



WORLD LEADERSHIP SCHOOL

COLLABORATIVE LEADERSHIP PROGRAM

CHILAMATE, COSTA RICA | 7 DAYS

DAILY ITINERARY – Subject to Change

Other cultures function differently than some of our cultures, especially when it comes to schedules and timelines. Despite our best attempts to plan thoroughly, unanticipated circumstances and last-minute changes to the itinerary will happen. Community Projects, which are determined according to the needs and desires of the host community, can change at the last minute. Students often say that learning to be flexible and accepting different (and often challenging) cultural practices is one of the most valuable things they take from a World Leadership School program. Please be flexible and remember that adapting to change is a critical skill for future leaders working in global settings!

Day 1 - Monday, June 5th

- Mid-day arrival in San José, Costa Rica
- Snacks en route to [Chilamate Rainforest Eco-Retreat \(CRER\)](#)
- Welcome dinner and Community Orientation
- *Learning Sessions: Values and Goals*
- *Learning Sessions: AMPing Up!*
- Stay overnight and eat all meals at CRER

Day 2 - Tuesday, June 6th

- [Community Project, Day I](#)
- Sustainable farm tour with lunch
- *Learning Sessions: Circle of Questions - BEARS*
- Stay overnight and eat all meals at CRER

Day 3 - Wednesday, June 7th

- [Community Project, Day II](#)
- *Learning Sessions: Local Leadership Challenge - Costa Rica Adventure Race*
- Stay overnight and eat all meals at CRER

Day 4 - Thursday, June 8th

- [Community Project, Day III](#)
- Lunch at CRER
- Afternoon ethnobotanist class at CRER
- *Learning Sessions: Building Utopia*
- Stay overnight and eat all meals at CRER

Day 5 - Friday, June 9th

- Morning white water rafting on the Rio Sarapiquí
- Afternoon chocolate tour
- *Learning Sessions: Candle Circle*
- Stay overnight and eat all meals at CRER

Day 6 - Saturday, June 10th

- Morning soccer clinic with community members
- Costa Rican cooking class
- Community celebration
- *Learning Sessions: Finding Your Inner Leader*
- Stay overnight and eat all meals at CRER

Day 7 - Sunday, June 11th

- Morning transfer to San José for flight back to U.S.

PROGRAM FEE

The fee for this program is **\$2,300 USD** based on a minimum of 15 paying students. The program fee includes:

- All logistical coordination and in-country arrangements
- In-country ground transport, including charter transport and airport pick-up and drop-off
- Accommodations, including eco lodges and homestays (where applicable)
- Nutritious snacks and meals
- Cultural presentations, adventure activities, rental gear, entry fees, and tips
- Pre-program, program, and post-program Learning Sessions for middle and high school students
- Veteran instructors who are trained in wilderness medicine
- Community coordinators who live year-round near the community and maintain relationships of trust with local leaders
- Risk management protocols and 24-7 emergency communication
- Emergency medical, evacuation, and international liability insurance

THIS PROGRAM FEE DOES NOT INCLUDE:

- Round-trip airfare to San José, Costa Rica. World Leadership School can assist in purchasing airfare for a per person booking fee.
- Airline baggage fee
- Personal spending money for souvenirs, snacks, soft drinks, toiletries, medications, medical treatment, internet, phone calls, and other personal spending (we recommend that students bring \$100 USD per week)
- Personal medical insurance (all students should have U.S. -based health insurance)
- Immunizations & COVID testing (if the U.S. requires a negative test prior to re-entry)
- Any other costs (whether or not covered by participant's insurance or WLS' purchased insurance, as applicable) in the event of hospitalization, evacuation, testing and/or quarantining and any related expenses whether participant remains on program (e.g., program is interrupted or delayed) or is dismissed or departs early, and whether resulting from COVID-19 or otherwise.

PAYMENT AND PAPERWORK SCHEDULE

- **December 15th** – First half of program fee and student application due.
- **March 15th** – Second half of program fee and medical form due.

SCHOOL FACULTY

- For a group of 10 paying students, the program fee is waived for one faculty member. At 15 paying students, the program fee is waived for two faculty members. If a school would like to send additional faculty beyond what is included, the school will be billed a program fee for each additional faculty (please contact WLS directly about discounts for additional faculty).

- If the group falls below 10 paying students for any reason, the school will be charged a full program fee for attending faculty.
- Each faculty member is responsible for their round-trip airfare and expenses not covered by the program fee. School faculty members are also required to travel to and from the country with students.

STUDENT DONATIONS

Students get more out of our Collaborative Leadership Programs when they prepare ahead of time and develop a personal investment in the Community Project. World Leadership School also needs to forecast donations ahead of time in order to plan Community Projects effectively. We therefore ask that each student raise a minimum of \$250 USD. We are thrilled when students raise more money, but we need each student to meet the minimum donation. World Leadership School provides a fundraising manual with ideas that range from a faculty-student basketball tournament to letter writing campaigns. All donations go directly to the Community Project and are essential to the impact we have in our partner communities. **Donation checks should be made out to the World Leadership Foundation, a 501(c)(3) non-profit and are tax-deductible. Faculty should collect the checks and mail them in one package to World Leadership Foundation (4000 Pine Brook Road, Alexandria, VA 22310) at least one month prior to departure.**

OTHER REQUIREMENTS

- Students should have a satisfactory level of physical fitness in order to participate in manual labor and other physical activities, such as hiking and swimming.
- Students and parents, along with faculty, are required to complete all required World Leadership School forms, including the Application and Terms & Conditions, the Acknowledgment and Assumption of Risks & Release and Indemnity Agreement, and the Medical Form, Physician Signature Form & COVID Addendum and adhere to COVID policies. Terms and Conditions can be viewed online. As part of the application, students must respond to a detailed questionnaire expressing their reasons for wanting to go on the trip.
- We encourage participants (faculty and students) to be fully vaccinated for COVID-19 prior to departure. Please note that some of our community partners, as well as local and national authorities, may have different vaccine requirements, in which case WLS will communicate them. If required, we ask that schools assume the responsibility of ensuring that all of their participants are fully vaccinated with documentation.