

# SEPTEMBER | 2022



## Sidney High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
5	6 Popcorn Chicken w/Roll OR Fish Sandwich California Blend Veggies Fruit Milk	7 Gen Tso Chicken OR Sweet-n-Sour Meatball Rice Bowl Broccoli Fruit Milk	8 Cheese Pizza OR Meatball Sandwich Potato Wedges Cook's Choice Veggie Fruit Milk	9 Walking Taco OR Taco Triangles Refried Beans Shredded Lettuce Fruit Milk
12 Breakfast Sandwich OR Spicy Chicken Sandwich Tater Tots Ketchup & Mustard Fruit Milk	13 Chicken Tenders OR BBQ Pulled Pork Nachos Romaine Salad Cucumbers Fruit Milk	14 Foot Long Hot Dog OR BBQ Rib Sandwich Baked Beans Potato Chips Fruit Milk	15 Chicken & Waffle OR Ham & Cheese Wrap Baby Carrots Syrup or Mayo Fruit Milk	16 Turkey Noodle OR Salisbury Steak Dinner Roll w/Butter Green Beans Fruit Milk
19 Toasted Cheese Sandwich OR Pork Patty Sandwich Tomato Soup Pickle Spear Fruit Milk	20 Chicken Potato Bowl OR Fish Sticks Mashed Potato Corn Fruit Milk	21 Cowboy Burger OR Turkey BLT Slaw Tomato Slices Fruit Milk	22 Pepperoni Pizza OR Italian Sub Iceberg Salad Carrot Sticks Fruit Milk	23 Mac & Cheese OR Ravioli Breadstick Broccoli Fruit Milk
26 BBQ Pulled Pork Sandwich OR Sloppy Joe Sandwich French Fries Ketchup Fruit Milk	27 Chicken Alfredo OR Chicken Fries Carrot Coins Celery Sticks Fruit Milk	28 Pizza Rippers OR Cheese Quesadilla Refried Beans Cook's Choice Veggie Fruit Milk	29 Bacon Cheeseburger OR Breaded Chicken Sandwich Baked beans Cook's Choice Veggie Fruit Milk	30 paghetti w/Meat Sauce OR Spicy Chicken Tenders Breadstick Romaine Salad Fruit Milk

### News

**MENU IS SUBJECT TO CHANGE**

#### Daily Choice

First two menu items are the entrée choice. Students may choose one of these  
OR PB&J Sandwich  
OR salad bar

Fresh fruit is available daily.

#### Prices

Breakfast - \$1.50  
Lunch - \$2.70  
Reduced - \$.40  
Milk - \$.50

Students who qualify for free OR reduced meals receive a free breakfast.

#### Building Contacts

High School 937-497-2238  
Food Services 937-497-2238  
ext. 1166

Free/Reduced Application online at [lunchapplication.com](http://lunchapplication.com)

Make payments easily & safely using [K12PaymentCenter.com](http://K12PaymentCenter.com)

Non-Discrimination Statement:  
This institution is an equal opportunity provider.

# OCTOBER | 2022

## Sidney High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 NO SCHOOL	4 Popcorn Chicken w/Roll OR Fish Sandwich California Blend veg. Fruit Milk	5 Gen Tso Chicken OR Sweet-n-Sour Meatball Rice Bowl Broccoli Fruit Milk	6 Cheese Pizza OR Meatball Sandwich Potato Wedges Cook's Choice Veggie Fruit Milk	7 Walking Taco OR Taco Triangles Refried Beans Shredded Lettuce Fruit Milk
10 Breakfast Sandwich OR Spicy Chicken Sandwich Tater Tots Ketchup & Mustard Fruit Milk	11 Chicken Tenders OR BBQ Pulled Pork Nachos Romaine Salad Cucumbers Fruit Milk	12 Foot Long Hot Dog OR BBQ Rib Sandwich Baked Beans Potato Chips Fruit Milk	13 Chicken & Waffle OR Ham & Cheese Wrap Baby Carrots Syrup OR Mayo Fruit Milk	14 Turkey Noodle OR Salisbury Steak Dinner Roll w/Butter Green Beans Fruit Milk
17 Toasted Cheese Sandwich OR Pork Patty Sandwich Tomato Soup Pickle Spear Fruit Milk	18 Chicken Potato Bowl OR Fish Sticks Mashed Potatoes Corn Milk	19 Cowboy Burger OR Turkey BLT Slaw Tomato Slices Fruit Milk	20 Pepperoni Pizza OR Italian Sub Iceberg Salad Carrot Sticks Fruit Milk	21 REMOTE LEARNING No Meals Served
24 BBQ Pulled Pork Sandwich OR Sloppy Joe Sandwich French Fries Ketchup Fruit Milk	25 Chicken Alfredo OR Chicken Fries Carrot Coins Celery Sticks Fruit Milk	26 Pizza Rippers OR Cheese Quesadilla Refried Beans Cook's Choice Veggie Fruit Milk	27 Bacon Cheeseburger OR Breaded Chicken Sandwich Baked beans Cook's Choice Veggie Fruit Milk	28 Spaghetti w/Meat Sauce OR Spicy Chicken tenders Breadstick Romaine Salad Fruit Milk
31 Stromboli OR Pizza Burger Sandwich Marinara Sauce Sweet Potato Fries Fruit Milk	1	2	3	4

