



El Paso County's Early Childhood Council

El Paso County Community Resource Directory

Colorado Shines recognizes child care providers that keep current lists of community resources readily available for participating families. This guide is being provided to families and child care providers by Alliance for Kids, El Paso County's Early Childhood Council. This is not meant to be an exhaustive list and we invite you to forward any valuable resources you feel would be important to include in future editions to MKlamm@allianceforkids.org.

Here are some additional suggestions for expanding the practice of communicating resources to families:

- Highlight some of these directory resources and contacts within a parent newsletter.
- Highlight a few of the most used resources in your community by posting on a bulletin board within classrooms; put a sheet in lockers/cubbies. Include a note that saying, "Here are some resources available to help families in our community. Please let us know if we can do anything to help you access additional resources for your child and family."
- During parent/teacher conferences, have your Community Resource Directory available to show parents. Ask parents if they need assistance with accessing a resource.
- During open houses and other parent events, ask/invite parents who have used resources in the community to share their experiences.
- Ask parents to share community resources that have benefitted their family.
- If your program has a parent group or advisory council, share the Community Resource Directory with members.
- Connect your families with Alliance for Kids and FamilySPEAK (details on next page).

Mission:

The Alliance for Kids will serve as a vehicle that brings together agencies and individuals to work collaboratively on a seamless system of care for young children and their families in El Paso County.



- Allianceforkids.org
- Subscribe to AFK's monthly early childhood newsletter (EC News) from our website.
- Like and follow AFK on Facebook: [@Allianceforkids](https://www.facebook.com/Allianceforkids)
- Follow AFK on Instagram: [@allianceforkids_epc](https://www.instagram.com/allianceforkids_epc)
- Follow AFK on Twitter [@alliance_kids](https://twitter.com/alliance_kids)

Family**SPEAK**

Family Support | Parent Education | Knowledge

Family**SPEAK** is a project of Alliance for Kids.

- FamilySPEAK.org
- Subscribe to the Family**SPEAK** monthly newsletter for families—text **FAMILYSPEAK** to 22828 or subscribe from the website.
- Like and follow Family**SPEAK** on Facebook: [@FamilySPEAK](https://www.facebook.com/FamilySPEAK)

El Paso County Community Resource Directory

GENERAL RESOURCES

Joint Initiatives for Youth and Families (JI) is an integrated network of community-based services and supports collectively serving the needs of children, youth, and their families from prenatal to 21 years of age. The three initiatives are *The Alliance for Kids, Colorado Youth Detention Continuum, and Reach Collaborative Management Program*.

Alliance for Kids (AFK) is El Paso County's Early Childhood Council (a collaborative Council operating under the nonprofit, *Joint Initiatives for Youth and Families*). AFK's Council outlines a Strategic Plan that is executed by AFK staff in collaboration with its three committees aligned with the Early Childhood Colorado Framework: Learning & Development, Family Support & Education, and Health & Well-Being. **719.634.8045**

FamilySPEAK (formerly Parenting Matters), managed by AFK under the guidance of the Family Support & Education Committee, provides parenting resources and support to strengthen parent connections within your programming. **719.466.0099**

Child Care Resource and Referral (CCR&R) is the hub of child care information in your local area and can provide you and your family with information on quality child care and personalized referrals for providers based on your specific needs/preferences. **1.877.338.2273**

Translation Services for ECE professionals:

GlobeLink: Interpretation and translation various languages. **719.532.0300**

ASI, Inc.: Interpretation and translation various languages. **719.314.1699**

Prontocom: Interpretation and translation for Spanish. **719.578.0331**

Sign Language Network: **719.599.4517**

HEALTH & BEHAVIOR SUPPORTS | SAFETY RESOURCES

AspenPointe provides behavioral health care for individuals and families. They accept Medicaid. **719.572.6100**

Health First Colorado is Colorado's Medicaid Program, offering dental (DentaQuest) & medical coverage. [Apply online](#).

Child Health Plan Plus (CHP+) is Colorado's low-cost health & dental insurance (DentaQuest) for eligible children and pregnant women. It's for people who earn too much to qualify for Colorado's Medicaid Program, but not enough to pay for private health insurance. [Apply online](#).

