

November 4, 2019



# DEPAUL CATHOLIC HIGH SCHOOL

## Spartan Sentinel

Welcome to the Spartan Sentinel, our bi-weekly electronic newsletter for all things DePaul Catholic.

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### **A message from the President For our Spartan Senior Citizens**

Dr. Robert Stickles, Ed.D., J.D.

If, like me, you've reached the hallowed age of 70 and a half years (70 1/2), and have also been lucky enough to put some money away in an IRA, you are now subject to the rules that govern the Required Minimum Distribution ("RMD"). The RMD is a certain amount that Uncle Sam insists you withdraw from your IRA each year which he'll count as part of your income for that year and tax it. But to avoid income tax on part or all of your RMD, you can designate those dollars as a Qualified Charitable Distribution ("QCD") and avoid federal taxes altogether. So, for example, if your RMD for a given year is \$10,000, you could designate \$2,000, say, as a contribution to your favorite 501(c)(3) charity and owe federal income tax on just \$8,000. This is a particularly useful move, since the changes made in the tax code that have limited the deductibility of state and local taxes while at the same time raising the standard deduction. By using a QCD, a taxpayer can claim the standard deduction and still get the benefit of her/his charitable donations, effectively reducing her/his tax liability while helping a favored organization.

Now for the "ask:" Some of you may still have to take your RMD for 2019. If you're in that group, I ask that you consider making a QCD with DePaul Catholic as the beneficiary. Ditto for everyone, for next year, and the years thereafter, when you'll have to take more RMDs. By doing so, you can (probably) help yourself while helping DePaul, a win all around - except, of course, for our Uncle in DC.

A caveat: while I'm a lawyer, I'm not a tax lawyer, so you should speak with your own tax professional before taking any action along these lines. Certain terms and limitations apply, and you'll want to ensure that they've been addressed in your particular case. Should you need any information from us, just let me know.

Thanks for your consideration.

St. Vincent DePaul, pray for us!

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### **Principal's Corner** Mr. Russell Petrocelli

Dear Spartan Community:

On Monday night, October 28, I was honored to accompany 10 of our students to the Tri-County Scholarship Fund 38th Annual Awards Dinner at the Hanover Marriott. If you are unfamiliar with the

work of Tri-County, they are an organization that raises money for the sole purpose of distributing academic scholarships to students who live in the Paterson Diocese and attend Catholic/private schools. 58 DePaul Catholic High School students receive this scholarship, which is \$4,000 per student, and totals \$232,000 received in financial assistance from the Tri-County Scholarship Fund. Attending this dinner was a great opportunity for the students to mingle and have conversation with the many supporters who care about providing educational opportunities for students in the Diocese of Paterson.



On November 1, the first marking period of the school year came to a close. When I addressed the students at our All Saints Day Mass, I asked them if they had accomplished 25% of their goals and, if they had not, what corrective actions were they taking to reach these goals. I always remind the students that the school year is a marathon and not a sprint. You cannot decide in May that you want to be successful...it is a yearlong endeavor.

Please visit this newsletter on a regular basis to be brought up to speed on the happenings across the campus. If you are a graduate and are in the neighborhood, please stop in and say hello.

St. Vincent DePaul...Pray for Us!

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## **Moving Forward...**

Mr. John Merritt '71

**Vice Principal, Student Life**

### **Issues and no answers**

In order to properly understand and appreciate high school one must have cafeteria duty for a week. Cafeteria duty is something that education school never teaches you about because the true experience of cafeteria cannot be re-created in a classroom.

The highlights of cafeteria duty for me include:

- Watching where the kids sit (same seat week after week after week)
- Telling the seniors to stop cutting in line in front of the freshmen
- Admiring how much the kids can eat in one sitting
- Talking to the kids about upcoming events, games etc.
- But the best is walking by a table and catching just a quick portion of a group of students' conversation.

A table full of 9th and 10th grade girls has one topic only, boys. The comments often sound like the following:

- Did he text you?
- Do you like him?
- Did he sit by you?
- Is he going to the game?
- Do you think he likes you?