### News

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Fresh fruit is available daily.

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# NOVEMBER | 2022



## Sidney High School

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

31	1 Popcorn Chicken w/Roll OR Fish Sandwich California Blend Veggies Fruit Milk	2 Gen Tso Chicken OR Sweet-n-sour Meatball Rice Bowl Broccoli Fruit Milk	3 Cheese Pizza OR Meatball Sandwich Potato Wedges Cook's Choice Veggie Fruit Milk	4 Walking Taco OR Taco Triangles Refried Beans Shredded Lettuce Fruit Milk
7 Breakfast Sandwich OR Spicy Chicken Sandwich Tater Tots Ketchup & Mustard Fruit Milk	8 Chicken Tenders OR BBQ Pulled Pork Nachos Romaine Salad Cucumbers Fruit Milk	9 Foot Long Hot Dog OR BBQ Rib Sandwich Baked Beans Potato Chips Fruit Milk	10 Chicken & Waffle OR Ham & Cheese Wrap Baby Carrots Syrup OR Mayo Fruit Milk	11 Turkey Noodle OR Salisbury Steak Dinner Roll w/Butter Green Beans Fruit Milk
14 Toasted cheese Sandwich OR Pork Patty Sandwich Tomato Soup Pickle Spear Fruit Milk	15 Chicken Potato Bowl OR Fish Sticks Mashed Potatoes Corn Fruit Milk	16 Cowboy Burger OR Turkey BLT Slaw Tomato Slices Fruit Milk	17 Pepperoni Pizza OR Italian Sub Iceberg Salad Carrot Sticks Fruit Milk	18 Mac & Cheese OR Ravioli Breadsticks Broccoli Fruit Milk
21  REMOTE LEARNING No Meals Served	22  FALL BREAK	23	24	25
28 Stromboli OR Pizza Burger Sandwich Marinara Sauce Sweet Potato Fries Fruit Milk	29 Popcorn Chicken w/Roll OR Fish Sandwich California Blend Veggies Fruit Milk	30 Gen Tso Chicken OR Sweet-n-Sour Meatball Rice Bowl Broccoli Fruit Milk	1	2

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# DECEMBER | 2022

## Sidney High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 Cheese Pizza OR Meatball Sandwich Potato Wedges Cook's Choice Veggie Fruit Milk	2 Walking Taco OR Taco Triangles Refried Beans Shredded Lettuce Fruit Milk
5 Breakfast Sandwich OR Spicy Chicken Sandwich Tater Tots Ketchup & Mustard Fruit Milk	6 Chicken Tenders OR BBQ Pulled Pork Nachos Romaine Salad Cucumbers Fruit Milk	7 Foot Long Hot Dog OR BBQ Rib Sandwich Baked Beans Potato Chips Fruit Milk	8 Chicken & Waffle OR Ham & Cheese Wrap Baby Carrots Syrup or Mayo Fruit Milk	9 Turkey Noodle OR Salisbury Steak Dinner Roll w/Butter Green Beans Fruit Milk
12 Toasted Cheese Sandwich OR Pork Patty Sandwich Tomato Soup Pickle Spear Fruit Milk	13 Chicken Potato Bowl OR Fish Sticks Mashed Potatoes Corn Fruit Milk	14 Cowboy Burger OR Turkey BLT Slaw Tomato Slices Fruit Milk	15 Pepperoni Pizza OR Italian Sub Iceberg Salad Carrot Sticks Fruit Milk	16 Mac & Cheese OR Ravioli Breadsticks Broccoli Fruit Milk
19 WINTER BREAK	20	21	22	23
26 WINTER BREAK	27	28	29	30

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