

Menu Cycle Week – Nutrient Analysis

Generated on: 8/30/2022 8:42:27 AM b

Menu Cycle: Elementary Lunch Week 1 All Elementary Schools
 Week: 1
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	580.27	
Total Fat (g)		21.47	33.31
Sat Fat (g)(1)	< 10.00 % of Calories	4.83	8.59
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		41.68(M)	
Sodium Target 1 (mg)(13)	< 1,230.00	922.26	
Sodium Target 2 (mg)(13)	< 935.00	922.26	
Carb (g)		75.71	52.19
Total Fiber (g)		5.93(M)	
Total Sugars (g)		37.87(M)	26.11
Added Sugars (g)		3.29(M)	
Protein (g)		24.32	16.76
Iron (mg)		2.85(M)	
Calcium (mg)		433.05(M)	
VitA (IU)		1,954.69(M)	
VitC (mg)		26.70(M)	
VitD (mcg)		0.22(M)	
Potassium (mg)		372.21(M)	
Mois (g)		27.23(M)	
Ash (g)		0.16(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA	[8.000 - 10.000]	[10.000 - 11.500](a)	
Grains	[8.000 - 9.000]	[10.000 - 11.500](a)	
Non-WGR		4.000	
WGR	>= 50.000 % of	37.500	90.36
Grain-D	<= 2.000	0.000	
Fruit	>= 2.500	5.000	
Fruit-J	<= 50.000 % of	2.500	50.00
Veg	>= 3.750	[5.250 - 8.125]	
Veg-DG	>= 0.500	2.000	
Veg-RO	>= 0.750	1.625	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	1.500	
Veg-O	>= 0.500	2.500	
Veg-X		0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-F	>= 5.000	5.000	
MILK-V		Pass	

Legend

PrimerEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)
Elem Lunch Menu Week 1	300																	
Day 1 All Elements																		
Category: Entrees; May Choose: 1																		
Chicken Tenders - LR100104 (1 ea.)	221	382.87	17.14	3.28	0.00	45.54	669.85	32.14	2.51	4.04	2.52	23.73	2.84	0.00	0.00(M)	0.00(M)	0.00	713.44
Elementary and Middle Hot Dog - LR100043 (1 ea.)	45	290.00	17.00	4.50	0.00	30.00	780.00	24.00	3.00	4.00	(M)	10.00	1.80	60.00	100.00	0.00	(M)	(M)
Elementary PB&J - LR100001 (1 ea.)	20	470.57	23.04	6.12	0.00	10.00	660.82	48.17	5.14	15.44	13.40	18.30	1.74	262.59	400.00(M)	0.00(M)	0.00	405.81
Ham and cheese sandwich - LR100204 (1 ea.)	14	305.65	9.02	2.50	0.00	62.77	1330.11	27.01	2.00	6.51	(M)	29.62	2.44(M)	100.00(M)	0.00(M)	0.00(M)	(M)	(M)
Category: Vegetables; May Choose: 2																		
Baby Carrots, 2.6 oz, VRO - CR100203 (1 ea.)	125	30.00	0.00	0.00	0.00	0.00	55.00	7.00	2.00	5.00	(M)	0.00	0.00	0.00	5000.00	6.00	(M)	(M)
Potatoes, Real Mashed Potatoes - Low Sodium with Vegetable, Baked Beans, Veg PB - CR100206 (1/2)	150	64.95	0.81	0.00	0.00	0.00	92.15	13.80	0.81	0.81(M)	(M)	1.62	0.29	19.08	0.00	24.36	(M)	(M)
	50	126.98	0.00	0.00	0.00	0.00	433.74	26.56	5.14	9.80	(M)	6.04	1.54	34.25	49.41	0.59	(M)	(M)
Category: Fruits; May Choose: 2																		
Fruit, Applesauce, Unsweetened, Canned Juice - LR100023 (1 ea.)	200	60.00	0.00	0.00	0.00	0.00	15.00	15.00	1.00	18.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)
	185	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Substituted - CR100446 (1 ea.)	175	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Substituted, MILK	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose: 2																		
Dressing, Ranch 1 gallon, Kraft Foods	75	110.00	11.00	1.50	0.00	10.00	260.00	2.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	0.00
Ketchup, Tomato Fancy, 1.5 Gallon Dispenser	150	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	100.00	1.20	(M)	(M)
Mayonnaise, 1.5 Gallon Dispenser, Heinz 516700	10	50.00	3.50	0.50	0.00	5.00	135.00	4.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Mustard, Yellow, Dispenser, French, Heinz 552000	10	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Elem Lunch Menu Week 1	300																	
Day 2 All Elements																		
Category: Entrees; May Choose: 1																		
Elementary and Middle Hot Dog - LR100043 (1 ea.)	120	290.00	17.00	4.50	0.00	30.00	780.00	24.00	3.00	4.00	(M)	10.00	1.80	60.00	100.00	0.00	(M)	(M)
Elementary and middle salad and cookie - Elementary PB&J - LR100001 (1 ea.)	20	475.21	13.03	3.01	0.00	45.00	680.53	63.90	9.38	21.63	0.00(M)	26.11	5.37	112.69	4558.62(M)	15.22(M)	0.10(M)	659.22(M)
Pizza, Fiestada 51% Whole Grain Pizza - F 44 ea	10	470.57	23.04	6.12	0.00	10.00	660.82	48.17	5.14	15.44	13.40	18.30	1.74	262.59	400.00(M)	0.00(M)	0.00	405.81
	150	360.00	14.00	6.00	0.00	25.00	710.00	43.00	4.00	8.00	3.00	17.00	3.10	241.00	91.00	0.00	0.00	473.00
Category: Vegetables; May Choose: 2																		
Broccoli, Raw, Florets - CR100250 (1/2 ea.)	100	14.96	0.16	0.05	0.00	0.00	14.52	2.92	1.14	0.75	(M)	1.24	0.32	20.68	274.12	39.25	(M)	(M)
Vegetable, Pot. Smiley Elem, McCain Veg 6	175	139.78	4.48	0.50	0.00	0.00	262.35	22.50	1.99	2.08	0.00(M)	1.99	0.40	9.95	52.00(M)	0.62(M)	0.00(M)	248.86(M)
Category: Fruits; May Choose: 2																		
Fruit, Peach Cup 4.75 oz, Advanced Prime Foods	215	60.00	0.00	0.00	0.00	0.00	5.00	17.00	2.00	16.00	(M)	1.00	0.00	0.00	400.00	2.40	(M)	(M)
Juice - LR100023 (1 ea.)	185	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Category: Milk; May Choose: 1																		