Followed by:

- I'm mad because he promised to text me.... And did not.
- I saw him talking to so and so (another female).
- I hate him.
- He lied to me.

Of course the above is only a small sample of what I have heard as I walked past a table. The best I can say for the young ladies is that .... they have issues with no answers!

Unlike the famous Sunday morning news program **Issues and Answers** hosted by Bob Schieffer.

But seriously, isn't that high school? Are we not in high school for 4 years to begin to find the answers? It is called growing up. It is why the conversations of freshmen and sophomores are so different from those of juniors and seniors. Juniors have learned some of the answers. Seniors have learned even more.

It is also why your guidance as freshman and sophomore parents and grandparents is so important as to **not let your children grow up too fast**. And believe me, many freshmen and sophomores think they are 15 going on 35. The wonder and innocence of youth should be savored and not rushed, but WOW these kids want to rush.

Simple suggestions to slow down the rush

- Continue Family Dinners as long as you can.
- Continue to vacation.... Together as a family as long as you can.
- Make your daughter's boyfriend come to your door and not just beep the car horn.

If the boy just beeps the horn and does not come to your door, mom or dad should go out and get into the car with the boy. (Works every time. He will never just beep again!)

- Meet your child's friends.
- Set curfew hours and stick with it.
- Be proud and honored when your child exclaims "You don't understand".

This proclamation is a very high compliment and honor for any parent. Sometimes the proclamation is followed by time tested, "I hate you" announced by the child.

Your children need your guidance as parents, both through example and with words as they are learning the answers to their issues.

Freshmen and Sophomores really are..... Issues with no Answers (even when they think they have all the answers).

Happy Parenting.

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## Spartan Nation

Congratulations to Alyssa Winkler (Soccer) and Matthew Luehs (Soccer) for being named Moe's Student-Athletes of the Month for October.

The Girls Soccer Team defeated Lakeland 4-0 in the Passaic County Final on Saturday, October 26th. The Lady Spartans are now back to back County Champs. Congrats ladies!

Boys Soccer advanced to the second round of states, defeating Morris Catholic 1-0.

Girls Volleyball ended their season with a victory over Paramus Catholic on Senior Night.

The Spartan Football Team had a huge victory over Bergen Catholic on Saturday, November 2nd. The Spartans defeated the Crusaders 31-28 in Oradell. Congratulations, boys!

The football state playoff seedings were held on Sunday, November 3rd. The Spartans received the number 1 seed and a first round bye.

## Important Dates From The Athletic Department, 2019-2020

- **March 19th**- Athletic Hall of Fame Induction Ceremony (@ The Grove)
- **June 15th** - 27th Annual DePaul Catholic Golf Classic (@ North Jersey Country Club)

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**Welcome, Future Spartans!**

Mrs. Brynn Merritt Campbell

Hi, Everyone!  
October was a blur in the Admissions Office.

We've just wrapped up our first month of Shadow appointments where we hosted approximately 130 prospective Spartans. Our two major Fall Open Houses have passed with overwhelming numbers. In fact, they were so well attended, we decided to add a "Last Chance" Mini Open House in just a few weeks. This event will take place during *Discover Catholic Schools Week*, and, as always, we are excited to show off our school.

Applications are rolling in. Academic Scholarship Interview slots are booking up quickly. And we are excited to see many of you at the HSPT test this Friday, even if you aren't so excited to take the test. Remember our advice: get a good night sleep, eat breakfast, and, like my mom always said to me, be sure to pull your ear to turn your brain on before the test starts. You'll be just fine!

We can ALWAYS be reached at [admissions@dpchs.org](mailto:admissions@dpchs.org), or, if you use a phone for something other than texting and social media (I applaud you!), you can call 973.694.3702, ext. 442 Monday - Friday, 8:00am - 3:00pm.

Go Spartans!

**Shadow Days**  
Now Available!  
Come Spend A Day As A Spartan!  
[Register Here](#)

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**HSPT Test**  
Friday, November 8th  
**Online Registration has closed. Please contact Mrs. Darlene Saporito (973.694.3702, ext. 442) to reserve your walk-in spot.**  
This test is required for all 9th grade applicants. Our school code is 145.  
DePaul is a testing site.