Peak Vista Community Health Centers is a nonprofit Federally Qualified Health Center providing medical, dental, pharmacy, and behavioral health care for all ages. Uninsured receive care on an income-based sliding scale; Medicaid is accepted. Call **719.632.5700** for their customer service & nurse line for non-urgent medical needs 24/7.

First Visitor provides *free*, one-on-one support for moms and dads with children ages birth to three, in the comfort of their own home. **719.632.5700**



For those accessing the print version of this document, a listing of the web addresses is provided on the last page.

El Paso County Community Resource Directory

HEALTH & BEHAVIOR SUPPORTS | SAFETY RESOURCES

[Ronald McDonald Care Mobile](#) delivers free medical and dental services to children birth-21 in their own neighborhood. **719.866.6789**

[Peak View Behavioral Health](#) provides behavioral health care to patients and families through both inpatient and outpatient care. For a free 24/7 confidential assessment, call **719-444-8484**.

[The Resource Exchange \(TRE\)](#) provides early intervention services at *no cost* to families who have a **child under three** with a developmental delay. **719.577.9190**

Behavior Supports (TRE): An Early Childhood Specialist will come to the child care center, family child care home, or preschool for assessments and meetings, and/or meet parents in their home to provide coordinated services for families and providers of children birth-eight years old who are showing disruptive behaviors in a school setting. When calling **719.577.9190** for this **free** resource, please have the following information ready:

Child Specific—The name of provider and teacher, provider address, child’s name and DOB, parent name(s), address, and phone, and primary concern or need.

General Classroom – Provider name and address, teacher name, primary concern or need.

Child Find: Services, including preschool, are provided at *no cost* to families for **children age three and up** with developmental delays. First, you will need to know the school district where you live. Visit [GreatSchools](#), search by zip code to determine your school district and call to confirm.

Child Find phone numbers per school district:

D2	Harrison	719.579.2000
D3	Security-Widefield	719.391.3375
D8	Fountain-Ft Carson	719.304.3550
D11	Colorado Springs	719.520.2542
D12	Cheyenne Mountain	719.475.6140
D20	Academy	719.234.1755
D38	Lewis Palmer	719.757.1435
D49	Falcon	719.494.8751
	Pikes Peak BOCES*	719.622.2080
	Ute Pass BOCES**	719.685.2640

*Pikes Peak BOCES: El Paso County: Calhan RJ1, Edison 54JT, Ellicott 22, Hanover 28, Miami-Yoder 60Jt, Peyton 23

**Ute Pass BOCES: D14 Manitou Springs, Cripple Creek-Victor, Woodland Park

[Special Kids Special Families/Zach’s Place](#) (SKSF) is a Colorado non-profit 501(c)3 organization. SKSF was founded in 1998 to provide respite and care for children and adults with disabilities and special needs. Various programs offer community support services to families and are designed to meet the needs of individuals with disabilities throughout their life span.

El Paso County Community Resource Directory

HEALTH & BEHAVIOR SUPPORTS | SAFETY RESOURCES

[Colorado Springs Speech Therapy](#) offers speech, physical and occupational pediatric therapy. Doctor referrals are required and Medicaid is accepted. **719.332.4689**

[Shandy Clinic](#) offers speech, physical, and occupational pediatric therapy. Doctor referrals are required and Medicaid is accepted. **719.597.0822**

[Colorado Child Abuse and Neglect](#) is an anonymous hotline to report suspected child abuse and neglect. **844.264.5437** or Childabusereport@elpasoco.com

[TESSA](#) provides a variety of services and supports to individuals who are experiencing or have experienced domestic abuse. Services include Safe Houses, Victim Advocacy, and Counseling for Women and Children. **24-Hour Crisis Line: 719.633.3819**

[El Paso County Health:](#)

[El Paso County Community Assets for Youth Development](#) document identifies assets in our community including collaborations, programming, and resources that promote protective factors for youth.

[Women, Infant and Children Program \(WIC\)](#) provides qualifying women and children with supplemental food, education on nutrition topics, and referrals to community programs. For an appointment, call **719.578.3199**.

