

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

LABOR DAY

NO SCHOOL

Beef Enchilada on a WW Wrap  
 Refried Beans  
 Brown Rice  
 Corn  
 Banana  
 Milk/Chocolate Milk

Chicken & Broccoli Alfredo  
 WG Spaghetti  
 Garden Salad  
 Whole Wheat Dinner Roll  
 Diced Pears  
 Milk/Chocolate Milk

Chili Dog with Cheddar Cheese  
 on a Wheat Hot Dog Roll  
 Sweet Potato Fries  
 Mixed Fruit  
 Milk/Chocolate Milk

WG Fish Sticks  
 Smiley Fries  
 Broccoli  
 Mixed Fruit  
 Milk/Chocolate Milk

WG Orange Chicken  
 Brown Rice  
 Stir Fry Veggies  
 Wheat Roll  
 Banana  
 Milk/Chocolate Milk

Hard Shell Beef Tacos  
 Seasoned Beef, Lettuce, Tomato, Cheddar  
 Cheese, Salsa & Sour Cream  
 Chickpea Salad  
 Peaches  
 Milk/Chocolate Milk

American Chop Suey  
 Broccoli  
 Wheat Dinner Roll  
 Apple  
 Milk/Chocolate Milk

BBQ Baked Chicken  
 Au Gratin Potato  
 Steamed Carrots  
 Wheat Dinner Roll  
 Mixed Fruit  
 Milk/Chocolate Milk

Cuban Sandwich  
 On Multigrain Flatbread  
 (Pork, Ham, Swiss, Dill Pickle)  
 Potato Wedges  
 Fresh Fruit  
 Milk/Chocolate Milk

Cup of Tomato Soup  
 Grilled Cheese on Whole Wheat  
 Caesar Salad  
 Banana  
 Milk/Chocolate Milk

Pulled Pork Nachos  
 Corn Chips  
 Lettuce, Tomato, Cheddar,  
 Salsa & Sour Cream  
 Edamame Salad  
 Apple  
 Milk/Chocolate Milk

Spaghetti with Meat Sauce  
 Cheesy Breadstick  
 Green Beans  
 Mixed Fruit  
 Milk/Chocolate Milk

Roast Turkey  
 Stuffing  
 Mashed Potato & Gravy  
 Glazed Carrots  
 Whole Wheat Roll  
 Cranberry Sauce  
 Milk/Chocolate Milk

Popcorn Chicken Bowl  
 (Mashed Potato, Corn, Chicken, Gravy,  
 & Cheese)  
 Wheat Dinner Roll  
 Fresh Fruit  
 Milk/Chocolate Milk

Hot Roast Beef Sandwich  
 On Whole Wheat Bread  
 Cranberry Sauce  
 Peas  
 Banana  
 Milk/Chocolate Milk

Chicken Fajita on a WW Wrap  
 Onion, Pepper, Cheddar Cheese,  
 Salsa & Sour Cream  
 3 Bean Salad  
 Pears  
 Milk/Chocolate Milk

Baked Mac & Cheese  
 WG Macaroni  
 Ham Steak  
 Steamed Carrots  
 Apple  
 Milk/Chocolate Milk

Teriyaki Chicken Strips  
 Sesame Noodles  
 Steamed Broccoli  
 Whole Wheat Roll  
 Peaches  
 Milk/Chocolate Milk

**Early Release**

WG Chicken Tenders  
 Potato Wedges  
 Cole Slaw  
 Wheat Dinner Roll  
 Orange  
 Milk/Chocolate Milk