

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of The Day	Chicken & Vegetable Broth	Carrot & Lentil	Tomato & Chorizo	Thai Style Vegetable Noodle	Cream Of Vegetable
Main Course 1	BBQ Pulled Pork With Steamed Rice	Chicken & Ham Pie, Creamy Mash Potato	Chicken Wrap, & Potato Waffles	Chicken Tikka Masala With Steamed Rice	Teriyaki Chicken With Leek & Pepper Stir Fry
Main Course 2	Beef Lasagne & Garlic Bread	Baked Potato With Beans & Cheddar Cheese	Braised Beef, Baby Potatoes & Steamed Vegetables	Beef Meatballs In A Tomato Sauce With Spaghetti	Crisp Battered Cod, Chips & Mushy Peas
Vegetarian	Mushroom & Courgette Pasta Bake	Mixed Bean, Butternut Squash & Vegetable Chilli With Rice	Chick Pea & Sweet Potato Curry With Rice	Roasted Vegetables & Noodles In A Garlic & Soy Sauce	Vegetable Chilli Mein