

*Christian Catering Company  
Highlands School  
September 2022 Menu*

Order at: [christiancatering.schoollunchchoice.com](http://christiancatering.schoollunchchoice.com)  
Order Deadline Monday, August 31<sup>st</sup>

**Do not wait until the last day to order. The system times out when there are many orders trying to be placed at once. We service several schools that use this system. We have reported this to the company that services the system but it still seems to be a problem. We apologize for the inconvenience. We suggest getting your order in well before the deadline to avoid this problem.**

**There are 22 days on the menu. If you order every day, be sure you made a selection for each day. Do not send your child to school without a lunch or without ordering.**

**You may not order extras without ordering the entrée FIRST. The only exceptions are Milk, French Fries, Tater Tots and Cookies. You will be billed for a meal if you only order the extras.**

**Everyday Menu Items**

Entrée Salad – Fresh Greens, Assortment of Toppings, Protein & Fruit

Grilled Chicken Sandwich, Potato Chips, Fresh Raw Veggies & Fruit

Crispy Chicken Sandwich, Potato Chips, Fresh Raw Veggies & Fruit

Sliced Turkey Breast on Wheat w/Cheese or Turkey w/NO Cheese, Potato Chips, Fresh Raw Veggies & Fruit

Warm PLAIN Bagel or BLUEBERRY Bagel w/Cream Cheese, Mini Yogurt Parfait & Fruit

Grilled Cheese Sandwich, Potato Chips, Fresh Raw Veggies & Fruit

Turkey Corn Dog, Potato Chips, Fresh Raw Veggies & Fruit

Veggie Burger, Potato Chips, Fresh Raw Veggies & Fruit

Wow Butter (No-nut spread) & Grape Jam Sandwich, Potato Chips, Fresh Raw Veggies & Fruit

White Milk

Bottled Water

TH 9/1	Pasta & Meatballs (Pork Free Meatballs), Italian Green Beans, Yeast Roll & Fruit Buttered Pasta, Italian Green Beans, Yeast Roll & Fruit Meatball Sub (Pork Free Meatball), Potato Chips, Fresh Raw Veggies & Fruit Extra Buttered Pasta                      2 Extra Meatballs
F 9/2	<b>8<sup>th</sup> Grade Do Not Order – Leadership Retreat</b> <b>8<sup>th</sup> Grade Do Not Order – Leadership Retreat</b> Large Slice of Cheese Pizza, Pasta Salad & Fruit Large Slice of Turkey Pepperoni Pizza, Pasta Salad & Fruit Large Slice of Veggie Pizza, Steamed Pasta Salad & Fruit 1 Extra Slice of Cheese Pizza    1 Extra Slice of Pepperoni Pizza    1 Extra Slice of Veggie Pizza Cookie Friday! Extra Large Chocolate Chip Cookie
T 9/6	Homemade Macaroni & Cheese, Glazed Carrots & Fruit Popcorn Chicken, Mashed Potatoes, Glazed Carrots & Fruit 5 Extra Popcorn Chicken                      10 Extra Popcorn Chicken    Extra Mac & Cheese
W 9/7	Fish Sticks, French Fries, Cole Slaw & Fruit All Beef Hot Dog, French Fries, Cole Slaw & Fruit All Beef Chili Dog, French Fries, Cole Slaw & Fruit Extra Hot Dog/Chili Dog    Large Order of Fries    Extra Fish Stick
TH 9/8	Sesame Chicken over Rice, Steamed Broccoli & Fruit Chicken Nuggets(All White Meat), Rice, Steamed Broccoli, Fruit Chicken Tender Wrap, French Fries, Cole Slaw & Fruit 1 Extra Chicken Nugget                      2 Extra Chicken Nuggets                      Extra Sesame Chicken
F 9/9	Large Slice of Cheese Pizza, Steamed Corn, Fresh Carrots & Fruit Large Slice of Turkey Pepperoni Pizza, Steamed Corn, Fresh Carrots & Fruit Large Slice of Veggie Pizza, Steamed Corn, Fresh Carrots & Fruit 1 Extra Slice of Cheese Pizza    1 Extra Slice of Pepperoni Pizza    1 Extra Slice of Veggie Pizza Cookie Friday! Extra Large Chocolate Chip Cookie

