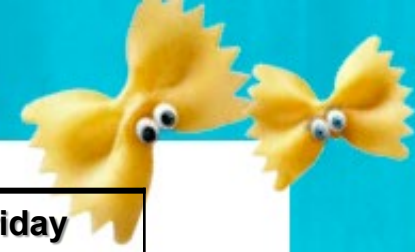


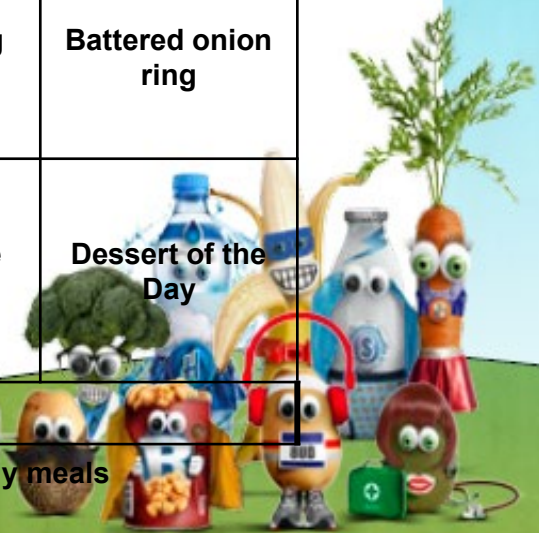
2022/2023 Menu

Week 3



	Monday	Tuesday (RMF)	Wednesday	Thursday (RMF)	Friday
Hot Main Dish	beef lasagne, salad & garlic bread	Honey chilli chicken & rice	Roast of the Day, Yorkshire Pudding, Vegetables & Oven Baked Roasters & Gravy	Chicken wrap	Beef burgers
Alternative Dish	Spaghetti Bolognese & Garlic Bread	Chicken pie	Pizza	Chilli chicken stir fry	Battered cod, chips & beans
Vegetable / Side	Spring roll	Corn on the cob	Soup/roll	Vegetable egg fried rice	Battered onion ring
Desserts	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

Fresh Fruit, Bread, Milk, Cool Water & Yoghurts served daily



Please speak to the catering manager regarding any concerns about allergens in any meals
 RMF – Read Meat Free