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Milk, 1% Chocolate, Substituted - SR100446 (1 ea.)	175	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Substituted - MILK	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose:																		
Dressing, Ranch Low Fat, Urais - MCR100047 (1 ea.)	75	25.00	1.25	0.25	0.00	0.00	160.00	4.00	0.50	2.50	(M)	0.00	0.00	1.00	0.00	1.00	(M)	(M)
Ketchup, Tomato Fancy, 1.5 Gallon Dispenser	100	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	100.00	1.20	(M)	(M)
Mustard, Yellow, Dispenser Bunch Urais - CF2000	25	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Elem Lunch Menu Week 1	300																	
Day 2 All Elementary																		
Category: Entrees; May Choose: 1																		
Bosco Sticks Elementary and Middle - LR100045 (1 ea.)	165	373.39	13.14	5.00	0.00	30.00	691.61	42.39	6.10	8.29	0.00(M)	22.10	3.67	441.94	1029.03	25.16	(M)	(M)
Elementary and Middle Hot Dog - LR100042 (1 ea.)	90	290.00	17.00	4.50	0.00	30.00	780.00	24.00	3.00	4.00	(M)	10.00	1.80	60.00	100.00	0.00	(M)	(M)
Elementary PB&J - LR100001 (1 ea.)	30	470.57	23.04	6.12	0.00	10.00	660.82	48.17	5.14	15.44	13.40	18.30	1.74	262.59	400.00(M)	0.00(M)	0.00	405.81
Ham and cheese sandwich - LR100004 (1 ea.)	15	305.65	9.02	2.50	0.00	62.77	1330.11	27.01	2.00	6.51	(M)	29.62	2.44(M)	100.00(M)	0.00(M)	0.00(M)	(M)	(M)
Category: Vegetables; May Choose: 2																		
Celery, raw - SR105165 (1/2 cup chopped)	75	7.07	0.09	0.02	0.00	0.00	40.40	1.50	0.81	0.68	(M)	0.35	0.10	20.20	226.75	1.57	0.00	131.30
Corn, Whole Kernel, No Salt Added - Frozen - USDA	150	67.00	1.00	0.00	0.00	0.00	1.00	16.00	2.00	3.00	(M)	2.00	(M)	(M)	(M)	(M)	(M)	(M)
Category: Fruits; May Choose: 2																		
Juice - LR100023 (1 ea.)	190	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Pears, Diced, Extra Light Sugar - Canned - USDA	125	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Substituted - SR100446 (1 ea.)	175	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Substituted - MILK	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose:																		
Condiment, Mayonnaise, Light 1.5 Gallon Dispenser	10	66.44	4.65	0.66	0.00	6.64	179.40	5.32	0.00	2.66	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Dressing, Ranch Low Fat, Urais - MCR100047 (1 ea.)	150	25.00	1.25	0.25	0.00	0.00	160.00	4.00	0.50	2.50	(M)	0.00	0.00	1.00	0.00	1.00	(M)	(M)
Ketchup, Tomato Fancy, 1.5 Gallon Dispenser	150	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	100.00	1.20	(M)	(M)
Mustard, Yellow, Dispenser Bunch Urais - CF2000	10	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Elem Lunch Menu Week 1	300																	
Day 4 All Elementary																		
Category: Entrees; May Choose: 1																		
Elementary and Middle Hot Dog - LR100042 (1 ea.)	130	290.00	17.00	4.50	0.00	30.00	780.00	24.00	3.00	4.00	(M)	10.00	1.80	60.00	100.00	0.00	(M)	(M)
Elementary and middle salad and cookie - Elementary PB&J - LR100001 (1 ea.)	10	475.21	13.03	3.01	0.00	45.00	680.53	63.90	9.38	21.63	0.00(M)	26.11	5.37	112.69	4558.62(M)	15.22(M)	0.10(M)	659.22(M)
Elementary PB&J - LR100001 (1 ea.)	15	470.57	23.04	6.12	0.00	10.00	660.82	48.17	5.14	15.44	13.40	18.30	1.74	262.59	400.00(M)	0.00(M)	0.00	405.81
Mini Cinni w/yogurt - LR100051 (1 ea.)	145	399.01	13.43	5.45	0.00	19.75	532.53	56.98	3.99(M)	23.99	18.00	13.93	1.60	365.56	90.00(M)	0.00(M)	2.30	734.40
Category: Vegetables; May Choose: 2																		
Cucumber, peeled, raw - SR105230 (1/2 cup sliced)	100	5.95	0.10	0.05	0.00	0.00	1.19	1.28	0.42	0.82	(M)	0.35	0.13	8.33	42.84	1.90	0.00	80.92
Vegetable, California Blend, Frozen - Veg O - SR101770	125	16.67	0.00	0.00	(M)	(M)	10.00	2.00	1.33	(M)	(M)	1.33	0.24	13.33	4166.67	10.00	(M)	(M)
Category: Fruits; May Choose: 2																		

