



DEPAUL CATHOLIC HIGH SCHOOL

Welcome to the Spartan Sentinel, our bi-weekly electronic newsletter for all things DePaul Catholic.

Principal's Corner Mr. Russell Petrocelli

Dear Spartan Community:

Mid Term Exams are being administered from January 21 to January 24. A complete schedule has been posted and after school preparation sessions have been held to ensure that students are prepared for these exams. If students are not scheduled for an exam during a particular time period, they are not required to be present in school.

As I write this, we are preparing for our departure to Washington, D.C. on Thursday, January 23 for the March for Life. Along with other staff members and 50 students, The Right to Life Club has been preparing for this trip since the start of the school year and numerous benefactors have come forward to assist in the funding of this endeavor. As a proud member of the Knights of Columbus, I am most appreciative of the support that we have received from councils and federations in both the Paterson Diocese and the Newark Archdiocese. I will share pictures and an event wrap-up in the next issue of The Sentinel.

Catholic Schools Week will be celebrated the week of January 26 and the Accepted Students Reception for the Class of 2024 will held on Monday, January 27, 2020 from 6:30 PM to 8:00 PM. Our Catholic Schools Week Mass will be celebrated on Monday, January, 27 at 9:15 AM. All are invited to this Eucharistic celebration.

Please visit this newsletter on a regular basis to be brought up to speed on the happenings across the campus. If you are a graduate and are in the neighborhood, please stop in and say hello.

St. Vincent DePaul...Pray for Us!

Moving Forward...

Mr. John Merritt '71

Vice Principal, Student Life

The Keys To Being Great..... Well Almost Great.

When you talk to high school students sometimes your head wants to explode and at other times you just sit and listen to future success stories.

Today, the conversation was greatness, meaning how to become great at your craft. The student was discussing the process: Hard work, Preparation, enhancing God's gifts, etc. The conversation evolved into a pathway to greatness; what does it take to get there. The student understood that there were gifts from God both physical and intellectual. The student understood that those gifts could and/or would be enhanced through work and dedication.

The student was missing one other key element found in people who have achieved greatness in their craft.

The student was not considering the real pain and sacrifice a competitor goes through when striving for greatness.

Take for instance, the cross country champion. The athlete has made the decision that for 3.1 miles they will live in agony, pursuing a better time to reach the championship level. The champion runs in pain in practice and throughout the entire race, not just being uncomfortable, but in real pain in their lungs, in their legs, etc. The pain is the down payment made for the outcome: a championship.

Yes, other runners experience pain. However, when you have a physical gift from God as a runner, and you add to that preparation and then top it off with the willingness to race in pain, you have a champion.

The same is true in academics. Taking God's intellectual gifts and enhancing it through classroom work and adding the painful task of long hours of homework and studying is when you become a Principal's Honor Student.

The tough part about all this (and some will find it unfair) is that other students, without the same intellectual or physical gifts from God, may work just as hard, but will never achieve the same outcome - to become public champions either in athletics or academics. They, hopefully, will enjoy a private greatness based on knowing they did the best they could do.

It is my belief that too often we overlook God's gifts, whether they are physical or intellectual.

All outcomes for all students cannot and never will be the same. It's called life!
So what should we strive for?

Identify your gifts, work to enhance them, prepare well, then do whatever it takes, within the rules, to succeed.

The world may never view you as a public champion, but you will know that you are!

So will God!

Theology News

In the theology department we have lots of exciting things happening. We welcome two new teachers to our faculty. Ms. Dana Sevean will be teaching freshman theology, taking on some of the classes that Mr. Campanile has been teaching. Ms. AnnaMaria Bock will be teaching junior and senior college prep theology. Mr. Long will be retiring from DePaul once again and we thank him for his continued friendship and service and we pray for continued good health as he moves on. Fr. Andrew will no longer be assigned to regular instructional classes, however, he will serve the community with increased responsibilities as Chaplain.

All students have been reviewing for their exams and all students have been submitting their Christian Service papers to their theology teachers. Students are expected to have completed a minimum of five service hours at this point in the school year, however, many of our students have far exceeded their requirements. We have members of our student body who are working as EMT's, volunteer firemen, assistants at nursing homes, catechists at their parishes and more. It is a joy to see so many students embracing their call to be instruments in the Works of Mercy of our faith.

Please pray for the forty five students heading to Washington, D. C. on January 23rd. These students have embraced the call for respecting all life, from "womb to tomb" by marching with others at our nation's capital and letting their voices truly be heard. God bless Mrs. Haggerty, Fr. Andrew, Mr. Petrocelli and Ms. Hall in leading our students with this event.

