



CRUSADER College Connection

August 29th, 2022 – September 9th, 2022 • WWW.STDOMINICHS.ORG/COLLEGE

ACT Focus

Tip of the Week : ACT Tips and Techniques

1. **Points:** Each question is worth the same amount of points.
2. **Personal Order of Difficulty (POOD):** Everyone has different strengths and weaknesses, so do the questions you know first, then do the others if you have time
3. **Time:** Time is your ENEMY on the exam. Do not re-read or search for answers and waste time. If you are confused, use LOTD (Letter of the Day-C) and move on to the next question.
4. **Write** all over your test. Draw pictures in the math section, underline important parts, circle key words, etc. It is your test, make it helpful to you.
5. **Amount:** Remember this is not a school test. If you only spend time on 75% of the questions and get them correct, it is better than trying to complete the whole test and only getting 50% of it correct.

SCHOLARSHIP Update

The A+ Scholarship Program provides scholarship funds to eligible graduates of A+ designated high schools who attend a participating public community college or vocational/technical school, or certain private two-year vocational/technical schools. In addition, there are several four-year universities who also award funds if the student has the A+ designation. It is recommended that ALL students fill out the A+ agreement.

It is better to have it and not need it, than to need it and not have it!

www.stdominichs.org/academics/college/a-program

SCHOLARSHIP DEADLINES

September 1 Magellan TV Women in STEM Scholarship | Be Bold Scholarship

September 9 Cameron Impact Scholarship

September 30 Cirkled In Scholarship

2022-23
Scholarship Information

Report Earned Scholarships [HERE.](#)

THIS WEEK'S COLLEGE REPS

College Reps are available at 11:10 during Empower Hour located in the Eisenbath Atrium.

Thursday 9/8



Southeast Missouri
State University
Cape Girardeau, MO

<https://semo.edu/admissions/index.html>

- Early Admission Deadline: 12/01
- Scholarship Information:
<https://semo.edu/admissions/paying-for-college/scholarships.html>

COLLEGE FAIR + INFO Night

September 7, 2022

6- 7pm | College Fair

7- 8pm | Information Session



LOOKING Ahead

Fall 2022

Sept. 7

Collage Fair/College Information Night
6 pm - 8 pm

Sept. 30

ACT late registration deadline for Oct. 22 test

Sept. 14

Senior A+ Agreements Due

Oct. 1

FAFSA Opens

Sept. 16

ACT Regular Registration deadline for Oct. 22 test

Oct. 22

National ACT test being held at St. Dominic

Sept. 23

AP payment \$97 (made out to St. Dominic) due to Mrs. Nero

Dual Credit Registration Period

Drury | Aug. 23 - Sept. 2

UMSL | Aug. 23 - Sept. 13

MO State | Aug. 15 - Sept. 20

SLU | Aug. 15 - Sept. 30

HELPFUL Links

COLLEGE GUIDANCE

www.stdominichs.org/college

SCOIR

www.scoir.com

SCHOLARSHIPS

www.fastweb.com | myscholly.com

FAFSA

www.studentaid.ed.gov/fafsa

COMMON APP

www.commonapp.org

NCAA ELIGIBILITY

web3.ncaa.org/ecwr3

ACT

www.act.org

SAT

www.sat.org

Alumni Spotlight

Abbey Jennings '19

University of Arkansas | Business Administration & Finance



Abbey Jennings is a 2019 graduate of St. Dominic High School where she was a standout student-athlete involved in many different clubs. While a member of the Lacrosse team, Abbey also participated in Mock Trial, Model UN, Youth in Government, FBLA and National Honor Society. Upon graduation, she attended the University of Arkansas where she continued to be very involved beyond her degree program

before earning her Bachelor of Science in Business Administration and Finance in 2022. Currently, Abbey is preparing for a career in Law as a full-time Law Student at SMU Dedman School of Law. Abbey reflected on how St. Dominic High School prepared her for this journey and career path:

"My experience at St. Dominic truly laid the foundation for the person I am today. Without St. Dominic, I do not think I could have excelled this far and early on in my life. Due to the dual-enrollment classes at St. Dominic, I completed a 4 year bachelor's degree in 3 years, entering college with over 30 applicable college credits. I also was able to test out of many classes required at the college level, including various math and foreign language requirements. Additionally, the study skills and methods I learned at St. Dominic gave me a strong foundation to build on in college."

Abbey offers the following advice for students seeking a career path in the versatile areas of either business or law:

"Something I would tell those interested in finance or law is that hard work pays off. Working in investment banking or law requires a lot of determination and perseverance, but it is worth it. Additionally, I would tell you all to chase your dreams and do not quit along the way. If you have a passion and you are dedicated enough, it will happen for you. Embrace your own potential".

Weekly Wellness

Amy Bauer | Wellness Counselor

abauer@stdominichs.org

Eight things to say to a teen who is stressed out.

1. Take a deep breath. Slow breath in and out. Repeat. Hit the pause button and reset those racing thoughts and emotions.
2. I'm already proud of you. How I feel about you does not hinge on the test, paper or game. I'm proud of the effort you are putting in.
3. This is not your whole story. Whatever is going on right now is not your entire life. This is a part of your reality but not all of it.
4. How you feel at this moment will not last forever.
5. Remember how you have made it through tough times before. This is not the first time you have felt this way and it won't be the last. So far you have a 100% success rate of surviving things you thought you would never get through.
6. Just do the next best thing. The next thing that needs to be done.
7. Is there anything I can do to help?
8. I'm here for you! You can count on my support.

NATIONAL SUICIDE PREVENTION

LIFELINE: (800) 273-8255

CRISIS TEXT LINE: Text "HOME" to 741741

BEHAVIORAL HEALTH RESPONSE

24/7 CRISIS SUPPORT HOTLINE: (314) 469-6644

COLLEGE GUIDANCE OFFICE

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