

School-Level COVID-19 Management Plan
Pleasant Hill High School For School Year 2022-23

[\(2022-2023 Plan\)](#)



School/District/Program Information


District or Education Service District Name and ID: Pleasant Hill School District #1

School or Program Name: Pleasant Hill High School

Contact Name and Title: Garth Gerot, Principal

Contact Phone: (541) 736-0705 Contact Email: ggerot@pleasanthill.k12.or.us

Table 1.

	<p>Policies, protocols, procedures and plans already in place Provide hyperlinks to any documents or other resources currently utilized in your school/district. Consider adding a brief description about how each is used within your school.</p>
<p>School District Communicable Disease Management Plan OAR 581-022-2220</p>	<p>The Pleasant Hill School District, as well as Pleasant Hill High School follows the published Communicable Disease Guidelines from the Oregon Department of Education and the Oregon Health Authority. The adopted Pleasant Hill School District Communicable Disease Plan can be found at https://resources.finalsite.net/images/v1627580521/pleasanthillk12orus/zkax7aersznos97tiaur/communicable-disease-management-plan-phsd.pdf</p>
<p>Exclusion Measures Exclusion of students and staff who are diagnosed with certain communicable diseases OAR 333-019-0010</p>	<p>Pleasant Hill High School follows the current guidance, rules and policy as outlined in the Communicable Disease Management Plan for the exclusion of illness and specific symptoms at school. We also use the Covid-19 Exclusion Summary Guidance for K-12 schools to inform decisions, which can be found at https://www.oregon.gov/ode/students-and-family/healthsafety/Documents/COVID-19%20Exclusion%20Summary%20Chart.pdf More complete exclusion guidance can be found at ODE-OHA Communicable Disease Guidance for Schools</p>
<p>Isolation Space Requires a prevention-oriented health services program including a dedicated space to isolate sick students and to provide services for students with special health care needs. OAR 581-022-2220</p>	<p>The designated isolation space at Pleasant Hill High School is the health room. Adjacent to the health room is a conference room, which has been re-purposed to be a secondary health space. This is separate from the health room to receive non-Covid 19 related health services. Students are supervised by either the nurse or one of our secretaries as their desk is directly in front of these spaces, ensuring line of sight of students.</p> <p>Before any individual enters one of the health spaces, the isolation room or the secondary health space, all students, staff, and or parents are required to wear a mask and hand sanitizer, with at least 60% alcohol. In addition, other PPE is available as necessary. Within both spaces cots and chairs are socially distanced as defined close contact, being in a space no longer than 15 minutes or more, within 3 feet or less with masks.</p> <p>If students or staff are exhibiting symptoms, they will be sent to the office for screening and placement in the supervised isolation room. The isolation room will be marked with signage on the door, clearly prohibiting access until the student is picked up or the staff member has left. The room and contents will be sanitized following the individual leaving. Staff interacting directly with the individual will wear the necessary medical PPE.</p>



Policies, protocols, procedures and plans already in place

Provide hyperlinks to any documents or other resources currently utilized in your school/district. Consider adding a brief description about how each is used within your school.

Educator Vaccination [OAR 333-019-1030](#)

All Pleasant Hill School District employees who are teaching or working in some capacity within the district are either fully vaccinated or have provided documentation of a medical or religious exception.

Pleasant Hill School District works with Lane County Public Health (LCPH) to promote, advertise and host vaccination clinics for staff and families.

Emergency Plan or Emergency Operations Plan [OAR 581-022-2225](#)

The following plans are available on our district website, <https://www.pleasanthill.k12.or.us/resources/healthy-safe-schools>,

Emergency Response Plan:

<https://resources.finalsite.net/images/v1626467552/pleasanthillk12orus/kybpholaa4dngircgvft/emergencyresponceplan.pdf>

PHSD Healthy and Safe Schools Plan:

<https://resources.finalsite.net/images/v1653075729/pleasanthillk12orus/cpootpdakiptiof0lwk/PHSDHASSPlan-Updated3922.pdf>

Additional documents reference here:

Please Keep Ill Students Out of School handout:

<https://resources.finalsite.net/images/v1646944488/pleasanthillk12orus/hzoaw5vs32kwvvhfdk5/PleaseKeepIllStudentsOutOfSchool.pdf>



SECTION 1. Clarifying Roles and Responsibilities

Identifying roles central to communicable disease management. Clarifying responsibilities related to communicable disease response is a first step in keeping communities healthy and safe. In general, decisions of school health and safety reside with school and district officials. Together with local public health officials, school/district administrators should consult a variety of individuals when making decisions about health and safety in school.

