

Monday

Tuesday

Wednesday

Thursday

Friday



Holiday

5

Chef's Choice
100% Juice
Fresh Fruit
Milk Variety

6

Pre-K & K 1st Day
Assorted Breakfast Breads
100% Juice
Fresh Fruit
Milk Variety

7

Breakfast Cereal
100% Juice
Fresh Fruit
Milk Variety

8

School Closed

2

Assorted Bagels
100% Juice
Fresh Fruit
Milk Variety

12

Yogurt
Sweet Crackers
100% Juice
Fresh Fruit
Milk Variety

13

Breakfast Cereal
100% Juice
Fresh Fruit
Milk Variety

14

Oatmeal Rounds
100% Juice
Fresh Fruit
Milk Variety

15

WG Donut Ring
100% Juice
Fresh Fruit
Milk Variety

16

Assorted Muffins
100% Juice
Fresh Fruit
Milk Variety

19

Breakfast Cereal
100% Juice
Fresh Fruit
Milk Variety

20

Early Dismissal
Assorted Breakfast Breads
100% Juice
Fresh Fruit
Milk Variety

21

Breakfast Pizza
100% Juice
Fresh Fruit
Milk Variety

22

Mini Waffles
100% Juice
Fresh Fruit
Milk Variety

23

Assorted Bagels
100% Juice
Fresh Fruit
Milk Variety

26

Yogurt
Sweet Crackers
100% Juice
Fresh Fruit
Milk Variety

27

Assorted Breakfast Bars
100% Juice
Fresh Fruit
Milk Variety

28

Oatmeal Rounds
100% Juice
Fresh Fruit
Milk Variety

29

Breakfast Cereal
100% Juice
Fresh Fruit
Milk Variety

30

SPSD is hiring!

Check out schoolspring.com OR

Contact Shawn Perry at: perrysh@spsdme.org



Please contact the nutrition office at 767-3266 ext. 3842 with any questions.

The South Portland School Nutrition Program offers FREE school breakfast meals to all enrolled participants

Common everyday items include but not limited to assorted cereal, breakfast sandwiches, muffins, breads, buns, frudels, and more, dependent upon style of operation

Assorted milk includes a variety of 1%, nonfat, or flavored milk.