[Nurse Family Partnership \(NFP\)](#) provides in-home visits that improve the health, well-being, and self-sufficiency of low-income, first-time parents and their children in El Paso and Teller counties. Home visits begin with women during pregnancy and continue until their child is two years old.

[Additional services offered](#) include immunizations, the Family Planning Clinic, and screenings for your child's development and special health care needs.

[Lutheran Family Services, The SafeCare Colorado Program](#) offers in-home, voluntary services that support families in gaining skills to provide a safe home, address child health needs, and engage in positive interactions with their children ages five and under. Families can choose to start with one SafeCare® topic, which takes about six sessions to complete, before deciding if they want to continue with the other topics. Completing the entire program typically takes four to six months. **719.368.7005**

[Safe Kids Colorado Springs and Children's Hospital Colorado](#) offers car seat clinics, safety checks, and free or reduced cost car seats. Colorado state law requires that children ride in a federally approved car seat or booster that is appropriate for the child's age, height, and weight. Visit [Colorado Department of Transportation](#) for specific guidelines and FAQs. **719.305.7233**

[Marijuana Education & Resources:](#) The State of Colorado provides a Resource Guide, fact sheets from the Colorado Department of Public Health, data, and additional resources.

[Speak Now](#) provides tips for parents on how to talk to youth of all ages about substance abuse.

[Safe2Tell](#) provides a way to anonymously report anything that concerns or threatens you, your friends, your family or your community. You may call **1-877-542-7233** or submit a report online.

El Paso County Community Resource Directory

ASSISTANCE RESOURCES

2-1-1 Information & Referral: Dial **2-1-1** and speak to a specialist 8 am—8 pm Monday through Friday to find the right resource or login online and search their database for food pantries, meal programs, employment, utility assistance, rental assistance, and more.

El Paso County Department of Human Services administers the Supplemental Nutrition Assistance Program (**SNAP**) benefits (formerly the Food Stamp Program). Low-Income Energy Assistance Program (**LEAP**) provides heating assistance. Temporary Assistance for Needy Families (**TANF**) provides cash assistance to low-income families with a dependent child in the home. Colorado Child Care Assistance Program (**CCCAP**) provides subsidies to low-income families for child care. View their **handbook** or visit their **website** for details, eligibility, phone numbers and descriptions of these and other public assistance programs available to eligible low-income individuals and families.

CAREER & EMPLOYMENT RESOURCES

Discover Goodwill is a full-service employment agency & job skills training assistance program. **719.635.4483**

Pikes Peak Workforce Center (PPWC) can help match your skills and background with job openings in your area. They provide resources for career transitions, career guidance, and provide education and training. **719.667.3700**

Women's Resource Agency (WRA) assists teenage girls and adult women in need of professional clothing, career building workshops, and other employment training. **719.471.3170**

FAMILY SUPPORT & PARENT EDUCATION

Catholic Charities offers resources for families on parenting education, counseling, immigration services, pregnancy support, and adoption services. **719.636.2345**

Pikes Peak Public Library District is your local library. View their **Event Calendar** **719.531.6333**

Strengthening Families Concrete Support in Times of Need is one of the five protective factors. By providing information to parents, and helping them to access these resources you are helping families build this factor. **FamilySPEAK** is committed to connecting families to resources in El Paso County. **719.466.0099 or 719.634.8045**

The Center on Fathering provides a 15-session program which teaches dads to be more actively and positively involved in their child's development. They also offer a 10-session program which gives dads a unique, father-oriented way to deal with conflict in their lives. They offer a 12-week class to assist incarcerated fathers in preparing to resume or begin a positive path of fatherhood once they are released from jail or prison. Additionally, they offer a 13-week class for dads who have past or current issues with domestic violence. **1-800-693-2334 or (719) 634-7797**

El Paso County Community Resource Directory

FAMILY SUPPORT & PARENT EDUCATION

[Bright by Three](#) is a parent-friendly website and curriculum giving parents guidance on development from birth to three. [Bright by Text](#) is a free text messaging service that helps give your child a bright beginning. For English, [text BRIGHT](#) to **444999**; para Español, [textea BRILLANTE](#) a **444999**.

