

**2022-2023: High School (9-12)
Athletics & APAC**

Season 1 Sept 1 – Oct 22	Season 1 - FA Nov 16 – 20	Season 2 Oct 24 – Jan 19	Season 2 – FA Feb 15 – 19	Season 3 Jan 30 – Apr 15
Volleyball*^	Choir*	Basketball*^	Theatre*	Soccer*^
Tennis	Orchestra*	Table Tennis	Band*	Badminton*
Cross Country	Dance	Swim		Track & Field
Baseball		Cheerleading		
Full Year				
Concordia Swim Team		Strength & Conditioning		
*Required by APAC			^Required by SISAC	

**2022-2023: Middle School (5-8)
Athletics**

Season 1 Sept 5 – Oct 22	Season 2 Oct 24 – Dec 3	Season 3 Jan 30 – Apr 15	Season 4 Apr 17 – May 27
Cross Country	Soccer	Volleyball	Basketball
Table Tennis	Tennis	Tennis	Badminton
Ultimate Frisbee			Track & Field
Soccer (PSG Training)			Soccer (PSG Training)
Full Year			
Swim Club			

**2022-2023: Elementary School (1-4)
Athletics**

Season 1 Sept 5 – Oct 22	Season 2 Oct 24 – Dec 3	Season 3 Jan 30 – Apr 15	Season 4 Apr 17 – May 27
Soccer	Basketball	Volleyball	Soccer
Badminton	Running Club	Tennis	Badminton
			Table Tennis
Full Year			
Swim Club			