Table 2. Roles and Responsibilities

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
Building Lead / Administrator	<ul style="list-style-type: none"> • Educates staff, families, and students on policies regarding visitors and volunteers, ensuring health and safety are being maintained. • In consultation with district leadership and LCPH staff, determines the level and type of response that is required/necessary. • Acts as key spokesperson to communicate health-related matters within school community members, health partners, and other local partners. 	Mr. Gerot, Principal	Mr. Salmond, Assistant Principal Mr. McClain, Assistant Principal
School Safety Team Representative (<i>or staff member knowledgeable about risks within a school, emergency response, or operations planning</i>)	<ul style="list-style-type: none"> • Trains staff at the start of the academic year and at periodic intervals on communicable disease management procedures. • Leads debrief of communicable disease event, informing continuous improvement of the planning, prevention, response, and recovery system. 	Mr. Salmond, Assistant Principal Mr. McClain, Assistant Principal	Mr. Gerot, Principal

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
Health Representative <i>(health aid, administrator, school/district nurse, ESD support)</i>	<ul style="list-style-type: none"> • Supports building lead/administrator in determining the level and type of response that is necessary. • Reports to the LCPH any cluster of illness among staff or students. • Provides requested logs and information to the LCPH in a timely manner. 	Mrs. Jensen, School Nurse	Mrs. D'Agosta, Secretary
School Support Staff as needed <i>(transportation, food service, maintenance/custodial)</i>	<ul style="list-style-type: none"> • Advises on prevention/response procedures that are required to maintain student services. 	Mr. Swick, Counselor Transportation – Contracted Service, Janet Cook, First Student Bethel Branch Manager Maintenance - Jim Dienstel – Maintenance Lead	Mr. Salmond, Assistant Principal Mr. McClain, Assistant Principal
Communications Lead <i>(staff member responsible for ensuring internal/external messaging is completed)</i>	<ul style="list-style-type: none"> • Ensures accurate, clear, and timely information is communicated including those who may have been exposed, a description of how the school is responding, and action community members can take to protect their health. • Shares communications in all languages relevant to school community. 	Mrs. D'Agosta, Secretary	Mrs. Michlanski, Secretary
District Level Leadership Support <i>(staff member in which to consult surrounding a</i>	<ul style="list-style-type: none"> • Has responsibility over COVID-19 response during periods of high transmission. May act as school level support to Building lead/Administrator activating a scaled response. • Responds to media inquiries during the communicable disease event and ensures that those responsible for communication are designated speakers. 	Katie Jensen, RN	Malcom McRae, Superintendent

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
<i>communicable disease event)</i>			
Main Contact within Lane County Public Health (LCPH)	<ul style="list-style-type: none"> Notifies Building Lead/Administrator of communicable disease outbreak and offers recommendations for appropriate response. Key spokesperson to communicate on health-related matters with community members, health facility staff, and other local community partners. 	Jennifer Scheit & Jose Zacarias JenniferSCHEIT@lanecountyor.gov Jose.ZACARIAS@lanecountyor.gov PH-Liason@lanecounyor.gov (541) 682-1221 (541) 682-4041 ex. 1221	Malcom McRae, LESD Reopening Liaison
Others as identified by team	Lane ESD - Lane County Re-Opening Advisor PHSD SHAC Committee	Malcom McRae - LESD Reopening Advisor Beth McCool, Teacher / Facilitator	Tony Scurto, Supt. LESD Malcom McRae, Supt.



Section 2. Equity and Mental Health

Preparing a plan that centers equity and supports mental health

Preparing a school to manage COVID-19 requires an inclusive and holistic approach to protect access to in-person learning for all students. In this section suggested resources are offered to help prepare for COVID-19 management while centering an equitable and caring response.

Centering Equity

Identify existing district or school plans and tools that can be utilized when centering equity in prevention, response, and recovery from incidents of COVID-19 (e.g., district or school equity plans/stances/lenses/decision tools, Equity Committee or Team protocols, district or school systems for

including student voice, existing agreements or community engagement or consultation models, Tribal Consultation¹, etc.)

- [Pleasant Hill School District Mission Statement](#)
- [Pleasant Hill School District Nondiscrimination Policy](#)



Suggested Resources:

1. [Equity Decision Tools](#) for School Leaders
2. [Oregon Data for Decisions Guide](#)
3. [Oregon's COVID-19 Data Dashboards](#) by Oregon Health Authority COVID-19
4. [Data for Decisions Dashboard](#)
5. [Community Engagement Toolkit](#)
6. [Tribal Consultation Toolkit](#)

¹ Tribal Consultation is a separate process from stakeholder engagement; consultation recognizes and affirms tribal rights of self-government and tribal sovereignty, and mandates state government to work with American Indian nations on a [government-to-government](#) basis.

Table 3.

