

# URSULINE ACADEMY BOWLING 2022-23

**Coach: Todd Baker**

**Email: plumbertb@gmail.com**

## Pre-season Bowling

Location: Crossgate Lanes  
Time: 3:30 – 5:00 (2 games)  
Dates: Starting in September - TBA  
  
Cost: TBD

Anyone interested in bowling is welcome to attend the pre-season sessions listed above. This is a great opportunity to meet friends and start getting ready for tryouts.

## Tryouts

**Tryouts are mandatory for all teams** and student/athletes at any grade level may be cut. Anyone interested in participating on any UA team must attend the tryout sessions. Any injury or sickness that prohibits someone from trying out must be documented by a physician and approved by the Athletic Director prior to tryouts. Students will not be placed on teams or receive a uniform for pictures until they have had an official tryout.

**Tryouts Begin: Monday, Nov 7 (expect 2-3 days)**  
**(If you are in the fall musical, this must be communicated with the coach and the Athletic Dept prior to tryouts)**

**Time: 3:30 – 5:00**

**Location: Crossgate Lanes**

## MATCHES AND PRACTICES

Once selected to a UA team all student/athletes are expected to attend all practices and matches. The schedule will be online by mid October. We will schedule 16 matches and our practices will be set once Crossgate determines the high school practice schedule. Expect to have bowling 3-4 times a week.

**Time: 3:30 -5:00**

**Location: Crossgate Lanes**

## FORMS

Get your physical scheduled now if you have not had one. All Students interested in trying out must have their OHSAA physical turned in to the **Athletic Office by Friday, October 14<sup>th</sup>**.

- **OHSAA Physical forms are available on the website on Final Forms.**
- **The remaining forms can be found on Final Forms. Please log in and make sure you indicate what sport you plan on trying out for.**

## ***Important Winter Dates..... if you make the team:***

**Team Pictures:** Monday, November 14, 2022 beginning @ 5:45 in the main Gym

**Parent Night:** Monday, November 14, 2022 @7pm (OHSAA Requirement – Mandatory for one parent & the student/athlete)

**Awards Night:** Monday, March 6, 2023

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## **OTHER THINGS TO BE MINDFUL OF WHEN TRYING OUT**

### ***Co-curricular Choices***

Be mindful that coaches will not be making exceptions for other co-curricular activities that are sponsored by Ursuline. This includes but is not limited to UA trips, club meetings, service activities, detention & other schools' activities.

### ***Vacations (Not permitted once a student/athlete is selected to a team)***

**Winter Teams.....**Based on the team's schedule, coaches will allow for at least 2 – 3 days off over the holiday break. These days will be determined and approved by the coaches. Teams will not practice on Christmas or New Year's Day.

**Uniform & Equipment Needed:** School will issue uniform Polos. If you make the team, you will need: Black Pants (not tights or leggings), bowling shoes, and a bowling ball. There is a bowling store connected to Crossgate – "Dave's World of Bowling" that offers a customized ball, bag, & shoe package.

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