[Early Learning and Developmental Guidelines \(ELDGs\)](#) are a valuable resource for caregivers to better understand child development. Check out their brief videos specifically addressing the development of babies and children ages birth-eight.

[The Arc Pikes Peak Region](#) promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the communities of the Pikes Peak region, through education, a guardianship program, advocacy, and social events. In 2020, The Arc Pikes Peak Region will open an inclusive personal development center called Building for Change, featuring a teaching kitchen, library, computer lab, multi-purpose room, and more, for people with intellectual and developmental disabilities and their families. They also ensure that students with disabilities receive the services and accommodations they need, and that parents know their rights in the [Individualized Education Plan \(IEP\)](#) process. Educational advocates work to de-mystify the Special Education process and assist your family in [504](#) and IEP meetings; help you understand your rights under the [Individuals with Disabilities Act \(IDEA\) Laws](#); help you navigate education programs for your child with disabilities, from early intervention to transition; provide free, monthly parent workshops to explain the best methods and procedures to help your child; and create inclusive school environments through comprehensive IEPs.

[Zero To Three's](#) approach to parent education is based on the belief that parents are the true experts on their children, and that there is no "one-size-fits-all" approach to raising children. The information and tools they offer are designed to support parents in developing their own ways to promote their children's growth and development.

[Vroom](#) turns shared moments into brain building moments. Whether its mealtime, bath time, or anytime in between, there are always ways to nurture our children's growing minds. Download this free app for daily tips to help build your child's brain.

[Center on the Social and Emotional Foundations for Early Learning \(CSEFEL\)](#) is focused on promoting the social emotional development and school readiness of young children birth to age 5. Family tools and training modules are available.

[Reading Success Movement](#) can help your child become a successful reader. Learn the secrets of how fun and engaging Read-Talk-Play activities can give your child the magic of reading.

[Read Aloud](#) is a national campaign to encourage 15 minutes of reading daily. Reading is the "single most important activity" parents can do to prepare their child for learning.

[Love Talk Play](#) addresses how to make the most of a parents role as their child's first teacher. Learn more about how love, talk, and play are important to your child's development.

[Colorado School for the Deaf and Blind \(CSDB\)](#) is a state-funded school within the Colorado Department of Education. The school was established for the purpose of providing comprehensive educational services for children, birth to age 21, who are blind/visually impaired and/or deaf/hard of hearing. Services are provided directly to students enrolled at the school, and outreach programs serve students, staff, and families in communities throughout Colorado. **719.578.2100**

El Paso County Community Resource Directory

FAMILY SUPPORT & PARENT EDUCATION

[Colorado Department of Education](#) has put together general and specific resources to assist with information about issues regarding children and youth in the state and are available from various Colorado government agencies. Print publications may also be borrowed.

[Colorado Parks & Recreation](#) offers “Things to Do” in our community. Check out the center event information and summer/after school programming for school aged children. Additionally, you’ll find listings for sports, public pools, spray park, ice rinks, hiking trails, The Therapeutic Recreation Program (TRP) and more.

[Parents Challenge](#) is a program dedicated to helping parents learn about their education options for their children Kindergarten through Senior year in high school. Qualifying participants can receive reimbursement for educational costs. **719.306.8557**

[Kidpower of Colorado](#) offers comprehensive safety education programs in several formats for children 4-18 and parents. Kidpower programs are developmentally and culturally appropriate; local classes are delivered in English, Spanish, and Sign Language. **719.520.1311**

[Peak Military Care Network](#) connects our community’s military service members, veterans, and their families to the highest quality resources provided by our trusted community partners. Service members, veterans, and family members are able to receive help from PMCN by phone, online or in person. **719.577.7417**

[Army Community Services](#): *Free Services* for military and dependents:

