



# September 2022

## Signature Preparatory

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of Milk Available Daily		September is know for Harvesting Beans, Apples, Squash, Carrots to name just a few. 	1 Baked Popcorn Chicken w/ Roll or Fruit and Yogurt Grahams & Cheese stick  Mixed Fruit Baked Beans	No School
5 No School 	6 Totchos w/ Beef and Cheese Or Clubhouse Chef Salad w/ Roll  Fresh Apple	7 Chicken Nuggets w/ Roll Or Club Turkey Ham & Cheese Sub  Chilled Applesauce Black Beans	8 Teriyaki Chicken w/ Rice Or Berry Parfait  Orange Smiles Seasoned Broccoli	9 PIZZA FRIDAY Cheese or Pepperoni Or Buffalo Chicken Wrap <b>Fresh Baked Cookie</b> Chilled Peaches Baby Carrots
12 Cheese Quesadilla  Or Pizza Mini Bento Box Orange Smiles Refried Black Beans	<b>National Breakfast Month</b> 13 Pancakes w/ Sausage Or Turkey Ham & Cheese Sub  Chilled Mixed Fruit Chopped Roman Salad	14 BBQ Chicken on a Bun Or Yogurt, Graham Crackers w/ Cheese Stick  Chilled Applesauce Carrot Coins	15 Corn Dog Or Crispy Chicken Salad w/ Roll  Chilled Pears Tater Tot	16 PIZZA FRIDAY Cheese or Pepperoni Or Buffalo Chicken Wrap <b>Fresh Baked Cookie</b> Fresh Apple Celery Sticks
19 Chicken Nuggets w/Roll Or Clubhouse Turkey Ham Sandwich Fresh Delicious Apple Season Carrot Coins	<b>National Queso Day</b> 20 Nachos with Queso Sauce Or Yogurt, Grahams & Cheese Stick  Chilled Peaches Refried Beans	21 Orange Chicken w/ Rice Or Chef Salad w/ Roll  Fresh Orange Smiles Seasoned Broccoli	22 Crispy Chicken Sandwich Or American Sub  Chilled Applesauce Aztec Corn	23 PIZZA FRIDAY Cheese or Pepperoni Or Chef Salad w/ Dinner Roll <b>Fresh Baked Cookie</b> Chilled Peaches Celery Sticks
<b>National Breakfast Day</b> 26 French Toast w/ Sausage Or Pin Wheel Wrap Box Orange Smiles Celery Sticks	27 Italian Meatball Sub Or Italian Deli Sandwich  Red Apple Ranchero Beans	28 Ball Park Turkey Frank Or Fiesta Salad  Cinnamon Apple Slices Seasoned Broccoli	29 Beefy Cheesy Nacho's Or Crispy Chicken Wrap  Chilled Applesauce Roasted Mexican Corn	30 PIZZA FRIDAY Cheese or Pepperoni Or Buffalo Chicken Wrap <b>Fresh Baked Cookie</b> Chilled Pineapple Tidbits Baby Carrot

Menu subject to change without notice due to unforeseen circumstances \* This institution is an equal opportunity employer.