

## September 2022 Gerner Early Childhood Center Menu

<p>Pillsbury Frudel <b>29</b> Fruit, Milk, Juice AM Snack: ½ Cheese Sandwich</p> <p><b>Sweet &amp; Sour Meatballs with Rice Yogurt with Breadstick</b> Sides: Mixed Vegetables, Applesauce PM Snack: Scooby Doo Grahams</p>	<p>Sausage &amp; Biscuit <b>30</b> Fruit, Milk, Juice AM Snack: Yogurt</p> <p><b>Chicken Nuggets with Hot Roll Mini Cheese Ravioli</b> Sides: Peas, Pears, Milk, Juice PM Snack: Sunflower Butter with Graham Crackers</p>	<p>Pillsbury Mini Bagels <b>31</b> Fruit, Milk, Juice AM Snack: Peach Cup</p> <p><b>Pizza Crunchers Yogurt with Breadstick</b> Sides: Green Beans, Mandarin Oranges, Milk, Juice PM Snack: Zee Zee Bar</p>	<p>Hadley Farms Fruit Flip <b>1</b> Fruit, Milk, Juice AM Snack: Tortilla Chips &amp; Salsa</p> <p><b>BBQ Turkey Sandwich Mini Cheese Ravioli</b> Sides: Cauliflower with Cheese, Peaches, Milk, Juice PM Snack: Fresh Orange Wedges</p>	<p>Chocolate Chip Waffle <b>2</b> Fruit, Milk, Juice AM Snack: Turkey Coins &amp; Crackers</p> <p><b>Rotini with Meatsauce Yogurt with Breadstick</b> Sides: Corn, Fruit Cocktail, Milk, Juice PM Snack: Zee Zee Grahams</p>
<p><b>Labor Day</b> <b>5</b></p>	<p>Hadley Farms Cinnabar <b>6</b> Fruit, Milk, Juice AM Snack: Fruit Cup</p> <p><b>Cheesy Bread with Marinara Mini Cheese Ravioli</b> Sides: Mixed Vegetables, Fresh Orange Wedges, Milk, Juice PM Snack: Animal Crackers</p>	<p>Sausage &amp; Biscuit <b>7</b> Fruit, Milk, Juice AM Snack: Scooby Doo Grahams</p> <p><b>Fun Fish Yogurt with Breadstick</b> Sides: Carrots, Applesauce, Milk, Juice PM Snack: Cereal</p>	<p>Oatmeal Breakfast Round <b>8</b> Fruit, Milk, Juice AM Snack: Yogurt</p> <p><b>Breaded Chicken Sandwich Mini Cheese Ravioli</b> Sides: Corn, Fresh Pineapple, Milk, Juice PM Snack: Cheez-It Crackers</p>	<p>Pillsbury Mini Cinnis <b>9</b> Fruit, Milk, Juice AM Snack: Peach Cup</p> <p><b>Lasagna Roll Up Yogurt with Breadstick</b> Sides: Broccoli, Pears, Milk, Juice PM Snack: Sunflower Seeds</p>
<p>Apple Flip <b>12</b> Fruit, Milk, Juice AM Snack: ½ Cheese Sandwich</p> <p><b>Chicken Tenders Yogurt with Breadstick</b> Sides: Emoji Fries, Peas, Blueberries, Milk, Juice PM Snack: Grip Grahams</p>	<p>Hadley Farms Sweet Potato Cinnamon Roll, Fruit, Milk, Juice <b>13</b> AM Snack: Yogurt</p> <p><b>Mandarin Chicken with Rice Mini Cheese Ravioli</b> Sides: Mixed Vegetables, Fresh Melon, Milk, Juice PM Snack: Sunflower Butter with Graham Crackers</p>	<p>Raspberry Cream Bar <b>14</b> Fruit, Milk, Juice AM Snack: Peach Cup</p> <p><b>Spaghetti with Meatsauce Yogurt with Breadstick</b> Sides: Roasted Brussel Sprouts, Applesauce, Milk, Juice PM Snack: