



WESTPORT ELEMENTARY SCHOOL

<https://westportschoolsorg.finalsite.com/services/nutrition-services>

September 2022 LUNCH MENU

GRADES 1 - 4

Breakfast Menu Items

Muffins, bagels, cereal, pancakes,
yogurt, cereal bars – milk and juice

Monday	Tuesday	Wednesday	Thursday	Friday
Alternative: Grilled Cheese	30 August Beef Hot Dog on a Roll Baked French Fries Sliced Cucumbers Assorted Fruit Milk	31 August Max Cheese Sticks Fresh Romaine Salad Crispy Baby Carrots Fruit Cup Milk	1 Egg and Sausage French Toast Sticks Vegetarian Baked Beans Fruit Milk	2 No School
5 Labor Day No School	6 Chicken Chow Mein Mein Baked Potato Fries Steamed Green Beans Fresh Fruit Milk	7 Chicken Parmesan Garlic Bread Buttered Noodles Steamed Carrots Assorted Fruit and Milk	8 BBQ Rib Sandwich Vegetarian Baked Beans Dessert of the Week Fruit Cup Milk	9 Domino's Cheese Pizza Cheese Stick Fresh Romaine Salad Fresh Fruit & Milk
12 Beef Hot Dog on a Roll Baked Potato Chips Vegetarian Baked Beans Assorted Fruit Milk	13 Mozzarella Sticks Goldfish Crackers Steamed Carrots Fresh Fruit Milk	14 Meatballs w/Sauce Buttered Noodles Dinner Roll Steamed Green Beans Fresh Fruit and Milk	15 Chicken Patty Sandwich Baked French Fries Dessert of the Week Fruit Cup Milk	16 Domino's Cheese or Pepperoni Cheese Stick Fresh Romaine Salad Fresh Fruit & Milk
19 Italian Grinder Baked Potato Chips Crispy Baby Carrots Assorted Fruit Milk	20 BBQ Pulled Pork Dinner Roll Buttered Noodles Steamed Green Peas Fruit and Milk	21 Cheeseburgers or Hamburgers on a Roll Baked Potato Chips Sliced Cucumbers Fresh Fruit and Milk	22 Sausage Cheese Sandwich Vegetarian Baked Beans Dessert of the Week Fruit Cup Milk	23 Domino's Cheese or Pepperoni Cheese Stick Fresh Romaine Salad Fresh Fruit & Milk
26 Turkey Cheese & Lettuce Wrap Baked Potato Chips Crispy Baby Carrots Fruit and Milk	27 Beef Taco, Soft Wrap Shredded Lettuce & Cheese Sour Cream, Spanish Rice Steamed Beans Fruit and Milk	28 Chicken Nuggets Dinner Roll Creamy Mashed Potatoes Steamed Corn Fruit and Milk	29 Beef Hot Dog on a Roll Baked Potato Chips Celery Sticks Dessert of the Week Fruit and Milk	30 Domino's Cheese or Pepperoni Cheese Stick Fresh Romaine Salad Fresh Fruit & Milk

"This Institution is an equal opportunity provider" -- Menu subject to change due to supply issues!

ALLERGIES: Before placing
your order,
Please, inform your server if
there is a food allergy.

**COMPLETE BREAKFAST &
LUNCHES ARE FREE FOR ALL
STUDENTS until
June 30, 2023!**