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Juice - LR100023 (1 ea.)	175	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Pineapple, raw, all varieties CR105252 (1/2 cup)	175	41.25	0.10	0.01	0.00	0.00	0.82	10.82	1.16	8.13	(M)	0.45	0.24	10.72	47.85	39.44	0.00	89.92
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Schneiders CR100446 (1)	160	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, Fat Free Skim Milk, Half Pint, Schneiders	50	80.00	0.00	0.00	0.00	4.99	130.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose:																		
Dressing, Italian Low Cal, Heinz MCP100040 (1)	50	2.50	0.00	0.00	0.00	0.00	45.00	0.63	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Dressing, Ranch 1 gallon, Kraft Foods	100	110.00	11.00	1.50	0.00	10.00	260.00	2.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	0.00
Ketchup, Tomato Fancy, 1.5 Gallon Dispenser	180	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	100.00	1.20	(M)	(M)
Elem Lunch Menu Week 1																		
Day 5 - All Elementary																		
Category: Entrees; May Choose: 1																		
Elementary and Middle Hot Dish - LR100042 (1 ea.)	92	290.00	17.00	4.50	0.00	30.00	780.00	24.00	3.00	4.00	(M)	10.00	1.80	60.00	100.00	0.00	(M)	(M)
Elementary PB&J - LR100001 (1 ea.)	10	470.57	23.04	6.12	0.00	10.00	660.82	48.17	5.14	15.44	13.40	18.30	1.74	262.59	400.00(M)	0.00(M)	0.00	405.81
Ham and cheese sandwich - LR100204 (1 ea.)	13	305.65	9.02	2.50	0.00	62.77	1330.11	27.01	2.00	6.51	(M)	29.62	2.44(M)	100.00(M)	0.00(M)	0.00(M)	(M)	(M)
Pizza, Big Daddy's Original, 16" Round, 1.5 Gallon Dispenser	185	400.00	17.00	9.00	0.00	40.00	580.00	42.00	2.00	9.00	1.00	19.00	2.80	350.00	80.00	0.00	0.00	360.00
Category: Vegetables; May Choose: 2																		
Green Beans, Frozen, Beefed Up CR100274	165	44.00	2.86	1.28	0.00(M)	0.00	187.28	4.35	2.00	0.00(M)	(M)	1.01	0.59	33.10	501.00	2.80	0.00(M)	0.03(M)
Spinach Salad side - LR100066 (1 salad)	150	16.14	0.12	0.02	0.00(M)	0.00	26.10	3.14	1.34	1.50	(M)	1.20	0.94	33.12	3240.95	15.00	0.00(M)	167.40(M)
Category: Fruits; May Choose: 2																		
Apples, Slices, 2 oz. bags, Rebourn Farms 202102	165	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)
Juice - LR100023 (1 ea.)	185	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Schneiders CR100446 (1)	185	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Schneiders MILK	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose:																		
Dressing, Ranch 1 gallon, Kraft Foods	150	110.00	11.00	1.50	0.00	10.00	260.00	2.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	0.00
Ketchup, Tomato Fancy, 1.5 Gallon Dispenser	150	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	100.00	1.20	(M)	(M)
Mayonnaise, 1.5 Gallon Dispenser, Heinz 516700	5	50.00	3.50	0.50	0.00	5.00	135.00	4.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Mustard, Yellow, Dispenser Beck's Heinz 652000	10	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)

i	Mois (g)
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