

# SEPTEMBER | 2022



## Sidney Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>
<b>5</b>	<b>6</b> Chicken nuggets w/Roll OR Chicken Noodles Mash Potatoes BBQ Sauce Fruit Milk	<b>7</b> Taco Triangles OR BBQ Pulled Pork Nachos Refried Beans Mild Sauce & Sour Cream Fruit Milk	<b>8</b> Pepperoni Pizza OR Fajita Chicken Wrap Romaine Salad Cucumbers Fruit Milk	<b>9</b> Toasted cheese Sandwich OR Pork Patty Sandwich Tomato Soup Cook's Choice Veggie Fruit Milk
<b>12</b> Hot Dog Sandwich OR Sloppy Joe Sandwich French Fries Ketchup & Mustard Fruit Milk	<b>13</b> Gen Tso Chicken w/Rice OR Sweet-n-Sour Meatballs w/Rice Baby carrots Steamed Broccoli Fruit Milk	<b>14</b> Walking Taco OR Chicken Tenders w/Roll Refried Beans Shredded Lettuce Fruit Milk	<b>15</b> Meatball Sub OR Chicken Patty Sandwich Celery Sticks Lettuce & Tomato Fruit Milk	<b>16</b> Mac & Cheese OR BBQ Grilled Chicken Sandwich Steamed Broccoli Cook's Choice Veggie Fruit Milk
<b>19</b> Cheeseburger Sandwich OR Spicy Chicken Sandwich Mini Whole Potatoes Pickles, Lettuce & Tomato Fruit Milk	<b>20</b> Chicken Potato Bowl OR Fish Sandwich Dk. Green Leafy Salad Salad Dressing Fruit Milk	<b>21</b> Stromboli OR Chicken & Waffle Sweet Potato Fries Marinara or Syrup Fruit Milk	<b>22</b> Cheese Pizza OR Ham & Cheese Wrap Iceberg Tossed Salad Grape Tomatoes Fruit Milk	<b>23</b> Taco Pizza OR Cheese Quesadilla Black Beans Mild Sauce & Sour Cream Fruit Milk
<b>26</b> French toast & Sausage OR Pork Patty Sandwich Potato Wedges Pickles, Ketchup & Mustard Fruit Milk	<b>27</b> Chicken Patty Sandwich OR Biscuit Pretzel Dog Baked Beans Ketchup & Mustard Fruit Milk	<b>28</b> Spaghetti w/Meat Sauce OR Spicy Tenders w/Breadsticks Slaw Cook's Choice Veggie Fruit Milk	<b>29</b> Square Pepperoni Pizza OR Alfredo Chicken Flatbread Romaine Salad Salad Dressing Fruit Milk	<b>30</b> Chicken Parmesan Sub OR Salisbury Steak w/Roll Carrot Coins Fruit Milk

### News

#### MENU SUBJECT TO CHANGE

#### Daily Choice

The first two menu items are the entrée choices. Students may choose one of these

OR

PB&J and a cheese stick

Fresh fruit is available daily

#### Prices

5<sup>th</sup> Breakfast - \$1.00

5<sup>th</sup> Lunch - \$2.45

6<sup>th</sup>-8<sup>th</sup> Breakfast - \$1.50

6<sup>th</sup>-8<sup>th</sup> Lunch - \$2.70

Reduced - \$.40

Milk - \$.50

Students who qualify for free or reduced meals receive a free breakfast.

#### Building Contacts

Middle School 937-497-2225

Food Service 937-497-2238

ext. 1166

Free/Reduced Application online at [lunchapplication.com](http://lunchapplication.com).

Make payments easily & safely using [K12PaymentCenter.com](http://K12PaymentCenter.com)

Non-Discrimination Statement:  
This institution is an equal opportunity provider.

# OCTOBER | 2022

## Sidney Middle School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4 Chicken Nuggets w/Roll OR Chicken Noodle Mash Potatoes BBQ Sauce Fruit Milk	5 Taco Triangles OR BBQ Pulled Pork Nachos Refried Beans Mild Sauce & Sour Cream Fruit Milk	6 Pepperoni Pizza OR Fajita Chicken Wrap Romaine Salad Cucumbers Fruit Milk	7 Toasted Cheese Sandwich OR Pork Patty Sandwich Tomato Soup Cook's Choice Veggie Fruit Milk
10 Hot Dog Sandwich OR Sloppy Joe Sandwich French Fries Ketchup & Mustard Fruit Milk	11 Gen Tso Chicken w/Rice OR Sweet-n-Sour Meatballs w/Rice Baby Carrots Steamed Broccoli Fruit Milk	12 Taco Triangles OR BBQ Pulled Pork Nachos Refried Beans Shredded Lettuce Fruit Milk	13 Meatball Sub OR Chicken Patty Sandwich Celery Sticks Lettuce & Tomato Fruit Milk	14 Mac & Cheese OR BBQ Grilled Chicken Sandwich Steamed Broccoli Cook's Choice Veggie Fruit Milk
17 Cheeseburger Sandwich OR Spicy Chicken sandwich Mini Whole Potatoes Pickles, Lettuce & Tomato Fruit Milk	18 Chicken Potato Bowl OR Fish Sandwich Dk. Green Leafy Salad Salad Dressing Fruit Milk	19 Stromboli OR Chicken & Waffle Sweet Potato Fries Marinara or Syrup Fruit Milk	20 Cheese Pizza OR Ham & Cheese Wrap Iceberg Tossed Salad Grape Tomatoes Fruit Milk	21 <b>REMOTE LEARNING</b> No Meals Served
24 French Toast & Sausage OR Pork Patty Sandwich Potato Wedges Pickles, Ketchup & Mustard Fruit Milk	25 Chicken Patty Sandwich OR Biscuit Pretzel Dog Bake Beans Ketchup & Mustard Fruit Milk	26 Spaghetti w/Meat Sauce OR Spicy Tenders w/Breadsticks Slaw Cook's Choice Veggie Fruit Milk	27 Square Pep Pizza OR Alfredo Chicken Flatbread Romaine Salad Salad Dressing Fruit Milk	28 Chicken Parmesan Sub OR Salisbury steak w/Roll Carrot Coins Fruit Milk
3 BBQ Pulled Pork Sandwich OR Breakfast Sandwich Green Beans Cook's Choice Veggie Fruit Milk	1	2	3	4

