh Fruit & Vegetables
 Milk Variety

16

 Chicken Patty Sandwich
 Fresh Fruit & Vegetables
 Milk Variety

19

 Pasta & Meatballs
 Fresh Fruit & Vegetables
 Milk Variety

20
Early Dismissal
****Ham & Cheese Wrap**
 Fresh Fruit & Vegetables
 Milk Variety

21

 Chicken Caesar Salad
 Fresh Fruit & Vegetables
 Milk Variety

22

 Pizza
 Fresh Fruit & Vegetables
 Milk Variety

23

 Hot Dog on a Bun
 Fresh Fruit & Vegetables
 Milk Variety

26

 Popcorn Chicken
 with a Dinner Roll
 Fresh Fruit & Vegetables
 Milk Variety

27

 French Toast & Sausage
 Fresh Fruit & Vegetables
 Milk Variety

28

 Glazed Chicken
 Drumstick w/ Dinner Roll
 Fresh Fruit & Vegetables
 Milk Variety

29

 Pizza
 Fresh Fruit & Vegetables
 Milk Variety

30

SPSD is hiring!

 Check out schoolspring.com OR

 Contact Shawn Perry at: perrysh@spsdme.org


Please contact the nutrition office at 767-3266 ext. 3842 with any questions.

The South Portland School Nutrition Program offers FREE school lunch meals to all enrolled participants

Additional entrée daily items to include but not limited to deli & salad options. Please contact your school for specific inquiries.

Fresh fruits & vegetables to include but not limited to apples, oranges, bananas, peaches, pears, red/orange & starchy vegetables, dark leafy greens, legumes, other sub groups

