

Curriculum Intent

PSHE at My Online Schooling follows the National Curriculum through the PSHE Association's Scheme of Work. It aims to provide students with the skills to question and understand different viewpoints and experiences in a range of real-world situations, as well as to provide knowledge on issues faced by people around the world. PSHE education reflects the fact that learners are moving towards an independent role in adult life, taking on greater responsibility for themselves and others. PSHE at My Online Schooling reflects individual pupils' needs and takes a holistic approach to develop each child academically, spiritually, morally, socially and culturally. Our curriculum is supported through an emphasis on emotional resilience and nurturing positive wellbeing and physical health. In our international school context, the PSHE curriculum fosters an understanding and appreciation for our diverse world.

Implementation

Each year, pupils will build on the skills, attitudes, values, knowledge and understanding they have acquired and developed during the primary phase. PSHE education acknowledges and addresses the changes that young people are experiencing, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the skills which will equip them for the opportunities and challenges of life. Pupils are encouraged to manage diverse relationships and the increasing influence of peers and the media. PSHE education allows them to be more confident in addressing the challenges of effective learning and making a full and active contribution to society.

PSHE at Key Stage 3 prepares students to be able to extend and rehearse these skills, further explore attitudes and values, and deepen knowledge and understanding acquired in Key Stage 4.

Key Stage 3

Year 7	Living in the Wider World, Relationships, Identity and Safety, Families and Different Long-Term Commitments, Teen Relationships, Bullying, British Citizenship, Healthy Living, Puberty, Emotional Health and Wellbeing
Year 8	Self Confidence and Goals, Personal Development, Self-awareness, Mindfulness, Stereotypes and Prejudice, Digital Footprint, Environmental Issues, E-Safety, British Values, Extremism, Smoking, Cancer, Personal Safety and First Aid, Teenage Pregnancy, Contraception, Consent, STIs, Domestic Conflict, Finance, Teamwork and Communication
Year 9	Behaviour, Access to Education, Discrimination and the Equality Act 2010, Growth Mindset, Stress, Anxiety, Alcohol, Drugs, Vaccination, Organ and Blood Donation, Stem Cells, Acid Attacks, Self Harm, Eating Disorders, Body Image, Child Sexual Exploitation, Peer Pressure, Religion and Culture, The LGBTQAI+ Community, UNICEF, Trafficking, Sustainability, Young Offenders, Knife Crime, Managing Money, Employability, Applying to College and University, Enterprise

Impact

{Need to add statement of assessment strategy}

Department

Teacher	Role
Gretchen Ivey	Co-Head of Humanities
Sam Palmer	Co-Head of Humanities, Teacher of KS3 PSHE
Emily Peart	Teacher of KS3 PSHE