

# HEALTH SERVICES COVID-19 PROTOCOL

AS OF 8/18/2022

Here at TVS, your child's health and safety is always our top priority. TVS health protocols have been established with consideration of current CDC and Tarrant County Public Health Department recommendations. Our licensed medical professionals are on site daily monitoring the health and wellness of all students and staff.

## **Family Commitment:**

We understand that you are entrusting us with your child. We ask you to help us promote a healthy learning environment by following the guidance below.

It is important to note that if your child is showing signs or symptoms of **any kind of illness** and you send him/her to school, this can result in exposure to staff, other students, and their families which could be fatal.

- **Please do not send your child to school if he/she displays any signs or symptoms of any illness. Continue to monitor at home and consult with your pediatrician.**
- **If your child is feeling ill, please check his/her temperature at home before coming to school.** If your child has a temperature of 100.0° or higher, **keep him/her home** and contact your pediatrician's office for further instructions.
- If your child seems "off" and is not eating or drinking as he/she normally does prior to coming to school, he/she may be getting sick. **Keep him/her home** and continue to monitor his/her condition.
- Please do not give your child fever-reducing medications prior to school. If he/she has a headache, sore throat, or other symptoms, please keep him/her home and continue to monitor. Medications such as Tylenol (acetaminophen) and Advil/Motrin (ibuprofen) will mask a fever and could result in exposing others to COVID-19 or other illnesses.
- If your child has vomited or had diarrhea within 24 hours of attending school (no matter what you may think the cause could be), **keep him/her home.** Please contact your pediatrician to discuss further and to clear your child to return to school. The child may not return to school until at least 24 hours since his/her last episode of vomiting or diarrhea.
- If your child is sick and unable to attend school, please contact his/her division office.

## **COVID-19 Symptoms, Positive Cases, and Return to School:**

Symptoms of COVID-19 may develop within 2-14 days after exposure to the virus and may include the following:

- Runny nose, congestion
- Muscle pain
- Cough
- Chills
- Sore throat
- New loss of smell or taste
- Headache
- Nausea, vomiting, or diarrhea
- Fever (100°F or higher)
- Shortness of breath or difficulty breathing

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## **Sick Procedures:**

- If your child is experiencing any symptoms of COVID-19 or is not feeling well, we ask that you contact your pediatrician for further evaluation and treatment.
- **If your child tests positive for COVID-19, please complete the [COVID Reporting Form linked here](#). Information reported in the Google Form is for *internal* tracking of COVID cases.**
- If your child gets sick while at school or simply is not feeling well, he/she will be seen and assessed by one of our nurses, and you will be notified and may be asked to pick up your child immediately.
- Depending on the presentation of the child and his/her symptoms, we may be able to offer a Cook Children's Telemedicine visit for further evaluation, but your child may still need to go home after the visit is complete.
- If your child routinely experiences chronic issues (e.g., headaches or allergy symptoms), expect increased communication from TVS nurses as we determine how to most effectively differentiate these issues from COVID-19 symptoms.

## **Isolation Procedures:**

- Students and staff presenting with signs and symptoms of COVID-19 during the school day will be referred to the school nurses for evaluation. Students and staff who test positive for COVID-19 must remain home and required to enter isolation until 5 days have passed since the onset of symptoms or date of positive test and the individual has no symptoms or the symptoms are resolving after 5 days. In accordance with the [CDC guidance for COVID isolation](#), we recommend that the individual continues to wear a mask indoors until 10 days after the onset of symptoms or positive test. If symptoms are not resolving after 5 days, the individual will not be able to return to school until symptoms are resolving.

## **Concerning Quarantine:**

- In accordance with the CDC guidance for K-12 schools, Trinity Valley no longer requires quarantine for close contact individuals.