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# NOVEMBER | 2022



## Sidney Middle School

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

31	1 Chicken Nuggets w/Roll OR Chicken Noodle Mash Potatoes BBQ Sauce Fruit Milk	2 Taco Triangles OR BBQ Pulled Pork Nachos Refried Beans Mild Sauce & Sour Cream Fruit Milk	3 Pepperoni Pizza OR Fajita Chicken Wrap Romaine Salad Cucumbers Fruit Milk	4 Toasted cheese Sandwich OR Pork Patty Sandwich Tomato Soup Cooks Fresh Veg Choice Fruit Milk
7 Hot Dog Sandwich OR Sloppy Joe Sandwich French Fries Ketchup & Mustard Fruit Milk	8 Gen Tso Chicken w/Rice OR Sweet-n-Sour Meatballs w/Rice Baby Carrots Steamed Broccoli Fruit Milk	9 Taco Triangles OR BBQ Pulled Pork Nachos Refried Beans Shredded Lettuce Fruit Milk	10 Meatball Sub OR Chicken Patty Sandwich Celery Sticks Lettuce & Tomato Fruit Milk	11 Mac & Cheese OR BBQ Grilled Chicken Sandwich Steamed Broccoli Cook's Choice Veggie Fruit Milk
14 Cheeseburger Sandwich OR Spicy Chicken Sandwich Mini Whole Potatoes Pickles, Lettuce & Tomato Fruit Milk	15 Chicken Potato Bowl OR Fish Sandwich Dk. Green Leafy Salad Salad Dressing Fruit Milk	16 Stromboli OR Chicken & Waffle Sweet Potato Fries Marinara OR Syrup Fruit Milk	17 Cheese Pizza OR Ham & Cheese Wrap Iceberg Tossed Salad Grape Tomatoes Fruit Milk	18 Taco Pizza OR Cheese Quesadilla Black Beans Mild Sauce & Sour Cream Fruit Milk
21 <b>REMOTE LEARNING</b> No Meals Served	22 <b>FALL BREAK</b>	23	24	25
28 BBQ Pulled Pork Sandwich OR Breakfast Sandwich Green Beans Cook's Choice Veggie Fruit Milk	29 Chicken nuggets w/Roll OR Chicken Noodles Mash Potatoes BBQ Sauce Fruit Milk	30 Taco Triangles OR BBQ Pulled Pork Nachos Refried Beans Mild Sauce & Sour Cream Fruit Milk	1	2

### News

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# DECEMBER | 2022

## Sidney Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 Pepperoni Pizza OR Fajita Chicken Wrap Romaine Salad Cucumbers Fruit Milk	2 Toasted Cheese Sandwich OR Pork Patty Sandwich Tomato Soup Cook's Choice Veggie Fruit Milk
5 Hot Dog Sandwich OR Sloppy Joe Sandwich French Fries Ketchup & Mustard Fruit Milk	6 Gen Tso Chicken w/Rice OR Sweet-n-Sour Meatballs w/Rice Baby Carrots Steamed Broccoli Fruit Milk	7 Taco Triangles OR BBQ Pulled Pork Nachos Refried Beans Shredded Lettuce Fruit Milk	8 Meatball Sub OR Chicken Patty Sandwich Celery Sticks Lettuce & Tomato Fruit Milk	9 Mac & Cheese OR BBQ Grilled Chicken Sandwich Steamed Broccoli Cook's Choice Veggie Fruit Milk
12 Cheeseburger Sandwich OR Spicy Chicken Sandwich Mini Whole Potatoes Pickles, Lettuce & Tomato Fruit Milk	13 Chicken Potato Bowl OR Fish Sandwich Dark Green Leafy Salad Salad Dressing Fruit Milk	14 Stromboli OR Chicken & Waffle Sweet Potato Fries Marinara or Syrup Fruit Milk	15 Cheese Pizza OR Ham & Cheese Wrap Iceberg Tossed Salad Grape Tomatoes Fruit Milk	16 Taco Pizza OR Cheese Quesadilla Black Beans Mild Sauce & Sour Cream Fruit Milk
19 WINTER BREAK	20	21	22	23
26 WINTER BREAK	27	28	29	30

### News

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OR

PB&J and a Cheese stick

Fresh fruit is available daily

#### Prices

5<sup>th</sup> Breakfast - \$1.00

5<sup>th</sup> Lunch - \$2.45

6<sup>th</sup>-8<sup>th</sup> Breakfast - \$1.50

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