DIAMOND OAKS CAREER CAMPUS : LUNCH MENU : SEPTEMBER 2022

Breakfast \$1.25

Entrée (includes grain) Fruit and/or (1) Fruit Juice Milk (Low-Fat 1% or Fat Free Chocolate) Breakfast is served every day from 7:20-7:45. Daily offerings will include cereal bars, bagels, pop tarts, donut sticks, cereal bowls, and a hot entrée, along with fruit, juice, and/or milk. Lunch \$3.00

Entrée (includes grain) (2) Fruit (2) Vegetables Milk (Low-Fat 1% or Fat Free Chocolate)

Don't forget to fill out your Free/Reduced lunch application! This can be completed online or forms are available in the cafeteria. Any Questions? Just ask!			<u>1</u> Chicken & Potatoes	<u>2</u> Grilled Cheese with Soup					
			Chicken & Potatoes Cheese & Pepperoni Pizza Turkey, Ham, & Cheese Sub Chef Salad	Cheese Pizza Turkey Sub Chicken Caesar Salad					
					<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>
					Cheeseburger	Taco Bites or Quesadilla	General Tso Stir Fry	Chicken Nuggets	Chicken Parmesan
Cheese Pizza	Pepperoni Pizza	BBQ Chicken Pizza	Chicken Bacon Ranch Pizza	Cheese Pizza					
Italian Wrap	Salami and Provolone Sub	Buffalo Chicken Wrap	Turkey, Ham, & Cheese Sub	PBJ Lunch					
Crispy Chicken Salad	Italian Salad	Buffalo Ranch Chicken Salad	Chef Salad	Chicken Caesar Salad					
<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>					
Spicy Chicken Sandwich	Chicken Soft Taco	Chicken and Waffles	Spicy Chicken Tenders	Fried Rice with Egg Roll					
Cheese Pizza	Pepperoni Pizza	Buffalo Chicken Pizza	Chicken Bacon Ranch Pizza	Cheese Pizza					
Italian Wrap	Salami and Provolone Sub	Chicken Bacon Ranch Wrap	Turkey, Ham & Cheese Sub	PBJ Lunch					
Crispy Chicken Salad	Italian Salad	Buffalo Ranch Chicken Salad	Chef Salad	Chicken Caesar Salad					
<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>					
Meatball Sub	Chicken Fajitas	Pulled Pork Sandwich	Chicken & Potatoes	Cheese Ravioli					
Cheese & Pepperoni Pizza	Cheese & Pepperoni Pizza	Cheese & Pepperoni Pizza	Cheese & Pepperoni Pizza	Cheese Pizza					
Italian Wrap	Salami and Provolone Sub	Buffalo Chicken Wrap	Turkey, Ham, & Cheese Sub	Turkey Sub					
Crispy Chicken Salad	Italian Salad	Buffalo Ranch Chicken Salad	Chef Salad	Chicken Caesar Salad					
<u>26</u>	<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>					
Chicken and Bacon Sandwich	Chicken Soft Taco	Philly Cheesesteak	Chicken & Potatoes	Grilled Cheese with Soup					
Cheese & Pepperoni Pizza	Cheese & Pepperoni Pizza	Cheese & Pepperoni Pizza	Cheese & Pepperoni Pizza	Cheese Pizza					
Italian Wrap	Salami and Provolone Sub	Buffalo Chicken Wrap	Turkey, Ham, & Cheese Sub	Turkey Sub					
Crispy Chicken Salad	Italian Salad	Buffalo Ranch Chicken Salad	Chef Salad	Chicken Caesar Salad					

Last minute menu changes are occurring frequently and are out of our control due to the nationwide food supply chain issues. Menus may not reflect these changes.

We appreciate your patience and understanding during this time. If you have any questions regarding your school menu, feel free to reach out to the cafeteria manager.

Vegetarian salads are offered every day in the salad cooler.

A variety of fruits and vegetables are offered throughout the week : Available on the Fresh Bar and serving lines

Romaine salad mix, cucumber, carrots, cherry tomatoes, celery, broccoli, cauliflower, red & green peppers, apples, oranges, grapes, melon, craisins, raisins, fruit juice, applesauce, garbanzo beans.