



September 2022

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Special News...</p>  <p>Did You Know?</p> <ul style="list-style-type: none"> *Our Grains are whole-grain rich *We offer fresh fruits & veggies every day! *100% Fruit Juice is offered for both Breakfast & Lunch *Sunbutter & Jelly, Cheese Sandwich Available Daily *1%, Fat Free, & Fat Free Chocolate Milk Always Available! <p>Menus are subject to change without notice.</p>
<p>Now Hiring!! Food Service is Hiring! Work While Kids are in School Great Benefits Apply online @ www.aramark.com Keyword: Keeneyville</p> 			<p>1 *Popcorn Chicken & Pretzel Rod</p> <p>*Steamed Carrots *Celery Sticks *Cold Green Peas *Fresh Whole Fruit *Applesauce *100% Apple Juice</p>	<p>2 NO SCHOOL</p>	
<p>5 NO SCHOOL</p>	<p>6 *Mini Corn Dogs</p> <p>*Steamed Broccoli *Baby Carrots *Fresh Zucchini *Fresh Whole Fruit *100% Apple Juice</p>	<p>7 *Bosco Sticks w/ Dipping Sauce</p> <p>*Vegetarian Baked Beans *Grape Tomato *Side Salad *Fresh Whole Fruit *100% Grape Juice</p>	<p>8 *Grilled Cheese Sandwich</p> <p>*Steamed Carrots *Fresh Broccoli *Celery Sticks *Fresh Whole Fruit</p>	<p>9 *Chicken Quesadilla</p> <p>*Golden Sweet Corn *Baby Carrots *Garbanzo Beans *Fresh Whole Fruit *100% Fruit Juice</p>	
<p>12 *Salisbury Steak w/ Gravy & Dinner Roll</p> <p>*Mashed Potatoes *Cucumber Slices *Edamame *Fresh Whole Fruit *100% Fruit Juice</p>	<p>13 *Chicken Nuggets w/ Goldfish Crackers</p> <p>*Green Peas *Celery Sticks *Red Pepper Strips *Fresh Whole Fruit *100% Apple Juice</p>	<p>14 *Pizza Crunchers</p> <p>*Green Beans *Baby Carrots *Fresh Broccoli *Fresh Whole Fruit *100% Grape Juice</p>	<p>15 *Meatball Sub</p> <p>*Golden Sweet Corn *Side Salad *Grape Tomato *Fresh Whole Fruit *100% Orange Juice</p>	<p>16 *BBQ Pork Rib Sandwich</p> <p>*Vegetarian Baked Bean *Baby Carrots *Fresh Zucchini *Fresh Whole Fruit *100% Fruit Juice</p>	
<p>19 *Hot Dog</p> <p>*Steamed Carrots *Celery Sticks *Cold Green Peas *Fresh Whole Fruit *100% Fruit Juice</p>	<p>20 *BBQ Drumstick</p> <p>*Green Beans *Cucumber Slices *Edamame *Fresh Whole Fruit *100% Apple Juice</p>	<p>21 *Chicken Tenders w/ Pretzel Rod</p> <p>*Steamed Broccoli *Baby Carrots *Fresh Zucchini *Fresh Whole Fruit *100% Grape Juice</p>	<p>22 *French Toast Sticks & Sausage</p> <p>*Tater Tots *Red Pepper Strips *Side Salad *Fresh Whole Fruit *100% Orange Juice</p>	<p>23 *Fish Melt</p> <p>*Campfire Beans *Grape Tomato *Fresh Broccoli *Fresh Whole Fruit *100% Fruit Juice</p>	
<p>26 *Popcorn Chicken & Crackers</p> <p>*Steamed Broccoli *Baby Carrots *Garbanzo Beans *Fresh Whole Fruit *100% Fruit Juice</p>	<p>27 *Pizza Crunchers</p> <p>*Green Peas *Red Pepper Strips *Celery Sticks *Fresh Whole Fruit *100% Apple Juice</p>	<p>28 *Corn Dog</p> <p>*Golden Sweet Corn *Fresh Broccoli *Cucumber Slices *Fresh Whole Fruit *100% Grape Juice</p>	<p>29 *Grilled Ham & Cheese</p> <p>*Green Beans *Baby Carrots *Side Salad *Fresh Whole Fruit *100% Orange Juice</p>	<p>30 *Cheese Quesadilla</p> <p>*Refried Beans *Grape Tomato *Edamame *Fresh Whole Fruit *100% Fruit Juice</p>	

DAILY

- Burgers
- Chicken Sandwiches
- Pizza-By-The-Slice



This institution is an equal opportunity provider.