M 9/12	<b>Middle School – Do Not Order Middle School Trip</b> Chicken Nuggets, French Fries, Carrots & Celery w/Ranch & Fruit Buffalo Chicken Nuggets, French Fries, Carrots & Celery w/Ranch & Fruit Buffalo Chicken Wrap, French Fries, Carrots & Celery w/Ranch & Fresh Fruit 1 Extra Chicken Nugget/ Buffalo Nugget 2 Extra Chicken Nuggets/ Buffalo Nuggets	<b>Middle School – Do Not Order Middle School Trip</b>
T 9/13	<b>Middle School – Do Not Order Middle School Trip</b> Homemade Lasagna, California Vegetable Medley, Yeast Roll & Fruit Pasta Alfredo, California Vegetable Medley, Yeast Roll & Fruit Buttered Pasta, California Vegetable Medley, Yeast Roll & Fruit Extra Buttered Pasta      Extra Pasta Alfredo	<b>Middle School – Do Not Order Middle School Trip</b>
W 9/14	<b>Middle School – Do Not Order Middle School Trip</b> Chicken Quesadilla, Rice, Chips & Salsa & Fruit Cheese Quesadilla, Rice, Chips & Salsa & Fruit Chicken Fajitas w/Peppers and Onions, Rice, Chips & Salsa & Fruit	<b>Middle School – Do Not Order Middle School Trip</b>
TH 9/15	<b>Middle School – Do Not Order Middle School Trip</b> Chicken Tender Wrap, Tater Tots, Fresh Veggies w/Ranch & Fruit Pancakes, Turkey Sausage, Tater Tots & Fruit Extra Pancake    Extra Sausage    Large Tater Tots	<b>Middle School – Do Not Order Middle School Trip</b>
F 9/16	Large Slice of Cheese Pizza, Fresh Green Salad & Fruit Large Slice of Turkey Pepperoni Pizza, Fresh Green Salad & Fruit Large Slice of Veggie Pizza, Fresh Green Salad & Fruit 1 Extra Slice of Cheese Pizza    1 Extra Slice of Pepperoni Pizza    1 Extra Slice of Veggie Pizza Cookie Friday!    Extra Large Chocolate Chip Cookie	
M 9/19	Cheeseburger, French Fries, Fresh Raw Veggies w/Ranch & Fruit Hamburger, French Fries, Fresh Raw Veggies w/Ranch & Fruit Original Crisпитos, French Fries, Fresh Raw Veggies & Fruit Extra Cheeseburger/Hamburger      Extra Crispito      Large Order of Fries	
T 9/20	Chicken Fried Rice, Egg Roll & Fruit Chicken Tenders, Rice Pilaf, Steamed Mixed Veggies & Fruit Extra Chicken Tender    2 Extra Chicken Tenders	
W 9/21	<b>5<sup>th</sup> Grades Do Not Order – Camp McDowell</b> Homemade Meatloaf, Mashed Potatoes, Sweet Peas & Fruit Popcorn Chicken, Mashed Potatoes, Sweet Peas & Fruit 5 Extra Popcorn Chicken      10 Extra Popcorn Chicken    Extra Meatloaf	<b>5<sup>th</sup> Grades Do Not Order – Camp McDowell</b>
TH 9/22	<b>5<sup>th</sup> Grades Do Not Order – Camp McDowell</b> Taco Salad-Fresh Greens on top of Chips w/Seasoned Beef, Cheese, Roasted Corn & Fruit 2 Soft Beef Tacos w/ Lettuce & Cheese, Steamed Corn, Chips & Salsa & Fruit Cheesy Roll-Ups, Steamed Corn, Chips & Salsa & Fruit 1 Extra Taco      2 Extra Tacos      1 Extra Cheesy Roll-Up	<b>5<sup>th</sup> Grades Do Not Order – Camp McDowell</b>
F 9/23	<b>5<sup>th</sup> Grades Do Not Order – Camp McDowell</b> Large Slice of Cheese Pizza, Fresh Green Salad & Fruit Large Slice of Turkey Pepperoni Pizza, Fresh Green Salad & Fruit Large Slice of Veggie Pizza, Fresh Green Salad & Fruit 1 Extra Slice of Cheese Pizza    1 Extra Slice of Pepperoni Pizza    1 Extra Slice of Veggie Pizza Cookie Friday!    Extra Large Chocolate Chip Cookie	<b>5<sup>th</sup> Grades Do Not Order – Camp McDowell</b>
M 9/26	Chicken Parmesan, Side of Buttered Pasta, Green Beans & Fruit Mozzarella Bread Rolls w/Marinara Sauce, Side of Buttered Pasta, Green Beans & Fruit Buttered Pasta, Green Beans, Yeast Roll & Fruit Extra Mozzarella Bread Roll      Extra Pasta      Extra Chicken Parm	
T 9/27	BBQ Glazed Chicken Breast Sandwich, Vegetarian Baked Beans, Steamed Corn & Fruit Chicken Nuggets, Vegetarian Baked Beans, Steamed Corn & Fruit BBQ Chicken Nuggets, Vegetarian Baked Beans, Steamed Corn & Fruit	
W 9/28	Chicken Nibblers, Fresh Raw Veggies, Tater Tots & Fruit French Toast Sticks, Turkey Sausage, Tater Tots & Fruit 1 Extra French Toast    1 Extra Sausage    Extra Nibbler	
TH 9/29	Homemade Chicken & Rice Casserole, Steamed Mixed Veggies & Fruit Popcorn Chicken, Mashed Potatoes, Steamed Mixed Veggies & Fruit 5 Extra Popcorn Chicken      10 Extra Popcorn Chicken    Extra Casserole	
F 9/30	Large Slice of Cheese Pizza, Fresh Raw Veggies & Fruit Large Slice of Turkey Pepperoni Pizza, Fresh Raw Veggies & Fruit Large Slice of Veggie Pizza, Fresh Raw Veggies & Fruit 1 Extra Slice of Cheese Pizza    1 Extra Slice of Pepperoni Pizza    1 Extra Slice of Veggie Pizza Cookie Friday!    Extra Large Chocolate Chip Cookie	