



September 2022

Middle School Breakfast Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|--|--|--|--|--|
| <p>Now Hiring!! Food Service is Hiring! Work While Kids are in School</p> <p>Great Benefits Apply online @ www.aramark.com Keyword: Keeneyville</p> | | | <p>1 *Ham & Cheese English Muffin</p> <p>*Whole Fresh Fruit *Raisins *100% Fruit Juice</p> | <p>2 NO SCHOOL</p> | <p>Special News...</p>  <p>Grab & Go Items Available Daily!</p> <p>Cereal Bars Assorted Muffins Cereal Bowls Breakfast Crackers</p> <p><small>Menus are subject to change without notice.</small></p> |
| <p>5 NO SCHOOL</p> | <p>6 *Cinnamon Breakfast Round</p> <p>*Whole Fresh Fruit *Applesauce *100% Fruit Juice</p> | <p>7 *Chicken Biscuit</p> <p>*Whole Fresh Fruit *Craisins *100% Orange Juice</p> | <p>8 *Turkey Pancake Wrap</p> <p>*Whole Fresh Fruit *Apple Slices *100% Fruit Juice</p> | <p>9 *Banana Choc. Oatmeal Round</p> <p>*Whole Fresh Fruit *Raisins *100% Apple Juice</p> | |
| <p>12 *French Toast Benefit Bar</p> <p>*Whole Fresh Fruit *Craisins *100% Grape Juice</p> | <p>13 *Mini Cinnamon Roll</p> <p>*Whole Fresh Fruit *Applesauce *100% Fruit Juice</p> | <p>14 *Triple Berry French Toast</p> <p>*Whole Fresh Fruit *Craisins *100% Orange Juice</p> | <p>15 *Sausage Egg & Cheese Bagel</p> <p>*Whole Fresh Fruit *Apple Slices *100% Fruit Juice</p> | <p>16 *Maple Waffles</p> <p>*Whole Fresh Fruit *Raisins *100% Apple Juice</p> | |
| <p>19 *Banana Choc. Benefit Bar</p> <p>*Whole Fresh Fruit *Craisins *100% Grape Juice</p> | <p>20 *Turkey Pancake Wrap</p> <p>*Whole Fresh Fruit *Applesauce *100% Fruit Juice</p> | <p>21 *Ham & Cheese Bagel</p> <p>*Whole Fresh Fruit *Craisins *100% Orange Juice</p> | <p>22 *Sausage Breakfast Pizza</p> <p>*Whole Fresh Fruit *Raisins *100% Apple Juice</p> | <p>23 *Chocolate Chip Oatmeal Round</p> <p>*Whole Fresh Fruit *Apple Slices *100% Fruit Juice</p> | |
| <p>26 *Strawberry Cream Cheese Bagel</p> <p>*Whole Fresh Fruit *Craisins *100% Grape Juice</p> | <p>27 *Powdered Sugar Donut Holes</p> <p>*Whole Fresh Fruit *Applesauce *100% Fruit Juice</p> | <p>28 *Mini Cinnamon Roll</p> <p>*Whole Fresh Fruit *Craisins *100% Orange Juice</p> | <p>29 *Triple Berry French Toast</p> <p>*Whole Fresh Fruit *Apple Slices *100% Fruit Juice</p> | <p>30 *Chocolate-filled Crescent</p> <p>*Whole Fresh Fruit *Raisins *100% Apple Juice</p> | |

DAILY

1% & Fat Free & Fat Free Chocolate Milk Always Available!



This institution is an equal opportunity provider.