Spartan Nation

Congratulations to our Swim Team, who medaled in multiple events at the Passaic County Championship last weekend:

Girls:

3rd place- Girls 200 medley relay Jamielyn Juan, Hailey Krajewski, Malia Enze, Jocinta Kitele

4th place- 200 IM Malia Enze

2nd place- 100 fly Jamielyn Juan

5th place- 100 fly Hailey Krajewski

3rd place- Girls 200 freestyle relay Jamielyn Juan, Hailey Krajewski, Malia Enze, Jocinta Kitele

2nd place- 100 back Jamielyn Juan

3rd place- 100 breast Hailey Krajewski

Boys:

3rd place- 100 back Vincent Tan

3rd place- 200 free Vincent Tan

Important Dates From The Athletic Department, 2019-2020

- **March 19th-** Athletic Hall of Fame Induction Ceremony (@ The Grove)
- **June 15th -** 27th Annual DePaul Catholic Golf Classic (@ North Jersey Country Club)

Welcome, Future Spartans!

Mrs. Brynn Merritt Campbell
Director of Marketing & Enrollment Management

DePaul Catholic High School
CLASS OF
2024



Acceptance Letters have been sent to future members of the DePaul Catholic Class of 2024 and 8th Grade Prep. The Spartans used #DPC2024 on social media to show us their excitement. Watching their reactions to receiving their 12:01am email or their giant Acceptance Packet in the mail was fantastic.

While we have already met most of the Future Spartans, we'll see them all again on Monday, January 27th at our "Welcome Home, Class of 2024 Night". This is going to be a great opportunity to bring the family together for the first of many times.

Still need to apply?

[Class of 2024 & 8th Grade Prep Apply Here](#)

Shadow Days

Come Spend A Day As A Spartan!

[Register Here](#)

DePaul Catholic 8th Grade Prep "The Place To Begin"

Looking for more information about our 8th Grade Prep Program? Please call our office to set-up an appointment with a member of our team.
973.694.3702, ext. 442



Happy New Year To Our Haidian Students

Our students who are visiting for the year from Beijing China have headed back home to celebrate the New Year with the families. They will return to DePaul in early February ready to start the second semester. While three students will be staying in China, we will be joined by a few new students for the second half of the year. We look forward to welcoming them to our community.



What's Happening At DPCHS?

Mrs. Coleen Brophy '79
Director of Special Events & Alumni Relations

Alumni Scholar Program

The Alumni Scholar Program was established this Fall by the Alumni Association with the hope of providing one to two highly qualified students the opportunity to attend DePaul Catholic High School. The goal was to be able to offer these students a \$5,000 scholarship for each of their four years at DePaul using donations from alumni. This program is available to graduating 8th grade students in one of our sending Catholic schools.



In the last few months, this program has taken off. Through the generosity of many, we are able to provide **ten** members of the Class of 2024 \$5,000 per year during their time with us. That's \$200,000 of pledged funds!

We are grateful to our Alumni Association President, Joe Laborsky '68, for devising a plan

to make this palatable to a broad range of graduates. His idea of gathering groups of 10 alums at \$500 per year was foolproof. Today, with our **ten** Class of 2024 students funded for the next four years, we have already started to plan for the Class of 2025.

For more information on this program, or to join a group for the Class of 2025, please do not hesitate to reach out to Coleen Brophy, '79 in the Advancement Office: brophyc@dpchs.org or 973-694-3702, ext. 286.

Hello, DePaul Class of 1980!

We are so excited to invite you to our 40th class reunion on April 25, 2020, and we'd LOVE to see you there. In addition to the event, we've secured a block of rooms for a group rate of \$119 plus tax at the Hyatt (27 Colonial Dr., Morris Twp., NJ 07960) in Morristown, NJ for those who'd like to stay overnight (**Click for Group Link**). We also have a Facebook group page, "DePaul Catholic High School Class of '80". Please join the group page for event updates and posting photos, etc.

Please try and mail your check by 1/31/2020. We hope to see you there!

- Carolyn Scarperi Coon (973) 214-2913
 - Linda Ossi Gaffney (908) 692-8173
 - Laura McCann Chapman (551) 486-2879
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School Counseling Office

We want to wish everyone good luck with their upcoming midterms. We have received midterm study tips from Sienna College and included them below for you.

From Siena College

When you start to get those midterm sweats, the best antidote is organization. Do you have a mountain of studying and work to do to prepare? Take a deep breath. You can totally rock this.

Make a list. This sounds obvious, but sometimes it can feel weirdly hard to just ... write things down. Maybe because confronting the total amount of work you need to do is terrifying, but writing it all down will at least show you there's a finite amount of pain ahead of you. Write down every little thing you have to do, then knock off the easiest ones. Get ahead of it a bit. And breathe.

The 15-minute trick. If you feel stuck or writer's-blocked, here's a trick: Set the timer on your phone to 15 minutes. Then spend those minutes just writing or working on your most daunting task. Then take a break. Usually you'll find that 15 minutes was all you needed to get into a groove. And if not? Then you weren't ready to groove and you needed a break! Move on to something else that requires a little less intense focus.

Disconnect. Ugh, it's so hard. But, really, you're doing yourself a favor if you put your phone on airplane mode and just step away for a while. If it makes you feel better, give yourself permission to check your phone once an hour so you have something to work toward.

Write your own study guide. This will force you to evaluate all of the material through your own brain. Write down all of the points, ideas, and facts you know you need to know for the test. And feel free to show this guide to your teacher! With their endorsement of your guide, you'll know you're on the right track.

