



## LAMPETER-STRASBURG SCHOOL DISTRICT

### **FOOD SERVICES INFORMATION 2022/23**

Welcome to the Lampeter-Strasburg School District! Our food service department offers nutritious breakfast and lunch options for all full-day students and children enrolled in our School Age Child Care (SACC) program. Our meals meet federal and state guidelines.

#### **What Is Available?**

Daily breakfast offerings include 2 servings whole grains or 2 servings meat or 1 of each, 2 servings of fruit and 1 serving milk. Lunch for grades 1-5 includes serving of meat, serving of grain, 2 vegetables, 1 fruit (fresh or canned) and choice of milk. Meat and grain servings are slightly larger for grades 6-8 and includes 2 vegetables, 1 fruit (fresh or canned) and choice of milk. Meat and grain servings are slightly larger for grades 9-12 and includes 2 vegetables, 2 fruits (fresh or canned) and choice of milk. Additional options are available for students in grades 6-12.

#### **How Much Do Meals Cost?**

Breakfast is \$1.75 for grades K-5, \$1.90 for grades 6-8 and \$2.00 for grades 9-12. Lunch is \$2.85 for grades K-5, \$3.00 for grades 6-8, and \$3.25 for grades 9-12. Milk costs \$.60. Free and reduced lunches are available by application. Application can be completed at: <https://www.schoolcafe.com> or you may request a paper copy from any of the school main offices.

#### **What has changed?**

Waivers that allowed all students to eat for free EXPIRED on June 30, 2022. Meals will once again be accounted for as Paid, Reduced or Free. We are encouraging all families to consider applying for Free/Reduced meals. Students will not be allowed to change any ala carte or extra items. They must have money in their accounts to purchase.

#### **How Can I Pay?**

The district has partnered with SchoolCafe for lunch accounts. We urge families with internet access to utilize with <https://www.schoolcafe.com> to deposit money into their children's lunch accounts. Please see L-S website <http://www.l-spioneers.org/Departments/Food-Service> for more information. Alternately, money may be sent with your child (cash or checks) to the attention of the cafeteria staff. Checks should be made payable to L-S Cafeteria.

#### **What Happens at the End of the Year?**

Money left in a student's account will move with that student to the next grade and/or building. If a student is leaving the district, please complete a form for reimbursement available in the school's main office.

#### **Questions?**

Please call or email our food services department for any questions about the programs or concerns about food allergies.