Centering Equity

OHA/ODE Recommendation(s)	Response:
<p>Describe how you identify those in your school setting that are disproportionately impacted by COVID-19 and which students and families may need differentiated or additional support.</p>	<p>The staff of Pleasant Hill High School is committed to ensuring the policies and practices of the school district in our community are designed to serve our student body. We intentionally and purposefully look to support any students of traditionally underserved groups. Daily check-ins between the secretaries, nurse, school counselor and principal are held to identify any families who may need some form of support, as well as follow-up with the classroom teacher. In addition, classroom teachers also are encouraged to check-in if they are aware of families needing support as well.</p> <p>In addition, monthly meetings are held in which students needing additional support academically, socially, or emotionally are discussed. Plans are formulated as to how we can best support the student through additional building services such as academic intervention support, school-based counseling, or referral to El Rod, a community-based counseling service. Pleasant Hill School District has contracted with El Rod to provide students with up to six free sessions with the ability to extend to 12 sessions.</p>
<p>Describe the process by which the school will implement a differentiated plan for those that are disproportionately impacted, historically underserved or at higher risk of negative impacts or complications related to COVID-19.</p>	<p>The formulation of a Care Team consisting of the principal, the counselor, the district Student Success Advocate, the Reach Out Mentor Coordinator / Family Resource Coordinator, the school nurse, and the Director of Special Education to discuss and problem solve how to support students who are negatively impacted or may have complications related to Covid-19. The goal of these bi-monthly meetings is to pool our resources at the building and community level to access necessary supports for students and families. These supports could be things such as clothing, transportation, access to medical support, access to mental health support over and above what is provided within the school setting or academic supports as well as assisting students and families to become engaged in activities available either at school or within the community.</p>
<p>What support, training or logistics need to be in place to ensure that the named strategies are understood, implemented, and monitored successfully.</p>	<p>Pleasant Hill School District is in the process of hiring a new Reach Out Mentor / Family Resource Coordinator. This person will serve as a liaison to the community assisting in securing community mentors for students, providing parent classes and working with preschool age students and families introducing school readiness skills and activities as well as formulating a relationship between the parent and the school community. This person also will be working with families to connect them with county level resources too.</p>

OHA/ODE Recommendation(s)	Response:
	The team will be looking at attendance data, curriculum-based measures data, as well as qualitative data not only school-wide, but that of our historically underserved students. Data will be monitored monthly at the Data team meetings and bi-monthly by the Care Team.

Mental Health Supports

Schools are encouraged to continue to prioritize cultivating care, connection, and community to support the mental, emotional, and social health and well-being of students, families, staff, and administrators.

Identify existing district or school plans and tools that can be utilized in supporting student and staff wellbeing and mental health during prevention, response, and recovery from incidents of COVID-19 (e.g., counseling services; partnerships with community mental and behavioral health providers; school district suicide prevention, intervention, and postvention plan; School Based Health Center resources; tribal resources, etc.)

- [Comprehensive School Counseling Program](#)
- [Oregon’s Framework for Comprehensive School Counseling Programs](#)
- [Suicide Prevention Process and Procedural Manual](#)
- [ElRod Center](#)


	<p>Suggested Resources:</p> <ol style="list-style-type: none"> 1. ODE Mental Health Toolkit 2. Care and Connection Program 3. Statewide interactive map of Care and Connection examples 4. Care and Connection District Examples 5. Oregon Health Authority Youth Suicide Prevention
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Table 4. Mental Health Supports

OHA/ODE Recommendation(s)	Response:
Describe how you will devote time for students and staff to connect and build relationships.	<p>The staff of Pleasant Hill High School in the fall of each year hold a Meet and Greet the Teacher event to engage students and families. Parent engagement activities are scheduled throughout the year, as well as many volunteer opportunities too.</p> <p>Additionally, Pleasant Hill High School has implemented monthly data teams that meet to review student data and tiered intervention supports.</p>
Describe how you will ensure class time, and individual time if needed, for creative opportunities that allow students and staff to explore and process their experiences.	<p>The schedule at Pleasant Hill High School is designed to provide support for students before and after school. Our school counselor is available during the day to work with small groups and individual students as needed. In addition, all staff members take time to connect with students daily both inside and outside of the classroom like on the playground and in the cafeteria.</p> <p>Students needing additional support beyond the scope of our school counselor, with parent consent, are referred to ElRod, a private sector mental health agency who has an office on our campus removing a barrier to service for families.</p>
Describe how you will link staff, students and families with culturally relevant health and mental health services and supports.	<p>In addition to our school counselor being available, we contract with ElRod to provide mental health services, supporting mental health counseling needs that are beyond the scope of the school counselor. We partner with multiple agencies to offer and provide culturally relevant health and mental health services and supports for staff, students and families.</p>
Describe how you will foster peer/student lead initiatives on wellbeing and mental health.	<p>Throughout the year student and family engagement activities are scheduled such as Meet the Teacher, and athletic/activity events. We will also begin to roll out Sources of Strength. Our staff is actively involved in empowering student voice, acknowledging their needs ensuring their mental health and wellbeing is being addressed.</p>