- **Boot Camp for New Dads:** This three-session program offers tips to fathers on subjects including becoming a dad, caring for baby, and caring for mom.
- **Baby Nurturing: Newborn to 18 months:** Age-appropriate topics each week with gross motor enhancement through songs and dance. Sensory enrichment through arts and crafts. Nurturing the child as well as the parent. Creating community for families.
- **Toddler Time:** Age-appropriate topics each week. Gross motor enhancement through songs and dance. Sensory enrichment through arts and crafts. Nurturing the child as well as the parent. Creating community for families.
- **Nurturing Programs: The 0-5 and 5-12 Programs** teach parents to be nurturing to their children as well as themselves. Topics include communication with your child, how to build your child’s self-esteem, behavioral management, and much more.
- **Cooperative Parenting & Divorce:** Create a positive parenting partnership on behalf of your child (or children), negotiate child-friendly agreements, remain child-focused, and much more. This program may meet or exceed the requirements of most divorce court-mandated education.
- **Single Parent Support Group:** This group offers an opportunity to come together and provides single parents with a much needed break. Educational topics discussed during meetings include supporting your children, yourself, and finding available resources to your unique situation. Spouses of deployed soldiers are welcome to attend.

El Paso County Community Resource Directory

COURT-ORDERED AND APPROVED SERVICES

Court Appointed Special Advocates (CASA) Children and Families in Transition Seminar (CFIT): Court-Ordered Supervised Exchanges and Supervised Parenting Time (**SEPT**) in cases of domestic violence, stalking, high conflict divorce and separation and Co-Parenting Classes. In El Paso and Teller Counties, **CFIT** is required for all divorcing parents and allocation of parental responsibility cases of children birth -18, within 45 days of filing and before final orders can be set. There will be a video shown that highlights the effects of the separation of parents on children and how to reduce negativity and help your child/ren in a proactive and positive manner. There will be an attorney and a mental health professional volunteering during their time at the class (brief Q&A). Medicaid accepted and prices are based on income. **719.477.9898**

Centro de la Familia: *Strengthening Families Counseling/Advocacy* provides free individual, family, couples, adolescent, and child-play therapy for adults and children with significant mental health, emotional, behavioral, or crisis-oriented challenges needing resolution beyond basic advocacy. *For Spanish Speakers.* **(719) 227-9170**

- ***Raising Children*** is a culturally relevant program to strengthen families while maintaining the family unit and ensuring the safety of children in the home; keeping families out of the legal/social services systems.
- ***Yes I can!*** Provides an array of social services to Hispanic women and their children who are victims of domestic violence: support group, crisis intervention, personal/legal advocacy, a 24-hour emergency hotline, and individual counseling. There is also a parallel program which provides a children's therapeutic playgroup and child-play therapy for the children who have witnessed domestic violence or abuse to further enhance the healing process and increase family stability.

COURT-APPROVED CO-PARENTING CLASSES

Family Resource Network and Kaleidoscope Counseling:

- Supervised Parenting Time
- Separation & Divorce Classes
- Mediation/CFI
- Family Preservation
- Parent/Child Interactions (*Nurturing Parenting Classes*)
- Costs vary, **(719) 227-7477**, 6285 Lehman Drive, Suite 101, COS, CO 80918

Front Range Collaborative Co-Parenting: Joyce Miller, LPC, & Susan Swank, PsyD, LP

- High Conflict Co-Parenting (Levels 3 & 4), Children's Therapy, Reintegration Therapy, Parent- Child Interactions
- Please visit website for a detailed description of services. Both parents must attend co-parenting class which is eight weeks.
- Call for pricing (approximately \$85 per person): Susan Swank, PsyD, LP, **(719) 439-5683**, or Joyce Miller, LPC, **(719) 337-1795**

El Paso County Community Resource Directory

COURT-APPROVED CO-PARENTING CLASSES

Janet Jones, LPC

- Court-Ordered Level 2 Parenting Classes
- Monthly classes: *For the Kids: Co-Parenting Workshop*
- Call for pricing, Janetjoneslpc@comcast.net, (719) 533-1088 5555 Erindale Drive, Suite 203, Colorado Springs, CO 80918

Parenting Center LLC, Janice Black, LCSW

- Co-Parenting Classes
- Child & Family Investigator
- Parental Responsibilities Evaluator
- Family Arbitrator Parent-Child Interactionals
- Supervised and Therapeutic Visitations Provider
- Psychological Testing
- Also teaches *Active Parenting Now* and *Birth to Three Years* parenting
- Call for pricing www.janiceblack.com, (719) 201-0887, Contact@JaniceBlack.com

Dependency and Neglect Notes:

- Parents can request that a CASA (Court Appointed Special Advocate) be assigned to their case.
- Parents can request that a CFI (Child Family Investigator) be assigned to their case.
- Parents can request that a CLR (Child Legal Representative) be assigned to their case.