*Still The Place To Be...*

Announcing our first ever  
"Mini Open House"

**Tuesday, November 19th**  
6:30pm - 7:30pm  
1512 Alps Rd, Wayne

Learn about our 8th Grade Prep  
Meet with the Administration  
Final look before applications are due

RSVP:  
[www.depaulcatholic.org](http://www.depaulcatholic.org)  
[admissions@dpchs.org](mailto:admissions@dpchs.org)



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**Apply Today!**  
Applications for the Class of 2024 are now being accepted. Please submit them by December 6th for a January decision.  
**[APPLY HERE](#)**

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**Already applied? Here are your next steps.**

Download this form, fill it out, and turn it in to your current school to have your records released to us.

### **Release of Records Form**

You'll also need this **teacher recommendation form**.

Would you like to be considered for an **Academic Scholarship**? You (and one parent) must have a short interview with a member of our Administrative Team. **You can reserve your spot here.** Please contact Mrs. Darlene Saporito with questions. (973.694.3702, ext 442)

The window to apply for **Tuition Assistance** is open. You will need to visit <https://online.factsmgmt.com/signin/3k377>  
**You will also need to send this form back to the Admissions Office.**

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## **Senior Halloween Parade**





## What's Happening At DPCHS?

Mrs. Coleen Brophy '79

Director of Special Events & Alumni Relations

## News From The Alumni Association

October 4, 2019

### Alumni Association Homecoming Football Kick-Off event (DPC vs St Peter's Prep) at DPCHS

More than 100 Alums and family members came together to celebrate the first official Alumni Association sponsored event for 2019-20 school year. Alums from each of the 6 decades that DePaul Catholic has been in existence gathered for a cocktail party and buffet held in the Info Commons room. Feedback from those Alums that attended said they had a great time and look forward to future Association sponsored social events. Special thanks goes to the event committee that did all the planning and execution for this successful Association event: Debbie Lozito '78, Bernadette Wiltshire '73, Judy Gorski '75, Coleen Brophy '79, Sr. Jeanne Agans, Vice Principal, Darlene Saporito, Development Office, and Donna DiPiano, Alum Parent.

## School Counseling

Mrs. Anne Gregory

Director of Guidance

Happy Halloween!

College application season is in full swing. Students have been applying to many colleges and universities. If a student or parent needs any help, please reach out to their counselor. Mr. Wooster has students with last names A-M and Mrs. Gregory has students

with last names N-Z.

First quarter has just ended. If you are not satisfied with your grades, use this as motivation to improve. You have three quarters left with plenty of opportunities to raise your final year grade. Our teachers are very dedicated and available for extra help. In addition, we have an academic tutoring program, where National Honor Society students are available to tutor our students. The application is in the School Counseling Office.

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## Community FoodBank Donation

Mrs. Bathany Dacles

According to Feeding America, 37 million people in the United States, which equates to over 10% of the population, struggle with the unfortunate reality that is hunger. In a time when many are grappling with this pressing issue in society, Zachary Ruighaver, sophomore, found it fitting to lead a service project to help feed the hungry. With the help of his Confirmation class at St. Mary's Church in Pompton

Lakes, he collected plenty of nonperishable food items, including canned goods and pasta boxes, to be donated. These items were given to Catholic Charities and the Community Food Bank of New Jersey, which are two incredible organizations dedicated to serving those in need. Because there is an alarming amount of people in our country combating the hunger epidemic, projects like these truly make a difference in our local community as well as in the entirety of American society. Well done, Zach!

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## Rally For Life

Mrs. Val Haggerty

On October 25th 2019, some DePaul Catholic students participated in the Rally For Life held at Morris Catholic High School. With youth from several Catholic High Schools, the DePaul students attended an opening mass with amazing choral accompaniment, listened to speakers from *Lifenet*, and partook in many more topical activities that were included in this rally. Our students learned many new ways to defend life in our current culture. It was an amazing day!



