

High School Breakfast Menu

October 2022



Menu is subject to change without notice

Contains pork

Vegetarian

For details about ingredients and allergens, please visit [The Titan Family Portal](#) on our website

Milk: 1% white and fat free chocolate served daily.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1. Waffles </p> <p>2. Cereal & Grahams </p> <p>3. Pop-Tarts & Cheese </p> <p>Sides: Mixed Fruit, 100% Juice & Milk</p> <p style="text-align: right;">03</p>	<p>1. Donut Holes </p> <p>2. Cereal & Grahams </p> <p>3. Pop-Tarts & Cheese </p> <p>Sides: Apple Slices, 100% Juice & Milk</p> <p style="text-align: right;">04</p>	<p>1. Breakfast Pizza</p> <p>2. Cereal & Grahams </p> <p>3. Pop-Tarts & Cheese </p> <p>Sides: Bananas, 100% Juice & Milk</p> <p style="text-align: right;">05</p>	<p>1. Breakfast Sandwich</p> <p>2. Cereal & Grahams </p> <p>3. Pop-Tarts & Cheese </p> <p>Sides: Pears, 100% Juice, & Milk</p> <p style="text-align: right;">05</p>	<p>1. French Toast </p> <p>2. Cereal & Grahams </p> <p>3. Pop-Tarts & Cheese </p> <p>Sides: Peaches, 100% Juice, & Milk</p> <p style="text-align: right;">07</p>
<p>1. Bagel & Cream Cheese </p> <p>2. Breakfast Bar </p> <p>3. Mega Muffin </p> <p>Sides: Mixed Fruit, 100% Juice & Milk</p> <p style="text-align: right;">10</p>	<p>1. Breakfast Burrito</p> <p>2. Breakfast Bar </p> <p>3. Mega Muffin </p> <p>Sides: Apple Slices, 100% Juice & Milk</p> <p style="text-align: right;">11</p>	<p>1. Mini Pancakes </p> <p>2. Breakfast Bar </p> <p>3. Mega Muffin </p> <p>Sides: Bananas, 100% Juice & Milk</p> <p style="text-align: right;">12</p>	<p>1. Glazed Cinnamon Bun </p> <p>2. Breakfast Bar </p> <p>3. Mega Muffin </p> <p>Sides: Pears, 100% Juice, & Milk</p> <p style="text-align: right;">13</p>	<p>1. Glazed Donut </p> <p>2. Breakfast Bar </p> <p>3. Mega Muffin </p> <p>Sides: Peaches, 100% Juice, & Milk</p> <p style="text-align: right;">14</p>
<p>No School</p> <p style="text-align: right;">17</p>	<p>1. Breakfast Corn Dog</p> <p>2. Cereal & Cheese Stick </p> <p>3. Yogurt Parfait </p> <p>Sides: Apple Slices, 100% Juice & Milk</p> <p style="text-align: right;">18</p>	<p>1. Breakfast Sandwich</p> <p>2. Cereal & Cheese Stick </p> <p>3. Yogurt Parfait </p> <p>Sides: Bananas, 100% Juice & Milk</p> <p style="text-align: right;">19</p>	<p>1. Mini French Toast </p> <p>2. Cereal & Cheese Stick </p> <p>3. Yogurt Parfait </p> <p>Sides: Pears, 100% Juice, & Milk</p> <p style="text-align: right;">20</p>	<p>1. Cinnamon Rolls </p> <p>2. Cereal & Cheese Stick </p> <p>3. Yogurt Parfait </p> <p>Sides: Peaches, 100% Juice, & Milk</p> <p style="text-align: right;">21</p>
<p>1. Breakfast Burrito</p> <p>2. Breakfast Bar </p> <p>3. Smoothie </p> <p>Sides: Mixed Fruit, 100% Juice & Milk</p> <p style="text-align: right;">24</p>	<p>1. Banana Bread </p> <p>2. Breakfast Bar </p> <p>3. Smoothie </p> <p>Sides: Apple Slices, 100% Juice & Milk</p> <p style="text-align: right;">25</p>	<p>1. Mini Pancakes </p> <p>2. Breakfast Bar </p> <p>3. Smoothie </p> <p>Sides: Bananas, 100% Juice & Milk</p> <p style="text-align: right;">26</p>	<p>1. Breakfast Pizza</p> <p>2. Breakfast Bar </p> <p>3. Smoothie </p> <p>Sides: Pears, 100% Juice, & Milk</p> <p style="text-align: right;">27</p>	<p>1. Glazed Donut </p> <p>2. Breakfast Bar </p> <p>3. Smoothie </p> <p>Sides: Peaches, 100% Juice, & Milk</p> <p style="text-align: right;">28</p>
<p>1. Apple Strudel </p> <p>2. Mega Muffin </p> <p>3. Yogurt Parfait </p> <p>Sides: Mixed Fruit, 100% Juice & Milk</p> <p style="text-align: right;">31</p>	<p>1. Cinnamon Rolls </p> <p>2. Mega Muffin </p> <p>3. Yogurt Parfait </p> <p>Sides: Apple Slices, 100% Juice & Milk</p>	<p>1. Breakfast Rounds </p> <p>2. Mega Muffin </p> <p>3. Yogurt Parfait </p> <p>Sides: Bananas, 100% Juice & Milk</p>	<p>1. Bagel & Cream Cheese </p> <p>2. Mega Muffin </p> <p>3. Yogurt Parfait </p> <p>Sides: Pears, 100% Juice, & Milk</p>	<p>1. Breakfast Sandwich</p> <p>2. Mega Muffin </p> <p>3. Yogurt Parfait </p> <p>Sides: Oranges, 100% Juice, & Milk</p>