Section 3. COVID-19 Outbreak Prevention, Response & Recovery:

Implementing mitigation activities, responding to periods of increased transmission, resuming baseline level mitigation, and debriefing actions to improve the process

Planning for and implementing proactive health and safety mitigation measures assists schools in reducing COVID-19 transmission within the school environment for students, staff, and community members. COVID-19 will continue to circulate in our communities and our schools for the indefinite future. Schools will utilize different mitigation measures based on COVID-19 transmission within their facilities and communities. In the following section, teams will document their school's approach to the CDC, OHA and ODE advised health and safety measures at baseline, during increased COVID-19 transmission, and as they roll back the increased mitigating measures, incorporating lessons learned.



Suggested Resources:

1. [CDC Guidance for COVID-19 Prevention in K-12 Schools](#)
2. [Communicable Disease Guidance for Schools](#) which includes information regarding
 - Symptom-Based Exclusion Guidelines (pages 8-12)
 - Transmission Routes (pages 29-32)
 - Prevention or Mitigation Measures (pages 5-6)
 - School Attendance Restrictions and Reporting (page 33)
3. [COVID-19 Investigative Guidelines](#)
4. [Planning for COVID-19 Scenarios in School](#)
5. [CDC COVID-19 Community Levels](#)
6. [Supports for Continuity of Services](#)

Table 5.

COVID-19 Mitigating Measures

<p>OHA/ODE Recommendation(s) Layered Health and Safety Measures</p>	<p>BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?</p>
<p>COVID-19 Vaccination</p>	<p><i>CDC, OHA, and ODE recommend COVID-19 vaccination for all eligible individuals. Please include whether your school will offer COVID-19 vaccine clinics or notices about where to access vaccines in your community.</i></p> <p>Pleasant Hill High School, along with Pleasant Hill School District, requires families to submit proof of all required vaccinations to attend school. In addition, Pleasant Hill High School shares with families’ sites where they may obtain vaccinations other than their doctor’s office such as Lane County Public Health. In addition, we also provide notices to families where they can access vaccines within our community such as Covid vaccinations.</p>
<p>Face Coverings</p>	<p>Face Coverings are optional, a family decision, at Pleasant Hill High School, as of March 11, 2022, when the required indoor mask requirement both in school and on buses was lifted.</p> <p>In the office, we do provide a face covering to individuals who request one.</p> <p>Face coverings are required to be worn whenever any individual, student, staff or parent/guardian enters either the isolation room or a secondary health space, which is separate from the health room to receive non-Covid 19 related health services.</p>
<p>Isolation</p>	<ol style="list-style-type: none"> 1. Facial coverings-KN95 and other face coverings will be provided to any individual needing a face covering. They are located in the main office. 2. The isolation room will be the health room. Note: All individuals in the isolation room are required to be masked at all times. 3. The conference room, which has been repurposed to be a secondary health space, which is separate from the health room to receive non-Covid 19 health services. <p>Individuals with COVID-19 symptoms will be isolated, offered a test, and sent home.</p>
<p>Symptom Screening</p>	<p>Pleasant Hill High School students are greeted each morning at their classroom door by the teacher who is visually and verbally checking with each student screening for symptoms. We have created a Billie’s Daily Screening Guidance to provide teachers with a reminder of what to look and listen for. This doc can be found at https://drive.google.com/drive/search?q=Billie%20Screening</p>

OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
COVID-19 Testing	<p>OHA offers both diagnostic and screening testing programs to all public and private K-12 schools in Oregon. Please include whether your school will offer diagnostic and screening testing, respectively.</p> <p>Pleasant Hill High School offers on-site diagnostic testing for individuals with symptoms or exposure to Covid 19.</p> <p>Pleasant Hill High School may partner with the U of O Covid Testing Program offering a voluntary weekly student screening testing program, in partnership with the University of Oregon, for individuals without symptoms or exposure to COVID-19.</p> <p>Lane County Public Health also offers testing events and shares information about additional testing locations.</p>
Airflow and Circulation	<p>Ventilation systems are checked and maintained by our maintenance staff as prescribed by OSHA. (Every Winter, Spring and Summer Break)</p> <p>Windows and doors will be open weather permitting to increase ventilation. The district has and continues to upgrade and install fresh air return systems that filter air from inside to out and outside to in at Pleasant Hill High School.</p>
Cohorting	<p>Pleasant Hill High School is in alignment with recommendations from the CDC, OHA and the LCPH.</p>
Physical Distancing	<p>The classroom configurations at Pleasant Hill High School return to standard pre-Covid classroom setup with emphasis of striving for at least 3 feet of physical distancing between student desks to the extent possible.</p> <p>Staff and students maintain as much distance as possible which helps mitigate transmission of Covid.</p> <p>We attempt to minimize students standing in lines whenever possible.</p>

OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
Hand Washing	<p>Each classroom is equipped with hand sanitizer, with at least 60% alcohol, and/or a sink with soap and water, paper towels and tissues. Students are taught and reminded with signage and regular verbal reminders from staff how and when to practice healthy hand hygiene.</p> <p>All students are also taught and remind students of the importance of respiratory etiquette, such as covering coughs and sneezes with an elbow or tissue, disposing of tissues in a garbage can, and then washing or sanitizing hands immediately.</p> <p>Hand sanitizer, with at least 60% alcohol, is available in every classroom including the gym and cafeteria as well as in the office, workroom, and staff room.</p>
Cleaning and Disinfection	<p>Routine cleaning and disinfecting of the building are an important part of reducing the risk of exposure to COVID-19. The custodial team, with the assistance of the maintenance department of our district, maintain a safe and healthy environment cleaning and disinfecting daily.</p>
Training and Public Health Education	<p>Annual training is provided to all staff members during the welcome back staff meeting in August. In addition, additional training is provided any time there is a change in guidance from ODE, OHA or Lane County Public Health. Our district also mandates each staff member completes Safe Schools Trainings around Covid-19 and communicable disease safety practices.</p>

Table 6.

COVID-19 Mitigating Measures

<p>OHA/ODE Recommendation(s) Layered Health and Safety Measures</p>	<p>MEASURES DURING PERIODS OF HIGH TRANSMISSION*: describe what mitigating measures the school will implement during periods of high transmission to reduce the spread of COVID-19 and protect in-person learning? *Within the community, high transmission is defined at the county level through CDC COVID-19 Community Levels. Within a school, high transmission may be defined as high absenteeism or unusual spread within a cohort (e.g., a large outbreak in a classroom).</p>
<p>COVID-19 Vaccination</p>	<p>Pleasant Hill High School, along with Pleasant Hill School District, requires families to submit proof of all required vaccinations to attend school. In addition, Pleasant Hill High School shares with families’ sites where they may obtain vaccinations other than their doctor’s office such as Lane County Public Health. In addition, we also provide notices to families where they can access vaccines within our community such as Covid vaccinations.</p>
<p>Face Coverings</p>	<p><i>CDC, OHA, and ODE recommend universal use of face coverings during periods of high transmission. Please include whether your school will implement this critical recommendation.</i></p> <p>Pleasant Hill High School, during high transmission periods, will follow the guidance and recommendations of the LCPH, CDC, OHA and ODE recommending universal use of face coverings. Masking may be considered if other transmission mitigation measures fail to stop the spread of COVID-19 on campus or in a cohort.</p>
<p>Isolation</p>	<p>The designated isolation space at Pleasant Hill High School is the health room. Adjacent to the health room is a conference room, which has been re-purposed to be a secondary health space. This is separate from the health room to receive non-Covid 19 related health services. Students are supervised by either the nurse or one of our secretaries as their desk is directly in front of these spaces, ensuring line of sight of students.</p> <p>Before any individual enters one of the health spaces, the isolation room or the secondary health space, all students, staff, and or parents are required to wear a mask and hand sanitize, with at least 60% alcohol. In addition, other PPE is available as necessary. Within both spaces cots and chairs are socially distanced as defined close contact, being in a space no longer than 15 minutes or more, within 3 feet or less with masks.</p> <p>If students or staff are exhibiting symptoms, they will be sent to the office for screening and placement in the supervised isolation room. The isolation room will be marked with signage on door, clearly prohibiting</p>

<p>OHA/ODE Recommendation(s) Layered Health and Safety Measures</p>	<p>MEASURES DURING PERIODS OF HIGH TRANSMISSION*: describe what mitigating measures the school will implement during periods of high transmission to reduce the spread of COVID-19 and protect in-person learning? *Within the community, high transmission is defined at the county level through CDC COVID-19 Community Levels. Within a school, high transmission may be defined as high absenteeism or unusual spread within a cohort (e.g., a large outbreak in a classroom).</p>
	<p>access until the student is picked up or the staff member has left. The room and contents will be sanitized following the individual leaving. Staff interacting directly with the individual will wear the necessary medical PPE.</p> <p>Any PPE used during care of an individual is properly removed prior to leaving the room, disposed of and hands are washed, or hand sanitizer, with at least 60% alcohol, is applied. All surfaces in both the designated isolation space and secondary health space are properly sanitized and disinfected. Following sanitizing of the spaces, hands are washed.</p>
<p>Symptom Screening</p>	<p>Pleasant Hill High School students are greeted each morning at their classroom door by the teacher who is visually and verbally checking with each student screening for symptoms. We have created a Billie's Daily Screening Guidance to provide teachers with a reminder of what to look and listen for. This doc can be found at https://drive.google.com/drive/search?q=Billie%20Screening</p>
<p>COVID-19 Testing</p>	<p>OHA offers both diagnostic and screening testing programs to all public and private K-12 schools in Oregon. Please include whether your school will offer diagnostic and screening testing, respectively.</p> <p>Pleasant Hill High School offers on-site diagnostic testing for individuals with symptoms or exposure to Covid 19.</p> <p>Pleasant Hill High School may partner with the U of O Covid Testing Program offering a voluntary weekly student screening testing program, in partnership with the University of Oregon, for individuals without symptoms or exposure to COVID-19.</p> <p>Lane County Public Health also offers testing events and shares information about additional testing locations.</p>