## Cultural Activity

Ms. Ashly Espinoza

During last week ESOL students worked on a class project, titled "How to make a pizza". This project required research based on basic ingredients and the origin of this popular Italian meal. After

students completed the project they had the opportunity to visit a pizza place in our neighborhood. Students enjoyed a delicious pizza and had a firsthand cultural experience.



## Forensic Public Speaking

Ms. Oresta Ferrito

So once again the forensic public speaking members are on the road. They competed at Mount Saint Mary Academy and all did very well. Our next meet will be home, so all you past members please stop on by and check it out. As usual there will be donuts.



## Thanksgiving Food Drive

Mrs. Bethany Dacles

The Interact Club lines up the Turkey Boxes in preparation for DePaul's annual Thanksgiving Food Drive. Each homeroom will collect enough food to feed one family, and students may leave their donations in the boxes in their homerooms. Other members of the DePaul Catholic Family may donate in the box located in the Main Lobby. All food will be given to the Catholic Charities for the Diocese of

Paterson. **The food drive will end on Tuesday, November 12.** Plastic jars only, please.

Thank you for your support.

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## News From The Theology Department

Mrs. Patty Bullman

On, Friday, November 1st, we celebrated our All Saints Day Mass. At that Mass, our community reflected on our loved ones who have passed away and remain in our hearts. We prayed together as the names of the deceased were shared at the end of the Mass.

We are also getting ready for many of our grade level retreats this month. The Freshman are on a field trip on November 8. The Sophomores will stay at school on November 8 for a retreat on choices and consequences with guests sharing their witness from the Straight and Narrow community. The Juniors will head to the Community Food Bank of NJ in Hillside for a service retreat and then to the Cathedral of St. John the Baptist in Paterson. The Seniors are off from school that day for college visits, however, we are preparing for their retreat on November 13th.

All students are encouraged to join Bishop Serretelli and members of the diocesan faith community in the Respect Life Mass at the Cathedral of St. John the Baptist in Paterson at 10:00am on November 16th. If you have any questions, see your Theology teachers.

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### Math Gets Physical

Ms. Bernadette Wiltshire

The students in Mrs. Bedoe's Honors Algebra 1 class traveled out to the field to participate in an activity in which they could apply concepts recently learned in class. They were timed as they hopped, jogged and ran backwards and then calculated percent change in their times. Using these concepts on a nice fall afternoon helped them to appreciate one simple way to apply this process.

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## DePaul Catholic Parents' Association WHAT'S THE SCOOP?

Our next **PA Executive Board meeting** is **Tuesday, November 19th at 7:30pm** in the DP Information Commons Room! All are welcome to attend. Hope to see you there!



### From The TRICKY TRAY COMMITTEE

The 2020 Tricky Tray theme is **Mother Earth's Garden Party!**

Save The Date....Wednesday, April 22, 2020!

Thank you to all who attended the Big Reveal and Interest meeting.

Below is a list of the Tricky Tray Committees.

Ad Journal, Basket Making, Decorating, Dinner Tickets, Female Models, Male Models, 50/50 (Night Of), Prize Runner, Prize Tickets, Prize Wheels, Publicity, Set Up, Solicitation, Super 50/50 Raffle, Wine Pull

**If you are interested in joining any committees, please contact:**

Donna DiPiano 973-766-3662 [donnam59@optonline.net](mailto:donnam59@optonline.net)

Debbie Lozito 201-214-6848 [dlodoc@aol.com](mailto:dlodoc@aol.com)

Maryann Marren 973-580-3401 [school12marren@yahoo.com](mailto:school12marren@yahoo.com)

### From The HOSPITALITY COMMITTEE

Thank You to everyone who baked and served at the October 27th

Open House. Your goodies were delicious and enjoyed by all!