Be kind to yourself. This sounds like self-care fluff, but, really, you're not going to get anywhere berating yourself or stressing out. Pace yourself, celebrate victories (crossing an item off your list, memorizing that date, or finally getting the hang of that equation are all victories!), get some sleep, drink water, and do your best.

Quarter 2 P.E. Volleyball Champions

Congratulations to the winners!



**JANUARY
24th
7:00pm - 11:00pm**

**DePaul Catholic
WINTER
DANCE**

**8th Grade Prep
Freshman
Sophomore
DePaul Catholic
Students ONLY**

**DJ &
Food**
Casual Dress
Attire

**Tickets in
Advance
\$10.00**
*No tickets at the door

Christmas Party



The DePaul Catholic Football Team hosted a Christmas Party and Gift-giving event for Catholic Charities Diocese of Paterson. We would like to send a Big Thank You to Dianne Macchia Hanson '82 and her Elves.

DePaul Catholic Parents' Association WHAT'S THE SCOOP?

Our next PA Executive Board meeting is **Tuesday, February 18th at 7pm** in the DP Information Commons Room! All are welcome to attend. Hope to see you there!



From The TRICKY TRAY COMMITTEE

The 2020 **Mother Earth's Garden Party** Tricky Tray is in full swing so get your tickets TODAY!

When: April 22, 2020

Where: The Westmount Country Club - Woodland Park, NJ

Tricky Tray Room doors open at 5:30 p.m.

Prize drawing starts promptly at 7:15p.m.

Tickets - \$60.00

All ticket sales will be done online.

<http://weblink.donorperfect.com/DePaulfashionshowtrickytray2020>

Please start sending in donations! Make sure to include your name and retail value of the items so we know who to credit for the donation. We are looking for donations of wine for the wine pull. Please contact Deb Murray demurray@hotmail.com or Julie Sullivan juliesullivan7399@gmail.com on how to get it to us.

Below is a list of the Tricky Tray Committees

Ad Journal, Basket Making, Decorating, Dinner Tickets, Female Models, Male Models, 50/50 (Night Of), Prize Runner, Prize Tickets, Prize Wheels, Publicity, Set Up, Solicitation, Super 50/50 Raffle, Wine Pull

If you are interested in joining any committees, please contact:

Donna DiPiano 973-766-3662 donnam59@optonline.net

Debbie Lozito 201-214-6848 dlodoc@aol.com

Maryann Marren 973-580-3401 school12marren@yahoo.com

From The HOSPITALITY COMMITTEE

On January 22, 2020 we will host the annual Teacher Appreciation Luncheon. Please consider making a monetary donation to help ensure the success of this event.

If you'd like to volunteer for any future events please contact:
Deb Murray at 973-818-4841 demurray@hotmail.com
Julie Sullivan at 201-693-5629 juliesullivan7399@gmail.com

DP DINING OUT NIGHTS

Dine Out Nights at Positano Restaurant and Pizzeria. If you haven't been able to take advantage of this delicious opportunity yet, never fear, you have 2 more opportunities to take advantage of the Spartan Special on January 23 and January 30. Please enjoy a night where they do the cooking for you and support our school at the same time.

From The CALENDAR RAFFLE COMMITTEE

It's not too late to submit your calendar raffle sheets. There are still 79 chances left to win totaling \$3600 in prizes. . You've got to be in it to win it!!! Sell to family, neighbors, co-workers or buy some yourself. Please help our DePaul Family by selling your 10 raffles that went home in Sept.

If you need more sheets contact:

Cindy Winkler cinwinkler@optonline.net
or ask Mrs. Nigro in the main office

PARENTS' ASSOCIATION COMMITTEE CHAIRS

Advisor- Sr. Jeanne Agans **President-** Allison Beshada

Secretary- Jean Raftery, Mina Farrell

Treasurer- Kim Wilderson

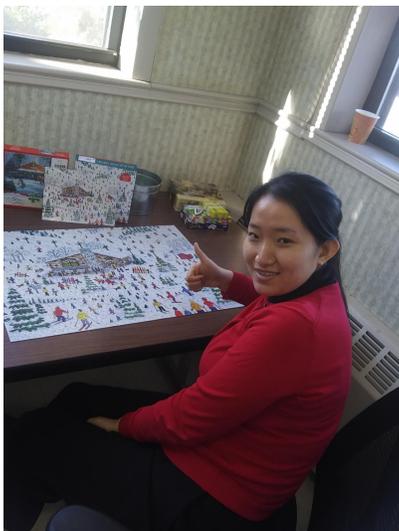
Tricky Tray- Donna DiPiano, Maryann Marren, Debbie Lozito

Hospitality- Deb Murray, Julie Sullivan **Ambassadors-** Andie Pegel, Jo

Spaulding **Calendar Raffle-** Cindy Winkler

Snack Stand- Bob Niemiec, Allison Beshada **Public Relations-** Brenda Salamon

Stop & Shop- Rosalind Tomeio



Joy, The Puzzle Master, is always sure the puzzles in the Faculty Room are finished.
Thanks, Joy!

DePaul Catholic High School | 973.694.3702 | www.depaulcatholic.org

STAY CONNECTED