<p>OHA/ODE Recommendation(s) Layered Health and Safety Measures</p>	<p>MEASURES DURING PERIODS OF HIGH TRANSMISSION*: describe what mitigating measures the school will implement during periods of high transmission to reduce the spread of COVID-19 and protect in-person learning? *Within the community, high transmission is defined at the county level through CDC COVID-19 Community Levels. Within a school, high transmission may be defined as high absenteeism or unusual spread within a cohort (e.g., a large outbreak in a classroom).</p>
<p>Airflow and Circulation</p>	<p>Ventilation systems are checked and maintained by our maintenance staff as prescribed by OSHA. Windows and doors will be open weather permitting to increase ventilation. The district has and continues to upgrade and install fresh air return systems that filter air from inside to out and outside to in at Pleasant Hill High School .</p>
<p>Cohorting²</p>	<p><i>Schools should notify their LCPH about unusual respiratory disease activity if the following absence thresholds are met and at least some students are known to have influenza or COVID-like symptoms:</i></p> <ol style="list-style-type: none"> <i>1. At the school level: ≥ 30% absenteeism, with at least 10 students and staff absent</i> <i>2. At the cohort level: ≥ 20% absenteeism, with at least 3 students and staff absent</i> <p>If our school has a level of 30% absenteeism with at least 10 students and staff absent due to an unusual respiratory issue and Covid like symptoms, the school nurse, Katie Jensen, will be notified as well as the superintendent, Malcom McRae. The same will be true if a cohort classroom level has 20% or greater absenteeism and at least 3 students and staff absent with an unusual respiratory issue and Covid like symptoms. They will in turn notify Lane County Public Health for guidance.</p> <p>We will start keeping daily logs for each student cohort. All logs will be collected in the office, scanned, and stored daily in a Google Drive File.</p> <p>Pleasant Hill High School is in alignment with recommendations from the CDC, OHA,ODE and the LCPH. In a time of high transmission levels Pleasant Hill High School will make adjustments as recommended by Lane County Public Health or additional guidance received from CDC, OHA and ODE to support physical distancing which may include such things as traffic flow markings, designated entry and exit doors, staggered dismissal times and assigned seating arrangements to minimize contact.</p>

² Cohorting refers to establishing a consistent group of students that stay together for a significant portion of the school day. Examples include stable mealtime cohorts, classrooms, table groups, lunch bunches, and other group situations. Cohorts should be as small as feasible to minimize exposure.

<p>OHA/ODE Recommendation(s) Layered Health and Safety Measures</p>	<p>MEASURES DURING PERIODS OF HIGH TRANSMISSION*: describe what mitigating measures the school will implement during periods of high transmission to reduce the spread of COVID-19 and protect in-person learning? *Within the community, high transmission is defined at the county level through CDC COVID-19 Community Levels. Within a school, high transmission may be defined as high absenteeism or unusual spread within a cohort (e.g., a large outbreak in a classroom).</p>
<p>Physical Distancing</p>	<p>The classroom configurations at Pleasant Hill High School presently are setup with emphasis of striving for at least 3 feet of physical distancing between student desks to the extent possible.</p> <p>Staff and students maintain as much distance as possible which helps mitigate transmission of Covid.</p> <p>We attempt to minimize students standing in lines whenever possible.</p>
<p>Hand Washing</p>	<p>During this period of high transmission, students will be required to wash hands or hand sanitize, with at least 60% alcohol, whenever entering and exiting any classroom, cafeteria, restroom, or gym.</p> <p>Each classroom is equipped with either hand sanitizer, with at least 60% alcohol, and or a sink with soap and water, paper towels and tissues. Students are taught and reminded with signage and regular verbal reminders from staff how and when to practice healthy hand hygiene.</p> <p>All students are also taught and remind students of the importance of respiratory etiquette, such as covering coughs and sneezes with an elbow or tissue, disposing of tissues in a garbage can, and then washing or sanitizing hands immediately.</p> <p>Hand sanitizer, with at least 60% alcohol, is available in every classroom including the gym and cafeteria as well as in the office, workroom, and staff room.</p>
<p>Cleaning and Disinfection</p>	<p>Routine cleaning and disinfecting of the building are an important part of reducing the risk of exposure to COVID-19. The custodial team, with the assistance of the maintenance department of our district, maintain a safe and healthy environment cleaning and disinfecting daily.</p> <p>In addition, daily use of the electrostatic handheld sprayer will be reinstated. The entire building will be sprayed daily after students and staff have left for the day</p>