**Pictured:** (Front to back) Tarah Jn-Louis, Christina Chechinski, Joan Abbiati, Susan Cabri, Yolanda Correa, Julie Sullivan, Deb Murray

**If you'd like to volunteer for any future events please contact:**

Deb Murray at 973-818-4841 [demurray@hotmail.com](mailto:demurray@hotmail.com)  
Julie Sullivan at 201-693-5629 [juliesullivan7399@gmail.com](mailto:juliesullivan7399@gmail.com)



**From The PARENT AMBASSADOR COMMITTEE**

On October 27th our Parent Ambassadors were on duty to greet and check in the families who attended our fall Open House. Our ambassadors are not only some of the first faces you meet at DePaul Catholic but they are also some of the first voices you speak to when you have an incoming freshman! As a member of the Parent Ambassador Program, you have the opportunity to meet current DP family members and share your experiences with potential

incoming families. Thank you to all who were able to attend! **Pictured:** Andie Pegel and Mina Farrell

**For more information or to help at our next event please contact:**

Andie Pegel at 973-985-0880 [atpegel@optonline.net](mailto:atpegel@optonline.net)  
Jo Spaulding at 973-800-6091 [jo@goprologic.com](mailto:jo@goprologic.com).

**From The CALENDAR RAFFLE COMMITTEE**

Drawings begin 12/25! With the holidays approaching, sell to family or buy some yourself as stocking stuffers. Please help our DePaul Family by selling your 10 raffles that went home in Sept.

**If you need more, the office has some or contact:**

Cindy Winkler [cinwinkler@optonline.net](mailto:cinwinkler@optonline.net)



Have you made your first holiday purchase? Christmas is right around the corner, so please support DePaul as you are shopping this year at no extra cost with

[smile.amazon.com](https://smile.amazon.com)

Choose **DePaul Catholic High School Inc** as your charitable organization and let the shopping begin!

Sign up for A+ School Rewards

**DePaul Catholic School**

**ID# - 08465**

<https://stopandshop.com/school-rewards>



**The holidays are a great time to clean out your closet!**

Just drop your items that are ready to move on into the bin at the back of the parking lot when you drop off or pick up your kids from school. It's an easy way to help out DePaul, help those in need and make some much needed room!

**PARENTS' ASSOCIATION COMMITTEE CHAIRS**

**Advisor-** Sr. Jeanne Agans **President-** Allison Beshada

**Secretary-** Jean Raftery, Mina Farrell

**Treasurer-** Kim Wilderson

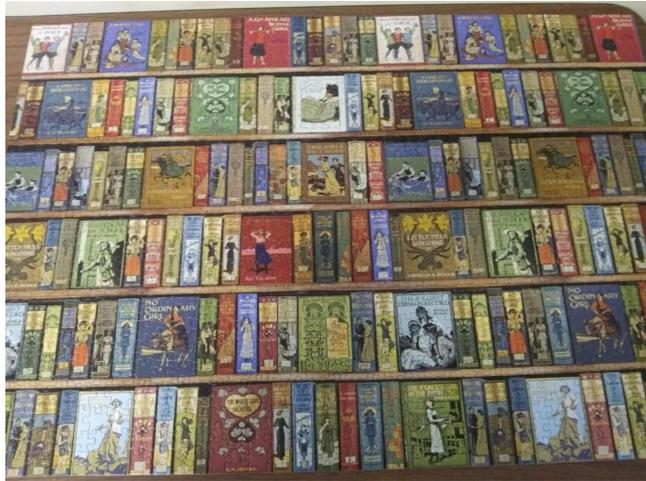
**Tricky Tray-** Donna DiPiano, Maryann Marren, Debbie Lozito

**Hospitality-** Deb Murray, Julie Sullivan **Ambassadors-** Andie Pegel, Jo

## Fun in the Faculty Room

Mr. Desi Maik

The Faculty and Staff have been working on a puzzle in the Faculty Room. Here's the finished product.



Sfc. Desi Maik, Tuba player and DPCHS employee, stands with Capt. Roy Coats, bandmaster, at the NY State Graduation - 89th Army Band Ret.

DePaul Catholic High School | 973.694.3702 | [www.depaulcatholic.org](http://www.depaulcatholic.org)

STAY CONNECTED