El Paso County Community Resource Directory

General Resources

Joint Initiatives for Youth & Families: jointinitiatives.org

Alliance for Kids: allianceforkids.org

FamilySPEAK: familyspeak.org

CCR&R: allianceforkids.org

Translation Services:

globelinkflc.com

asi-languageservices.com

prontocom.us

signlanguagenetwork.com

Health & Behavior Supports | Safety Information

AspenPointe: aspenpointe.org

Health First Colorado: healthfirstcolorado.com

CHP+: colorado.gov/pacific/hcpf/child-health-plan-plus

Peak Vista Community Health Centers: peakvista.org

Peak Vista First Visitor: bit.ly/34zynDp

Ronald McDonald Care Mobile: bit.ly/2Ewf4A5

Peak View Behavioral Health: peakviewbh.com

The Resource Exchange: TRE.org

GreatSchools: greatschools.org

Special Kids Special Families: sksfcolorado.org

Colorado Springs Speech Therapy: colorado-springs-speech-therapy.com

Shandy Clinic: shandyclinic.com

CO4Kids: co4kids.org

TESSA: tessacs.org

EPC Public Health: elpasocountyhealth.org

EPC Community Assets for Youth Development: bit.ly/2SbUHjA

WIC: elpasocountyhealth.org/service/wic

Nurse Family Partnerships: bit.ly/38LwVkB

Lutheran Family Services Rocky Mountains: bit.ly/2txcPdF

Safe Kids Colorado Springs and Children's Hospital Colorado: safekids.org/coalition/safe-kids-colorado-springs

Colorado Department of Transportation: bit.ly/2S0J1jQ

Marijuana Education & Resources: bit.ly/2S4CpB1

Speak Now: speaknowcolorado.org/speak-now-heres-how/

Safe2Tell: safe2tell.org

Assistance Resources

Pikes Peak United Way 2-1-1: ppunitedway.org/2-1-1

El Paso County DHS: dhs.elpasoco.com

EPCDHS Assistance Programs:

humanservices.elpasoco.com/assistance-programs

Career & Employment Resources

Discover Goodwill Jobs: discovergoodwill.org/jobs

Pikes Peak Work Force Center: ppwfc.org

Women's Resource Agency: wrainc.org

Family Support & Parent Education

Catholic Charities: ccharitiescc.org

Pikes Peak Library District: ppld.org

The Protective Factors Framework: bit.ly/2twkyJ0

Center on Fathering: humanservices.elpasoco.com/center-on-fathering

Bright by Three: brightbythree.org

Early Learning & Development Guidelines:

earlylearningco.org/parents-caregivers

The Arc Pikes Peak Region: thearcppr.org

Zero to Three: zerotothree.org

Vroom: joinvroom.org

Center on the Social and Emotional Foundations for

Early Learning: csefel.vanderbilt.edu/resources/family.html

Reading Success Movement: trsmovement.org

Read Aloud 15 Minutes: readaloud.org

Love Talk Play: lovetalkplay.org

Colorado School for the Deaf & Blind: csdb.org

Resources from CO State Government Agencies:

cde.state.co.us/stateinfo/slstpfocusbiblio

Parks & Recreation Department: coloradosprings.gov/parks

Parents Challenge: parentschallenge.org

Kid Power of Colorado Springs: kidpowercs.org

Peak Military Care Network: pmcn.org

Army Community Service: carson.armymwr.com/programs/army-community-service

Court-Ordered and Approved Services

CASA of the Pikes Peak Region: casappr.org

Supervised Exchanges & Parent Time: casappr.org/programs/supervised-exchange-parenting-time-sept/

CFIT: casappr.org/cfit

Centro de la Familia: centro.ws

Family Resource Network: Familyresourcenetworkco.com

Front Range Collaborative Co-Parenting:

frontrangelcollaborativeco-parenting.com

Janice Black: Janiceblack.com



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Allianceforkids.org | 719.634.8045 | 2335 Robinson St., Colorado Springs