<p>OHA/ODE Recommendation(s) Layered Health and Safety Measures</p>	<p>MEASURES DURING PERIODS OF HIGH TRANSMISSION*: describe what mitigating measures the school will implement during periods of high transmission to reduce the spread of COVID-19 and protect in-person learning? *Within the community, high transmission is defined at the county level through CDC COVID-19 Community Levels. Within a school, high transmission may be defined as high absenteeism or unusual spread within a cohort (e.g., a large outbreak in a classroom).</p>
<p>Training and Public Health Education</p>	<p>Annual training is provided to all staff members during a staff meeting during the in-service week in August. In addition, additional training is provided any time there is a change in guidance from ODE, OHA or Lane County Public Health. Our district also requires each staff member to complete Safe Schools Trainings around Covid-19 and communicable disease safety practices.</p>

Table 7.

COVID-19 Mitigating Measures

<p>OHA/ODE Recommendation(s) Layered Health and Safety Measures</p>	<p>STEPS FOR GRADUAL RETURN TO BASELINE RESPONSE: describe how does the school will gradually return to a baseline response. Describe how the school team will decide what measure(s) should remain at an increased level which others may not, prioritizing some measure(s) over others. How does the school reduce or make permanent implementation of enhanced mitigation measures once high transmission has ended?</p>
<p>COVID-19 Vaccination</p>	<p>Pleasant Hill High School, along with Pleasant Hill School District, requires families to submit proof of all required vaccinations to attend school. In addition, Pleasant Hill High School shares with families’ sites where they may obtain vaccinations other than their doctor’s office such as Lane County Public Health. In addition, we also provide notices to families where they can access vaccines within our community such as Covid vaccinations.</p>
<p>Face Coverings</p>	<p>The school safety team in consultation with Lane County Public Health will determine the appropriate time to begin to transition back to baseline measures. As part of these discussions, we will be evaluating each area of our plan to determine the areas to remain at an increased level versus returning to baseline level.</p> <p>Face Coverings become optional, a family decision, at Pleasant Hill High School, as soon as the team determines we are safe to do so.</p> <p>Face coverings remain required to be worn whenever any individual, student, staff, or parents enters either the isolation room or a secondary health space, which is separate from the health room to receive non-Covid 19 related health services.</p>
<p>Isolation</p>	<p>The designated isolation space at Pleasant Hill High School is the health room. Adjacent to the health room is a conference room, which has been re-purposed to be a secondary health space. This is separate from the health room to receive non-Covid 19 related health services. Students are supervised by either the nurse or one of our secretaries as their desk is directly in front of these spaces, ensuring line of sight of students.</p> <p>Before any individual enters one of the health spaces, the isolation room or the secondary health space, all students, staff, and or parents are required to wear a mask and hand sanitize, with at least 60% alcohol. In addition, other PPE is available as necessary. Within both spaces cots and chairs are socially distanced as defined close contact, being in a space no longer than 15 minutes or more, within 3 feet or less with masks.</p>

<p>OHA/ODE Recommendation(s) Layered Health and Safety Measures</p>	<p>STEPS FOR GRADUAL RETURN TO BASELINE RESPONSE: describe how does the school will gradually return to a baseline response. Describe how the school team will decide what measure(s) should remain at an increased level which others may not, prioritizing some measure(s) over others. How does the school reduce or make permanent implementation of enhanced mitigation measures once high transmission has ended?</p>
	<p>If students or staff are exhibiting symptoms, they will be sent to the office for screening and placement in the supervised isolation room. The isolation room will be marked with signage on door, clearly prohibiting access until the student is picked up or the staff member has left. The room and contents will be sanitized following the individual leaving. Staff interacting directly with the individual will wear the necessary medical PPE.</p> <p>Any PPE used during care of an individual is properly removed prior to leaving the room, disposed of and hands are washed, or hand sanitizer, with at least 60% alcohol, is applied. All surfaces in both the designated isolation space and secondary health space are properly sanitized and disinfected. Following sanitizing of the spaces, hands are washed.</p>
<p>Symptom Screening</p>	<p>Pleasant Hill High School students are greeted each morning at their classroom door by the teacher who is visually and verbally checking with each student screening for symptoms. We have created a Billie’s Daily Screening Guidance to provide teachers with a reminder of what to look and listen for. This doc can be found at https://drive.google.com/drive/search?q=Billie%20Screening</p>
<p>COVID-19 Testing</p>	<p>OHA offers both diagnostic and screening testing programs to all public and private K-12 schools in Oregon. Please include whether your school will offer diagnostic and screening testing, respectively.</p> <p>Pleasant Hill High School offers on-site diagnostic testing for individuals with symptoms or exposure to Covid 19.</p> <p>Pleasant Hill High School may partner with the U of O Covid Testing Program offering a voluntary weekly student screening testing program, in partnership with the University of Oregon, for individuals without symptoms or exposure to COVID-19.</p>