Zee Zee Bar</p>	<p>Turkey Sausage &amp; Biscuit <b>15</b> Fruit, Milk, Juice AM Snack: Tortilla Chips &amp; Salsa</p> <p><b>Breaded Mozzarella Sticks Mini Cheese Ravioli</b> Sides: Broccoli, Peaches, Milk, Juice PM Snack: Cereal</p>	<p>Pillsbury Frudel <b>16</b> Fruit, Milk, Juice AM Snack: Turkey Coins &amp; Crackers</p> <p><b>Shrimp Poppers Yogurt with Breadstick</b> Sides: AuGratin Potatoes, Green Beans, Fruit Cocktail, Milk, Juice PM Snack: Zee Zee Grahams</p>
<p>Pillsbury Mini Waffles <b>19</b> Fruit, Milk, Juice AM Snack: Lemon Doodles</p> <p><b>Mini Cheese Calzones Yogurt with Breadstick</b> Sides: Corn, Peaches, Milk, Juice PM Snack: Animal Crackers</p>	<p>Oatmeal Breakfast Round <b>20</b> Fruit, Milk, Juice AM Snack: Fruit Cup</p> <p><b>BBQ Chicken Sandwich Mini Cheese Ravioli</b> Sides: Fries, Carrots, Mandarin Oranges, Milk, Juice PM Snack: Zee Zee Grahams</p>	<p>Pillsbury Mini Bagels <b>21</b> Fruit, Milk, Juice AM Snack: Zee Zee Bar</p> <p><b>Hamburger Yogurt with Breadstick</b> Sides: Green Beans, Fresh Pineapple, Milk, Juice PM Snack: Assorted Cereal</p>	<p>Hadley Farms Cinnabar <b>22</b> Fruit, Milk, Juice AM Snack: Yogurt</p> <p><b>Chicken Tenders &amp; Roll Mini Cheese Ravioli</b> Sides: Cauliflower with Cheese, Fruit Cocktail, Milk, Juice PM Snack: Cheez-It Crackers</p>	<p>Pillsbury Mini Cinnis <b>23</b> Fruit, Milk, Juice AM Snack: Raisins</p> <p><b>Sweet &amp; Sour Meatballs with Rice Yogurt with Breadstick</b> Sides: Peas, Pears, Milk, Juice PM Snack: Muffin</p>
<p>Banana Bread <b>26</b> Fruit, Milk, Juice AM Snack: ½ Cheese Sandwich</p> <p><b>Macaroni &amp; Cheese Yogurt with Breadstick</b> Sides: Mixed Vegetables, Strawberries, Milk, Juice PM Snack: Zee Zee Grahams</p>	<p>Waffle <b>27</b> Fruit, Milk, Juice AM Snack: Yogurt</p> <p><b>French Toast Sticks &amp; Scrambled Eggs Mini Cheese Ravioli</b> Sides: Corn, Applesauce, Milk, Juice PM Snack: Sunflower Butter with Graham Crackers</p>	<p>Sausage &amp; Biscuit <b>28</b> Fruit, Milk, Juice AM Snack: Peach Cup</p> <p><b>Meatball Sub Sandwich Yogurt with Breadstick</b> Sides: Broccoli, Fresh Pineapple, Milk, Juice PM Snack: Scooby Doo Grahams</p>	<p>Raspberry Cream Bar <b>29</b> Fruit, Milk, Juice AM Snack: Tortilla Chips &amp; Salsa</p> <p><b>Fish Sticks Mini Cheese Ravioli</b> Sides: Fries, Baked Beans, Fresh Orange, Wedges, Milk, Juice PM Snack: Cereal</p>	<p>Strawberry Flip <b>30</b> Fruit, Milk, Juice AM Snack: Turkey Coins &amp; Crackers</p> <p><b>Beef Fiestada Pizza Yogurt with Breadstick</b> Sides: Peas, Pears, Milk, Juice PM Snack: Yogurt</p>

Menu subject to change

This institution is an equal opportunity provider.