OHA/ODE Recommendation(s) Layered Health and Safety Measures	STEPS FOR GRADUAL RETURN TO BASELINE RESPONSE: describe how does the school will gradually return to a baseline response. Describe how the school team will decide what measure(s) should remain at an increased level which others may not, prioritizing some measure(s) over others. How does the school reduce or make permanent implementation of enhanced mitigation measures once high transmission has ended?
	<p>Lane County Public Health also offers testing events and shares information about additional testing locations.</p>
Airflow and Circulation	<p>Ventilation systems are checked and maintained by our maintenance staff as prescribed by OSHA. Windows and doors will be open weather permitting to increase ventilation. The district has and continues to upgrade and install fresh air return systems that filter air from inside to out and outside to in at Pleasant Hill High School.</p>
Cohorting	<p>The school safety team in consultation with Lane County Public Health will determine the appropriate time to begin to transition back to baseline measures. As part of these discussions, we will be evaluating each area of our plan to determine the areas to remain at an increased level versus returning to baseline level.</p> <p>Pleasant Hill High School is in alignment with recommendations from the CDC, OHA and the LCPH.</p>
Physical Distancing	<p>The school safety team in consultation with Lane County Public Health will determine the appropriate time to begin to transition back to baseline measures. As part of these discussions, we will be evaluating each area of our plan to determine the areas to remain at an increased level versus returning to baseline level.</p> <p>The classroom configurations at Pleasant Hill High School return to standard pre-Covid classroom setup with emphasis of striving for at least 3 feet of physical distancing between student desks to the extent possible.</p> <p>Staff and students maintain as much distance as possible which helps mitigate transmission of Covid.</p> <p>We attempt to minimize students standing in lines whenever possible.</p>

OHA/ODE Recommendation(s) Layered Health and Safety Measures	STEPS FOR GRADUAL RETURN TO BASELINE RESPONSE: describe how does the school will gradually return to a baseline response. Describe how the school team will decide what measure(s) should remain at an increased level which others may not, prioritizing some measure(s) over others. How does the school reduce or make permanent implementation of enhanced mitigation measures once high transmission has ended?
Hand Washing	<p>Each classroom is equipped with either hand sanitizer, with at least 60% alcohol, or a sink with soap and water, paper towels and tissues. Students are taught and reminded with signage and regular verbal reminders from staff how and when to practice healthy hand hygiene.</p> <p>All students are also taught and remind students of the importance of respiratory etiquette, such as covering coughs and sneezes with an elbow or tissue, disposing of tissues in a garbage can, and then washing or sanitizing hands immediately.</p> <p>Hand sanitizer, with at least 60% alcohol, is available in every classroom including the gym and cafeteria as well as in the office, workroom, and staff room.</p>
Cleaning and Disinfection	<p>The school safety team in consultation with Lane County Public Health will determine the appropriate time to begin to transition back to baseline measures. As part of these discussions, we will be evaluating each area of our plan to determine the areas to remain at an increased level versus returning to baseline level.</p> <p>Routine cleaning and disinfecting of the building are an important part of reducing the risk of exposure to COVID-19. The custodial team with the assistance of the maintenance department of our district maintains a safe and healthy environment cleaning and disinfecting daily.</p>
Training and Public Health Education	<p>Annual training is provided to all staff members during a staff meeting during the in-service week in August. In addition, additional training is provided any time there is a change in guidance from ODE, OHA or Lane County Public Health. Our district also requires each staff member to complete Safe Schools Trainings around Covid-19 and communicable disease safety practices.</p>

PRACTICING PLAN TO IMPROVE PROCESS

Training exercises are essential to preparedness ensuring individuals understand their role in a communicable disease event. Exercises can also help identify gaps in the planning, thereby building upon and strengthening the plan over time. Schools, districts, and ESDs should schedule to exercise this plan annually and when any revisions are made to update the plan. The plan, or component(s) of the plan, can be tested through conversations, practice exercises, or other activities.

<https://www.pleasanthill.k12.or.us/resources/healthy-safe-schools>

Date Last Updated: **8/17/22**

Date Last Practiced: **9/9/22**